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Pearson BTEC Level 3 National Extended Diploma in Sport

PARK VIEW SIXTH FORM



How do you think BTEC helped get you where you are now?

Studying a BTEC in Sport has played a huge role in helping me pursue a football scholarship in the United States at **Central Wyoming College**. The course not only gave me a strong academic foundation, but it also allowed me to focus on areas directly related to my athletic development, such as sports coaching, fitness training, and performance analysis.

Can you describe your BTEC experience? What was it like?

Over the past two years at Park View, studying my BTEC, I've grown both personally and academically. The environment was relaxed and supportive, which made it easy to focus, learn, and enjoy the experience. Being part of this community helped me mature and develop into the man I am today. One of the most rewarding aspects of my time here has been the friendships I've built—I've made a lot of great friends, including some of my best friends for life. College wasn't just about education; it was about growing socially and emotionally, and the relaxed BTEC environment gave me the space and confidence to do that. Overall, it's been a positive, enjoyable chapter in my life that I'll always appreciate.

“ Studying a BTEC gave me the perfect balance of theory and practical experience – it prepared me for university life and helped me earn a football scholarship in the USA. ”

How is studying a BTEC preparing you for the career you would like to go into?

My BTEC qualification also helped me meet the academic eligibility requirements for U.S. colleges, especially when combined with my football achievements and highlight videos. I've been working with scholarship agencies and coaches who recognize the value of a BTEC, particularly in sport, and it's helped me stand out as a student-athlete from the UK. Studying a BTEC in Sport (or Sport and Exercise Science) is an excellent foundation for pursuing a career in sports physiotherapy. The course covers key topics such as anatomy and physiology, sports injuries, biomechanics, and fitness training—all of which are directly relevant to physiotherapy. These units help you understand how the body works, how injuries occur, and how to support recovery through tailored training and rehabilitation. The practical, hands-on approach of a BTEC also develops critical skills like assessment, communication, and working with clients—essential for a career in physiotherapy. Furthermore, the coursework structure encourages independent learning and problem-solving, preparing you for the demands of university-level study in physiotherapy or related fields. Overall, the BTEC gives you both the academic background and practical experience needed to take the next steps towards becoming a sports physiotherapist. ►

What did you like most about taking a BTEC?

The best thing about taking the BTEC was how well the course was structured, combining both theoretical and practical elements in a way that kept learning engaging and relevant. I really valued the variety of topics we covered—from anatomy and physiology to sports psychology and injury prevention—which gave me a well-rounded understanding of the sports industry. Each unit was designed to build useful, real-world skills through coursework, practical assessments, and applied learning, rather than just focusing on exams. This approach helped me stay motivated, manage my time effectively, and gain deeper insight into different areas of sport, especially those linked to my goal of becoming a sports physiotherapist.

What are your career ambitions for the future?

The future for me looks exciting and full of opportunity; I am currently in the process of moving to the USA to begin my university journey, having secured a football scholarship. This next chapter will allow me to combine my passion for sport with academic study, as I work towards a career in sports physiotherapy. The experience of studying and playing football at a high level in a new environment will not only help me grow as an athlete but also broaden my perspective, develop my independence, and give me the foundation I need to succeed both on and off the field.

