

Psychology, 7th edition
Ciccarelli & White

Psychology 7th edition, authored by Sandra Ciccarelli and J. Noland White, is the most learner-centered and assessment-driven text available for Introduction to Psychology courses. The authors connect psychological concepts to students' everyday lives, making the material relevant and relatable. Assessments are aligned with learning objectives, enabling instructors to monitor class progress and support individual student development. The 7th edition is aligned with the APA Introductory Psychology Initiative (IPI) Student Learning Outcomes, ensuring that students can identify basic concepts, understand research findings, and apply psychological methods to solve problems..

New Edition Highlights	
Highlights	Examples
The new edition highlights and integrates relevant APA Integrative Themes throughout the chapter.	Integrative Themes are highlighted with the chapter Learning Objectives, incorporated within the running dialog, and summarized at the end of each chapter. Students also have an Integrative Themes-based assessment item as part of every end-of-chapter <i>Test yourself</i> quiz.
APA IPI Student Learning Outcome: Scientific Thinking boxed features help reinforce students' critical thinking and problem-solving skills, and connect hands-on interactive examples to APA IPI student learning outcomes.	Topics include perceptual influences on metacognition, myths surrounding immunizations, the connection between cognition and bilingualism, the impact of supplements on memory, weight gain and sleep, the failure of critical thinking in cults, and more.
Critical Thinking Journal Prompts and Shared Writing Prompts offer a different way for students to analyze psychology content and practice skills highlighted in the APA IPI Student Learning Objectives by reinforcing critical thinking.	This feature appears multiple times in each chapter and allows students to write short, critical-thinking journal entries about chapter content. Examples include the potential connection between violence and human nature, ethics in psychological research studies, cultural differences in the effects of praise, portrayal of men and women in social media, and many more.
New findings regarding the connection between the brain and behavior , as well as an increased focus on studies of gender and culture , represent the authors' inclusive overview of psychological science and their representative depiction of human nature.	The authors report new findings from biology and neuroscience wherever they are relevant throughout the text; this new edition includes images of the brain to show a clear connection between brain and behavior. They also discuss gender and culture similarities differences throughout each chapter.
Updated topics and research throughout the text reflect progress in the field and cutting-edge discoveries.	Examples include recent findings regarding neuroimaging techniques, including unintentional systemic bias in some methods, the effects and dangers of using psychedelic drugs, the link between video games, media, and aggression, cultural factors and stress, the HEXACO model, and much more.

REVEL	
Highlights	Examples
Applying Psychology to Everyday Life videos , available only in Revel, show current college students discussing where they see a variety of key concepts from introductory psychology in their own lives. Students have an opportunity to reflect on how psychology applies to their everyday experiences in an accompanying interactive.	Topics include critical thinking and social media, cognitive biases, multitasking, informally assessing personality, myths about sexuality, and, more.

Chapter-opening Student Voice videos depict students sharing personal stories about how the chapter theme connects to their daily lives.	Topics include stress and health, motivation, learning, memory, sexuality and gender, and more.
Interactive figures and tables walk students through complex processes in psychology and enable them to evaluate their knowledge.	Concepts presented in interactive figures and tables include the modern perspectives of psychology, correlation coefficients, facial expressions of emotions, terms used in the discussion of sex and gender, general adaptation syndrome, Milgram’s experiment, Freud’s conception of personality, and many more.
Surveys motivate students to engage further with the material they read.	Survey topics include “Do You Fly or Fight?,” “What Altered States Have You Experienced?,” “What Do You Remember?,” “How Do You Deal with your Emotions?” and more.
A Revel-only appendix on Industrial-Organizational Psychology examples the research and methods of I-O psychology.	This content provides resources for learning more about a career in the I-O field.

Chapter PIA: Psychology in Action	
Changes	
New suggestions to improve metacognitive skills and overall study skills and strategies	
Updated research-based study strategies based on APA IPI recommendations	
New graphic based on APA IPI recommendations to help students plan for and prioritize studying	
Additional suggestions to prepare for exams, including students’ physical needs, such as sleep and diet	

Chapter 1: The Science of Psychology	
Changes	
New inclusion of influential women and people of color in the history of psychology	
New discussion related to feminist and multicultural psychology	
Extended coverage of the impact of WEIRD populations on psychological research and findings	

Chapter 2: The Biological Perspective	
Changes	
Expansive coverage of the myelin sheath	
New research and findings regarding neuroimaging techniques, including unintentional systemic bias in some methods	
Updated “Classic Studies in Psychology” boxed feature regarding Bálint’s Syndrome	
New research findings regarding split-brain research	
New discussion of the role of oxytocin and its role in human social behavior	

Chapter 3: Sensation and Perception	
Changes	
Expanded discussions around synesthesia, subliminal priming, and signal detection theory	
New research on the five basic tastes	
New images to highlight the connection between the brain and sensation and perception processes	
Discussion around how culture and personal experiences impact one’s perceptions	

Chapter 4: Consciousness

Changes

New coverage of the effect of melatonin on sleep

Exploration of the connection between sleep and memory

The impact of culture, race, and gender on peoples' sleep disturbances and nightmares

New discussion of theories of dreaming, including the memory-consolidation theory, neurocognitive theory, cultural dream theory, and more

Extensive updates to the discussions around the effects and dangers of using psychedelic and dissociative drugs

Chapter 5: Learning

Changes

Real-life examples to help students understand classical conditioning

New research regarding the neural bases of learning

Discussion regarding the impact of culture on learning processes

Additional coverage of forward chaining and backward chaining

Extensive updates to the "Classical Studies in Psychology" on the biological constraints on operant conditioning as well as research on spanking in the APA IPI Student Learning Outcome: Scientific Thinking" boxed feature

Updated research and a discussion around the link between video games, media, and aggression

Chapter 6: Memory

Changes

New research on working memory and elaborative rehearsal

Updated examples throughout for students to connect concepts to their everyday lives

Additional coverage of eyewitness testimony and autobiographical memories

Explicit connections between studying and memory strategies

New research on the biological bases of memory, including visuals to help students understand the brain-behavior connection

Updated discussion of Alzheimer's disease

Chapter 7: Cognition, Intelligence, and Language

Changes

New learning objective focused on attention and its importance

Updated discussion on problem-solving and cognitive biases

Extensive revisions to the discussion around intelligence, including intellectual disability and measuring intelligence, based on new research findings

Additional coverage of neuroscience theories with up-to-date research in this area

Revised coverage of Gardner's Nine Intelligences, Sternberg's Triarchic Theory, and emotional intelligence

Updated "Classic Studies in Psychology: Terman's 'Termites'" with a balanced analysis of the classic study

Chapter 8: Development Across the Lifespan

Changes

Revised discussion around the role of chromosomes and genes in determining the transmission of traits and the inheritance of genetic and chromosome issues

New discussion around the video cliff experiments, including new research findings, in the boxed feature "Classic Studies in Psychology: The Visual Cliff"

Exploration of the influence of culture in the evaluation of Piaget’s theory
Extensive updates to the discussion around vaccines in the boxed feature “APA IPI Student Learning Outcome: Scientific Thinking: The Facts About Immunizations”
New discussion around the impact of culture on parenting styles

Chapter 9: Motivation and Emotion
Changes
Extended discussion of Dweck’s self-theory of motivation and the impact of praise on children
New connections between real-life examples and Maslow’s Hierarchy of Needs, including new graphics to aid student understanding
Expanded discussion around cultural differences regarding the self-determination theory
New research around the link between hormones and hunger, obesity, and BMI
Additional coverage of emotional regulation

Chapter 10: Sexuality and Gender
Changes
Extensive revisions throughout concerning language around sex and gender, as well as sexual orientation, to reflect up-to-date research
New table identifying terms used in the discussion of sexual and gender
Expanded discussions around gender stereotypes as well as sex and gender similarities and differences, including new graphics for visualization purposes
New coverage of the impact of Masters and Johnson on contemporary researchers’ work
New boxed feature “APA IPI Student Learning Outcome: Scientific Thinking: Superior Stroop Task Performance in Females: Superior Verbal Abilities or Superior Inhibition?”
Updated data around sexual health, including common sexually transmitted infections

Chapter 11: Stress and Health
Changes
New learning objective that summarizes the ways cultural factors influence one’s experience of stress, including the impact of acculturation
Updated discussion around how environmental factors influence stress reactions
Expanded discussion around the link between the brain and peoples’ reactions to stress
New research on the connection between stress and the immune system and cardiovascular health

Chapter 12: Social Psychology
Changes
Updated coverage of cultural differences in compliance, implicit personality theories, and the fundamental attribution error
Extensive updates on the discussion around prejudice and discrimination with new research and real-world examples
Revised coverage of “Classic Studies in Psychology: Brown Eyes, Blue Eyes” boxed feature material
New discussion around structural racism and educational interventions
New table connecting elements of the Stanford Prison Experiment and APA Student Learning Outcomes 3.0

Chapter 13: Theories of Personality
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Changes
Addition of the concept of feminist psychology in the context of Neo-Freudian research
Expanded discussion around the impact of culture on Big Five trait dimensions that introduces the HEXACO model
New coverage of the emotional systems that influence the Big Five Factors of Personality
Updated “Classic Studies in Psychology: Geert Hofstede’s Four Dimensions of Cultural Psychology” with a new discussion of cultural personality dimensions

Chapter 14: Psychological Disorders
Changes
Inclusion of the <i>DSM-5-TR</i> , published in 2022, with new coverage of prolonged grief disorder and adjustment disorders
Discussion around the use of WEIRD populations in psychological research
New data on the prevalence of psychological disorders by age, by race and ethnicity, by gender, and more.
Extensive updates around suicide, including prevalence data and the impact of the COVID-19 pandemic
Updated coverage of biological explanations of psychological disorders, including mood disorders and schizophrenia

Chapter 15: Psychological Therapies
Changes
Updated and expanded discussions around the changes in psychodynamic therapy strategies, Rogers’ person-centered therapy, motivational interviewing, and Gestalt therapy
Revised coverage of EMDR and added discussion on contingency management
Restructured coverage of rational emotive behavior therapy and cognitive therapy
Added discussion and a figure related to Beck’s depressive cognitive triad
Expanded discussion of culture-bound values in psychotherapy, including verbal and nonverbal communication, as well as overgeneralizing and stereotyping

Ch 1: 1.6–1.12; APA IPI Student Learning Outcome: Scientific Thinking: A Sample Experiment

Ch 2: 2.4, 2.5; Classic Studies in Psychology: Bálint’s Syndrome; APA IPI Student Learning Outcome: Scientific Thinking: Phineas Gage and Neuroplasticity

Ch 3: APA IPI Student Learning Outcome: Scientific Thinking: Perceptual Influences on Metacognition

Ch 4: 4.11–4.14; APA IPI Student Learning Outcome: Scientific Thinking: Weight Gain and Sleep

Ch 5: 5.2, 5.6, 5.7, 5.11, 5.14; Classic Studies in Psychology: Biological Constraints on Operant Conditioning; APA IPI Student Learning Outcome: Scientific Thinking: Spare the Rod, Spoil the Child?

Ch 6: Classic Studies in Psychology: Sperling’s Iconic Memory Test; Classic Studies in Psychology: Elizabeth Loftus and Eyewitnesses; APA IPI Student Learning Outcome: Scientific Thinking: Effects of Supplements on Memory

Ch 7: 7.7, 7.8, 7.9, 7.15; Classic Studies in Psychology: Terman’s Termites; APA IPI Student Learning Outcome: Scientific Thinking: A Cognitive Advantage for Bilingual Individuals?

Ch 8: 8.1, 8.7, 8.17; Classic Studies in Psychology: The Visual Cliff; Classic Studies in Psychology: Harlow and Contact Comfort; APA IPI Student Learning Outcome: Scientific Thinking: The Facts About Immunizations

Ch 9: Classic Studies in Psychology: The Angry/Happy Man; APA IPI Student Learning Outcome: Scientific Thinking: Cultural Differences in the Use of Praise as a Motivator

Ch 10: 10.8; Classic Studies in Psychology: Masters and Johnson’s Observational Study of the Human Sexual Response; APA IPI Student Learning Outcome: Scientific Thinking: Superior Stroop Task Performance in Females: Superior Verbal Abilities or Superior Inhibition?

Ch 11: APA IPI Student Learning Outcome: Scientific Thinking: Homeopathy: An Illusion of Healing

Ch 12: 12.10, 12.11; APA IPI Student Learning Outcome: Scientific Thinking: Cults and the Failure of Critical Thinking; Classic Studies in Psychology: Brown Eyes, Blue Eyes

APA Correlation Guides for Ciccarelli/White *Psychology, 7e*

APA INTRODUCTORY PSYCHOLOGY INITIATIVE (IPI) STUDENT LEARNING OUTCOMES FOR INTRODUCTORY PSYCHOLOGY

As outlined previously, APA IPI SLOs and integrative themes are woven throughout the text, with specific integrative themes called out in each chapter. We have attempted to provide a scaffold for students to start recognizing these connections and develop skills in identifying them independently. Some connections to themes stem from the guidance provided by the APA IPI, and others from our experiences. The following matrices are not intended to exhaust all connections possible, and we did not set quotas. It was not our goal to identify every theme in every chapter or every possible connection, as some are likely to be more apparent. For example, conversations around ethics and diverse experiences recur in the text. We hope readers will find applications for all the themes integrated throughout, with opportunities to form connections and identify their own examples.

PSYCHOLOGY CONTENT

1.1: Define and explain basic psychological concepts

Intro: PIA.1–PIA.6

Ch 1: 1.1–1.5, 1.13; Applying Psychology to Everyday Life: Critical Thinking and Social Media

Ch 2: 2.1–2.15; Applying Psychology to Everyday Life: Minimizing the Impact of Adult Attention-Deficit/Hyperactivity Disorder

Ch 3: 3.1–3.17; Applying Psychology to Everyday Life: Using Your Senses to Be More Mindful

Ch 4: 4.1–4.10, 4.15; Applying Psychology to Everyday Life: Can You Really Multitask?

Ch 5: 5.1–5.15; Applying Psychology to Everyday Life: Conditioning in the Real World

Ch 6: 6.1–6.14; Applying Psychology to Everyday Life: Using Elaborative Rehearsal to Make Memories More Memorable

Ch 7: 7.1–7.16; Applying Psychology to Everyday Life: Recognizing Cognitive Biases

Ch 8: 8.2–8.18; Applying Psychology to Everyday Life: Not an Adolescent, But Not Yet an Adult?

Ch 9: 9.1–9.11; Applying Psychology to Everyday Life: What Is Holding You Back from Keeping Track?

Ch 10: 10.1–10.10; Applying Psychology to Everyday Life: Avoiding Myths About Sexuality and Sexual Behavior

Ch 11: 11.1–11.15; Applying Psychology to Everyday Life: Coping with Stress in College

Ch 12: 12.1–12.16; Applying Psychology to Everyday Life: Looking at Groups

Ch 13: 13.1–13.18; Applying Psychology to Everyday Life: Informally Assessing Personality

Ch 14: 14.1–14.17; Applying Psychology to Everyday Life: Taking the Worry Out of Exams

Ch 15: 15.1–15.14; Applying Psychology to Everyday Life: Reducing the Stigma of Seeking Help

Appendix A: A.1–A.6 **Appendix**

B: B.1–B.8 **Appendix C:** C.1–C.10

1.2: Interpret research findings related to psychological concepts