

Pearson Growth Mindset Video **TRANSCRIPT**

Growth Mindset in MyLab Math and Statistics

How many times have you heard a student say, “I’ve just never been good at math?”

So often students enter math courses with their own preconceived notions about their math abilities. Addressing their mindset about math can impact their effort and performance in the course.

MyLab’s growth mindset videos and assignable exercises aim to help students overcome the idea that their brain isn’t wired for math.

Based on the ground-breaking premise from best-selling author and psychologist Carol Dweck, the idea of mindset posits that people with a fixed mindset believe that intelligence or talent is predetermined and unchanging, rather than a result of effort. People with a growth mindset see intelligence and skills as things that can be developed and grown.

Available in most MyLab Math and Statistics courses, these four growth mindset videos cover topics like:

- understanding the differences between a fixed and growth mindset,
- approaching mistakes as learning opportunities,
- and embracing the idea of “yet” for when you haven’t yet mastered something.

Open-ended exercises can be paired with the videos to make them truly assignable for a complete growth mindset assignment.

Do you want to encourage a growth mindset in your students?

To learn more, visit go.pearson.com/devmath or talk to your Pearson representative.