

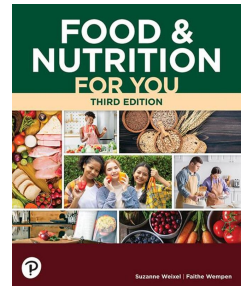
Reviewers Guide

Bid ID#: 19828

Course Title:

Food and Nutrition for You

ISBN: 9780138161804



Main Program components: Student Edition Hardcover with six (6) MyLab digitally delivered access codes

Program Description

Ideal for courses in wellness and nutrition, *Food & Nutrition for You* teaches students the principles of a healthy lifestyle including:

- How food supplies the nutrients the body needs.
- How to make healthy food choices.
- Safe and sanitary food handling.
- Basic culinary arts skills (kitchen equipment, cooking techniques, basic recipes).
- Careers in the Food Service and Restaurant Industries.

Publisher Website Link:

<https://www.pearson.com/en-us/schools/states/utah.html>

Review text link:

<https://vstgo.co/r/H2X6>

Access Instructions

1. How to Access the Pearson site:

1. Please open this link:

<https://vstgo.co/r/H2X6>