

Talk to yourself in English.



Most students are spending time alone these days.

Here are some easy ways to practice English. Use these ideas.

Talk to yourself *silently* in English.

Meeting people. Turn on the TV but turn off the sound. Look for a show with people doing things – like a drama, not a talk show. If you were meeting them, what would you ask? What would you say about yourself? ("Hi, I'm (name). I'm a student at (school's name)/ What do you do? ...")

Fashion. Watch TV with the sound off. In your mind, describe their clothing. ("He's wearing a blue t-shirt, and jeans. She has a red, striped dress and a silver belt. ...")

Health and happiness. Think about your life. Even in this difficult time, how many good things can you think of? ("The weather is nice today. My family loves me. I ate chocolate today. It was delicious.")

Giving directions. Imagine your usually bus ride to school. Imagine you are in a taxi. In your mind, you are giving the taxi driver directions in English ("Turn right at the next corner. See that signal? Turn left there.").

Describing things. Look around your house. How could you describe the things you see? ("That bag is made of cloth. She uses it to carry books. That car is made of metal and plastic. It is very small. Someone used it to go places.")

The future. Think about next weekend (or your next school vacation.) If you could go out, what would you want to do? Use as many verbs as you can. ("I'm going to meet my friends Sunday? Maybe we'll go shopping.").

- Think about your life in 5, 10, 20 years into the future. What is your dream in English? What little things can you do TODAY to help make that dream come true. (Someday, I'll travel around the world. Having good English will help me. Today I am practicing by thinking of English sentences right now!...")

Past events Think about every thing you did today. How many different verbs can you use? ("I ate toast and drank coffee for breakfast. I took a shower and washed my hair...."). (You can do this about your last vacation, too.)

Present activities. How many things are you doing right now? Use as many verbs as you can. ("I'm sitting down. I'm looking out the window. I'm breathing. I'm thinking about English!")

Animals and nature Think of some animals you know (real or not). How can you describe them? ("My dog is really cute. But she isn't very smart. Doraemon is clever.")

Abilities. Watch TV with the sound off. What jobs do you imagine the people do? What abilities do they need? ("She's beautiful. She could be a model. A model has to be able to look good all the time. She looks like a business woman. Maybe she can do math well.")

Likes and dislikes Watch TV with the sound off. What do you see that you like? What don't you like? ("That couple is holding hands. I like the feeling of love. Some guy is smoking. I dislike smoke.")

Stories Watch TV with the sound off. Find someone who looks interesting. Make up a story about the person. ("He is really beautiful. Maybe he has lots of girlfriends. One day, he went to a fancy restaurant with one of his girlfriends. But the waitress was another girlfriend!")