



## Warm Up

1 **Pair Work** Which foods in the word box can you see in each photo?

beef    bread    butter    cheese    chicken    fish    grapes    onions  
 lettuce    melon    milk    rice    strawberries    tea    tomatoes    tuna

2 Complete the chart below with foods from Exercise 1 and other foods you know.

Meat/Fish	Dairy	Fruit	Drinks	Vegetables	Starches
		melon			



## Food around the world

Megan and Craig Wilson and their children Andrea, 5, and Ryan, 3, live in California. Megan and Craig both work and they don't usually have time to cook, so they like easy-to-prepare food. The children love hot dogs, pizza, and cereal. The family often eats at fast food restaurants.

The Ukitas live in Tokyo, Japan. Kazuo Ukita lives with his wife, Sumi, and his daughters Mika, 17, and Maya, 14. Kazuo works for a car company. Sumi cooks breakfast before Kazuo leaves for work at 7:00 A.M. They have dinner together at home in the evenings. They eat a lot of fish and rice. Sumi cooks all the meals for her family.

Ramón García, his wife Sandra, and their children Alexandra, 16, and Fabio, 6, live in Quito. Ecuador is a tropical country, so they eat a lot of fresh fruit—mangoes, pineapples, bananas, and papayas. They also eat a lot of fresh vegetables, potatoes, rice, and meat.

### Vocabulary | food and drink

- 1 Look at the photo and find these things.
- \_\_\_ carrots    A ground beef    \_\_\_ soda  
 \_\_\_ cereal    \_\_\_ bottled water  
 \_\_\_ bananas    \_\_\_ orange juice

### Reading

- 2 Read the article and check (✓) the correct answers.

Which family:	Wilson	Ukita	García
1. eats a lot of fish?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. eats a lot of fresh fruit?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. eats a lot of rice?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. eats fast food?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. has dinner together?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

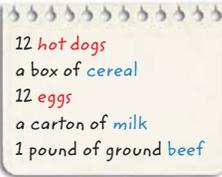
### Grammar | count and noncount nouns; How much?/How many?

- 3a Look at the picture and answer the questions.
- Can you count the eggs? \_\_\_\_\_
  - Can you count the cereal? \_\_\_\_\_
  - Which is the noncount noun, *eggs* or *cereal*? \_\_\_\_\_



- b Here is the Wilson family's shopping list.

- Circle the correct choices.
  - The red words are *count/noncount* nouns.
  - The blue words are *count/noncount* nouns.
  - Noncount nouns do not have *singular/plural* forms.
- How do we measure noncount nouns? \_\_\_\_\_



- c Write the following headings in the Active Grammar box: Noncount nouns, Count nouns

#### Active Grammar

- \_\_\_\_\_
  - They have singular and plural forms.
  - We can use numbers in front of them.
- \_\_\_\_\_
  - They do not have plural forms.
  - We cannot use numbers in front of them.
  - We often use quantity words (*a box, a pound*) + *of* in front of them.

See Reference page 46

- 4a Here are the shopping lists for the García and Ukita families. Write the food in the chart.



Count	Noncount
pineapple	bread

- b Answer the questions. Then complete the Active Grammar box with *much* or *many*.

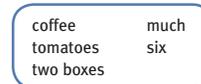
- How much coffee does the García family buy each week? \_\_\_\_\_
- How many pineapples do they buy? \_\_\_\_\_

#### Active Grammar

- Use *How* \_\_\_\_\_ with count nouns.
- Use *How* \_\_\_\_\_ with noncount nouns.

See Reference page 46

- 5a Complete the dialog with words and phrases from the box.



- A: How \_\_\_\_\_ (1.) cereal do you buy each week?  
 B: I usually buy \_\_\_\_\_ (2.) of cereal.  
 A: And how many \_\_\_\_\_ (3.) do you buy?  
 B: About \_\_\_\_\_ (4.).  
 A: How much \_\_\_\_\_ (5.) do you buy?  
 B: I buy one pound of coffee.

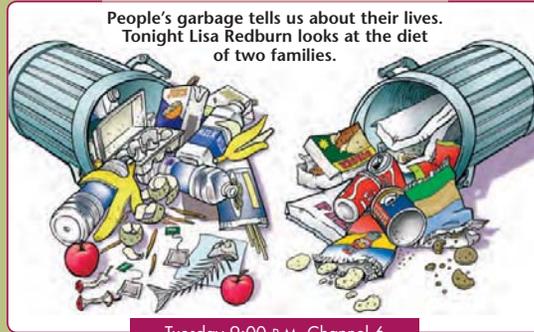
- b 1-37 Pair Work Listen and check your answers. Then practice with a partner.

Vocabulary | containers

- 1a **Pair Work** Look at the ad and discuss the questions.
1. What is the TV show about?
  2. Who hosts the show?
  3. Which food in the picture is healthy? Which food is unhealthy?
- b Find and circle examples of these containers in the picture. Use a dictionary to help you.

bag    bottle    carton  
box    can    package

In the garbage can



American English	British English
garbage can	rubbish bin

Listening

- 2a **▶ 1-38** Listen to the first part of the TV show. Write a or b by the correct garbage can.
- b Listen again. Write the names of foods and drinks in the correct column.

Healthy food	Unhealthy food
vegetables pasta	burgers chips

Speaking

- 3 **Pair Work** Discuss.
1. Do you agree with Lisa about the diets of the two families?
  2. What other food do you think is healthy/unhealthy?

Grammar | a/an/some/any

- 4 Look at these sentences. Complete the Active Grammar box with a/an, some, or any.
- We have some **cans** . . .  
We have a **bottle** . . .  
Do they eat any **vegetables** or any **fruit**?  
They eat some **pasta** . . .

Active Grammar

Noun	Singular count	Plural count	Noncount
+	_____	_____	_____
-	a/an	any	any
?	a/an	_____	any

See Reference page 46

- 5 Complete the sentences with a/an, some, or any.
- Ex: We don't have any potatoes.
1. I want \_\_\_\_\_ potatoes and \_\_\_\_\_ carrots, please.
  2. Can I have \_\_\_\_\_ apple now?
  3. I have \_\_\_\_\_ fruit here—do you want \_\_\_\_\_ banana?
  4. We don't eat \_\_\_\_\_ meat.

Pronunciation | /æ/ and /ʌ/

- 6a **▶ 1-39** Listen to the vowel sounds in these words. Can you hear the difference?
- /æ/    /ʌ/  
have    some
- b **▶ 1-40** Listen. Underline the /æ/ and /ʌ/ sounds in these sentences. Then repeat them.
1. He has lunch on Sundays at his club.
  2. My family travels by taxi, but my young cousin takes the bus.
  3. Anne and Sally have honey on their fruit salad.

Reading

7a Lisa writes about diet in a magazine. Read the letters to Lisa and match them to the problems.

1. He/She doesn't have time to cook.
2. He/She eats a lot.
3. He/She feels tired all the time.

A	B	C
Dear Lisa, I'm always hungry. I eat three good meals a day, but then I want chips and cookies, too. Of course, now I'm quite fat! Can you help me? Lois	Dear Lisa, I know I have an unhealthy diet. I work about ten hours a day and I get home late, so I don't have time to cook and I eat fast food. What can I do? James	Dear Lisa, I try to eat a good diet—I eat pasta and vegetables, and I don't eat any meat, fish, or cheese—but I'm always tired. What's wrong with my diet? Karin

- b Read Lisa's answer to one letter.
1. Which letter does it answer? \_\_\_\_\_
  2. How does she introduce her answer? \_\_\_\_\_
  3. How does she make the two suggestions? \_\_\_\_\_

Dear \_\_\_\_\_,  
It's awful when you feel tired all the time. You need some meat, fish, or cheese in your diet—they give you energy. Also, why don't you get more exercise? That gives you energy, too. How about a walk every evening after work? I hope that helps.  
Lisa

Writing

8a Read the letters again and look at Lisa's notes below. Which notes are for which letter?

B 1. salads are quick and healthy  
\_\_\_\_\_ 2. eat fruit, not chips and cookies  
\_\_\_\_\_ 3. go to the doctor  
\_\_\_\_\_ 4. don't work ten hours a day  
\_\_\_\_\_ 5. some foods cook quickly, such as fresh pasta  
\_\_\_\_\_ 6. eat small meals

- b **Group Work** Make more suggestions for the writers of the two letters.
- c **Pair Work** In pairs, write an answer to letter A or B.
1. Think of two or three suggestions.
  2. Write an introduction, your suggestions, and a closing.
  3. Give your letter to another pair to correct and make suggestions.



Listening

1 Group Work Discuss.

1. What kind of place does the photo show?
2. Do you eat at places like these? Which ones?

2a 1.41 Listen to a dialog in a café. Who orders these things? Write T for Tracey and S for Sam.

- \_\_\_\_\_ ham and cheese sandwich \_\_\_\_\_ fries  
 \_\_\_\_\_ salad \_\_\_\_\_ coffee \_\_\_\_\_ bottled water

b Listen again and complete the bill on the right.

3a Below is the menu from a café. Match the headings to A–C.

- \_\_\_\_\_ Drinks \_\_\_\_\_ Main dishes \_\_\_\_\_ Side orders

A	B	C
<b>Sandwiches</b>	Regular fries \$	Regular coffee \$
Ham and cheese \$	Large fries \$	Large coffee \$
Chicken salad \$	Small salad \$	Orange juice \$
Tuna salad \$	Medium salad \$	Regular soda \$
(white or whole wheat bread)	Large salad \$	Large soda \$
<b>Burgers and pizzas</b>		Small bottled water \$
Burger \$		Large bottled water \$
Vegetarian pizza \$		
Pepperoni pizza \$		

b SPEAKING EXCHANGE

Student A: Turn to page 127. Student B: Ask your partner questions to complete the menu.

How much is a burger?

A burger is three ninety-five.

Grammar | object pronouns

4a 1.42 Listen and complete the sentences.

1. OK. A large cup of coffee for \_\_\_\_\_ and a small bottled water for \_\_\_\_\_.
2. No, that's not for \_\_\_\_\_.
3. Vegetarian pizzas? I really like \_\_\_\_\_!
4. A medium salad for \_\_\_\_\_?
5. Oh, no, the salad's for \_\_\_\_\_.

b Use the answers from Exercise 4a to complete the Active Grammar box.

5 Tell the server. Complete the sentences with the correct object pronouns.



Ex: you: "It isn't for me."

1. your boyfriend: "It isn't for \_\_\_\_\_."
2. your mother: "It isn't for \_\_\_\_\_."
3. you and your friend: "It isn't for \_\_\_\_\_."
4. your brother and sister: "It isn't for \_\_\_\_\_."

6a Read the How To box.

b Pair Work Use the words in the box to complete the dialog. Then practice with a partner.

I'd much do like want can

- A: What \_\_\_\_\_ (1) I get for you today?  
 B: \_\_\_\_\_ (2) like a vegetarian burger, please.  
 A: Any side orders?  
 B: \_\_\_\_\_ (3) you have salads?  
 A: No, we don't. Do you \_\_\_\_\_ (4) fries?  
 B: OK. Small fries.  
 A: Anything to drink?  
 B: Yes, I'd \_\_\_\_\_ (5) an orange juice, please.  
 A: OK.  
 B: How \_\_\_\_\_ (6) is that?  
 A: That's \$10.95.

Speaking

7 Group Work Work in groups of three. Use the menu in Exercise 3a on page 42.

Student A: You are a server. Take the customers' order.

Students B and C: You are customers. Look at the menu and order a meal.

What can I get you today?

I'd like a salad.

Active Grammar

Subject pronouns	Object pronouns
I	<u>me</u>
he	_____
she	_____
it	<u>it</u>
we	_____
you	_____
they	_____

See Reference page 46

How To:

Order in a cafe restaurant

Ask questions	<i>Do you have salads?</i>
Say what you want	<i>I'd like a cheese sandwich, please.</i>
Ask about prices	<i>How much is that?</i>

## Review

- 1 Match the sentence parts to make complete sentences.
- |                      |                                      |
|----------------------|--------------------------------------|
| 1. I usually get a   | a. tuna for this recipe.             |
| 2. We often get two  | b. of chocolates on Valentine's Day. |
| 3. She puts some     | c. of milk every day.                |
| 4. I drink a carton  | d. pizza on Friday evening.          |
| 5. We need a can of  | e. bags of chips at the supermarket. |
| 6. He gives me a box | f. cheese in the omelette.           |

- 2 Circle the correct choice.

Ex: How much/many oranges do you eat?

- How much/many students are in the class?
- She drinks three bottles of waters/water every day.
- Let's have four/a bag of those nice brown eggs.
- How much/many money do you have?
- How many/much sugar do you eat every week?

- 3 Sherri phones her husband, but he doesn't answer. Complete her message with a, some, or any.

"Hello John. Oh, no, it's a message. He isn't there. Mmm. John, please listen to this message. Can you go to the store and get some things for dinner? We need \_\_\_\_\_ (1.) fish and \_\_\_\_\_ (2.) carton of eggs. Mmm, I think we have \_\_\_\_\_ (3.) potatoes, but we don't have \_\_\_\_\_ (4.) onions. Do we have \_\_\_\_\_ (5.) carrots? Can you check? Please buy \_\_\_\_\_ (6.) cheese, and I'd like \_\_\_\_\_ (7.) carton of orange juice. That's it. Oh . . . we don't have \_\_\_\_\_ (8.) butter—can you get some? Thanks. See you later."

- 4 **Pair Work** Replace the words in parentheses with the correct pronouns.

Ex: (Mr. Jones) takes (my friend and me) to work in his car.

*He takes us to work in his car.*

- (My mother and I) go shopping with (Julia and Carol) every Saturday.
- (David and Serena) don't drive (the children) to school.
- (My uncle) uses (the computer) every day.
- (My friend and I) have lunch with (Maria) every Tuesday.

- 5 Put the letters in the correct order to write the names of food.

Ex: nolem    m\_ elon \_\_\_\_\_

- |           |         |             |         |
|-----------|---------|-------------|---------|
| 1. ntau   | t _____ | 5. otmotsea | t _____ |
| 2. errbug | b _____ | 6. ckechin  | c _____ |
| 3. eabrd  | b _____ | 7. ilmck    | m _____ |
| 4. tware  | w _____ | 8. crie     | r _____ |

## Communication | shop for food at a market



- 6a ▶ 1-43 Listen. What does the woman ask for? Check (✓) the blue boxes.

- |                          |                          |         |                          |                          |          |
|--------------------------|--------------------------|---------|--------------------------|--------------------------|----------|
| <input type="checkbox"/> | <input type="checkbox"/> | apples  | <input type="checkbox"/> | <input type="checkbox"/> | melon    |
| <input type="checkbox"/> | <input type="checkbox"/> | bananas | <input type="checkbox"/> | <input type="checkbox"/> | pork     |
| <input type="checkbox"/> | <input type="checkbox"/> | beef    | <input type="checkbox"/> | <input type="checkbox"/> | potatoes |
| <input type="checkbox"/> | <input type="checkbox"/> | carrots | <input type="checkbox"/> | <input type="checkbox"/> | tomatoes |
| <input type="checkbox"/> | <input type="checkbox"/> | chicken | <input type="checkbox"/> | <input type="checkbox"/> | tuna     |

- b Listen again. What things can she buy? Check (✓) the pink boxes.

- 7a ▶ 1-44 Listen to the intonation. Write ↗ if it goes up and ↘ if it goes down.

I'd like three bananas ↗, six apples \_\_\_\_\_, and a melon \_\_\_\_\_, please. I'd like two pounds of ground beef \_\_\_\_\_, a pound of ground pork \_\_\_\_\_, and a whole chicken \_\_\_\_\_, please.

- b Listen again and repeat.

- c **Group Work** Play a game in groups. Choose food and drinks from the box below. Follow the example, and be careful to use the correct intonation.

apples	fish	carrots	pork	butter	ice cream	papayas	potatoes
pasta	eggs	coffee	tea	melons	bananas	tomatoes	pineapples
water	lamb	cheese	milk	chicken	ground beef	orange juice	mangoes

Student A: *I'd like some coffee.*

Student B: *I'd like some coffee and a bottle of water.*

Student C: *I'd like some coffee, a bottle of water, and three apples.*

Student D: *I'd like some coffee, a bottle of water, three apples, and . . .*

- 8a **Group Work** Divide the class into shoppers and vendors. Read your roles.

### Shoppers

Work in pairs. Choose six things from the box in Exercise 7c and write your shopping list. You have \$50 for all your shopping. Review the Audioscript on pages 138–139 and prepare to go shopping. Try to buy all your items. How much do you pay?

### Vendors

- Your teacher gives you a letter, A, B, C, or D.
  - A: You sell fruit and vegetables.
  - B: You sell drinks.
  - C: You sell meat and fish.
  - D: You sell dairy food (butter, milk, etc.).
- Look at the box in Exercise 7c and the Unit Vocabulary on page 46 and find the correct type of food for your store. Choose four items and write a price next to each one (*water—\$1 a bottle*). Then review the Audioscript on pages 138–139 and prepare to answer your customers' questions.

- b When you finish, tell the class about the things you have.

## Unit 4 Reference

### Count and noncount nouns; How much?/How many?

Count nouns are things that can be counted. They have singular and plural forms and can have numbers in front of them.

*one banana three bananas  
twenty-five bananas*

Use *How many* . . . ? to ask questions about the number of count nouns.

*How many bananas do you buy each week?*

Noncount nouns do not have plural forms and do not have numbers in front of them.

Use *How much* . . . ? to ask questions about the quantity of noncount nouns.

*How much water do you drink every day?*

Show the quantity (*how much/many*) of count and noncount nouns by using another noun (*a bag*) or a measurement (*pounds*) + *of* in front of the noun.

*A bag of bananas. A pound of bananas.*

### a/an/some/any

#### Singular count nouns

Use *a/an* before singular count nouns. Use *a/an* in positive and negative statements and in questions.

+ *We have a car.*

- *We don't have a car.*

? *Do you have a car?*

#### Plural count and noncount nouns

If the number is unknown or not important, use *some* and *any* to talk about a number of something. Use *some* in positive statements and *any* in negative statements and questions. Use *some* and *any* with plural count and noncount nouns.

+ *We have some books/juice.*

- *We don't have any books/juice.*

? *Do you have any books/juice?*

### Object pronouns

Use subject pronouns (see page 11) before verbs and object pronouns after verbs.

Subject pronouns	<i>I</i>	Object pronouns	<i>me</i>
	<i>he</i>		<i>him</i>
	<i>she</i>		<i>her</i>
	<i>it</i>		<i>it</i>
	<i>we</i>		<i>us</i>
	<i>you</i>		<i>you</i>
	<i>they</i>		<i>them</i>

*He loves her.*



*He loves them.*



*She loves him.*



*They love me!*



### Unit Vocabulary

#### Food

**Dishes:** burger salad hot dogs  
fries pizza sandwich

**Meat and fish:** ham lamb chicken  
(ground) beef fish pork tuna  
pepperoni

**Dairy:** butter cheese cream ice cream milk

**Fruit and vegetables:** papaya pineapple  
onion grapes mango banana  
melon apple tomato strawberry  
potato carrot lettuce

**Drinks:** coffee soda fruit/orange juice  
tea water milk

**Other:** cereal chips cookies pasta  
rice sugar eggs mayonnaise  
bread (white/whole wheat)

#### Containers:

bag bottle box can carton package