

Student's book audioscript

Unit 0

0.3 Favourites

1.7 Exercises 4 and 5, page 6

I = Interviewer A = Amy

I: So, Amy, which are your things?

A: This is my beanbag. It's old and brown. I love it! These are my holiday photos. They're beautiful. And that's my new watch on the table over there. It's my favourite thing. Those are my headphones over there too. They're expensive. They are great.

1.8 Exercise 6, page 6

I = Interviewer M = Mike

I: So Mike. Let's look at your things.

M: Look at these comics. My favourite is Spider-Man. And this is my favourite T-shirt. It's really old but I love it! Those are my sunglasses over there. They're cheap but they're really cool. And that is my skateboard under the sunglasses. It's expensive and it's really fast. It's great!

0.5 Abilities

1.11 Exercise 2, page 8

I = Interviewer J = Jon

I: Jon, can you rollerblade?

J: Yes, I can. I can rollerblade very well.

I: And can you speak a foreign language?

J: Yes, I can. I can speak French.

I: Can you sing?

J: No, I can't! I'm terrible! I can't sing but I can dance. I love dancing!

I: What about your sister, Mia? Can she rollerblade?

J: Yes, she can. She's very fast.

I: Can she speak a foreign language?

J: Yes, she can. She can speak French and Russian.

I: Wow, that's great.

J: Yes, but she can't sing or dance!

0.7 Gadgets

1.13 Exercise 2, page 10

I = Interviewer E = Ellen

I: What gadgets have you got, Ellen?

E: I've got three gadgets. I've got a games console. It's old now!

I: What about new gadgets?

E: Well, I've got a mobile phone. It's a smartphone. My brother and I have got the same phone. It's really cool.

I: Has it got a good camera?

E: Yes, it has.

I: Have you got a computer?

E: No, I haven't and I haven't got a laptop. I've got a tablet. It's fantastic. It's great for school. All the students in my class have got tablets.

I: So what's your favourite gadget?

E: My mobile phone. I love it!

I: OK, thanks.

Unit 1 Family and friends

1.2 Grammar

1.27 Exercise 6, page 14

Hi, I'm Jamie, and this video is about the things I do with my friends in our free time. We never go out on weekdays – we are always at home because we've got a lot of schoolwork, but we always have fun at the weekend. On Saturday afternoons, we usually go rollerblading. (My friend Ella never comes because she hates rollerblading.) On Saturday night, we often go dancing until late. On Sundays, we sometimes watch music videos on YouTube or go to the cinema ... We all love films!

1.3 Listening

1.29 Exercises 3 and 5, page 15

R = Reporter S = Simon L = Lena M = Mesut

R: It's Friday afternoon and I want to know what people do at the weekend. Hello. What's your name?

S: Hi, I'm Simon.

R: Can you describe your typical weekend for our listeners?

S: Sure. My weekends are usually busy with football. I run a football club for children in my area. I coach the kids on Saturdays. It's really nice to watch them – they have a lot of fun and the exercise is good for them. Then on Sunday mornings, I play with my local team. It's the football season so I also watch football on TV or on the Internet. I really love my weekends.

R: Thank you. And what is your name?

L: My name's Lena.

R: Hello Lena. What do you do at the weekend?

L: Well, every weekend, I go to a different part of the city and take hundreds of photos. I photograph people, places and situations – anything that looks interesting or unusual. In the evening, I look at the pictures on my computer and post the best ones on Facebook. A lot of people comment on the photos. It's really interesting. You can see them there.

R: Hello, what's your name?

M: Hello, I'm Mesut.

R: And can you tell our listeners what you do at the weekend?

M: Sure. Every weekend, I work in my family's restaurant. It is always very busy at the weekend and they need help in the kitchen. It's hard work, but I like it because I love cooking. So, I don't have time to relax at the weekend ... I have to work!

Focus Review 1

1.40 Exercise 7, page 22

1

When it's my birthday, I go to school in the morning, but I take a cake or some sweets and fruit and have a special lunch with my friends. Then in the evening we go out together. We usually meet at six or seven and go to a club. I always get some money from my parents so we can have a good time.

2

My birthday is in June and that's really great, because we always celebrate in the garden. On the day of my birthday my family and I have dinner outside. It's lovely, with flowers everywhere and the sun. And then at the weekend I have a party for my friends in the garden. We sometimes dance until midnight.

3

On my birthday my mum always cooks my favourite food. So first I get up and I have a really good breakfast. Then she gives me a cake to share with my friends at school. After school I come home and we have a very big, very good dinner. And the next day I spend five hours in the gym!

Unit 2 Food

2.1 Vocabulary

1.43 Exercises 9 and 10, page 25

M = Mum J = Jack

J: Hi Mum. Can you talk now?

M: Jack, I've got your message. I can make spaghetti Bolognese and brownies but we don't have any ingredients.

J: I know but I can get them on the way back from school. What do we need?

M: Ok, we need ...

J: Wait a second. I'll get a pen. Yes?

M: For the brownies, we need a packet of butter, a packet of flour and a carton of eggs.

J: A packet of butter ..., a packet of flour ... and a carton of eggs ... Got it. What about chocolate? You always use a lot of it.

M: Yes, get two bars but it has to be dark chocolate, not milk chocolate.

J: Sure. What else?

M: A packet of cocoa and a bag of sugar.

J: A packet of cocoa and a bag of sugar, right. Mum, can I also get a tub of vanilla ice cream? Brownies are best with ice cream.

M: Why not? Just make sure Lena doesn't see it when you get home. You know how much she loves ice cream.

J: Don't worry, Mum.

M: For spaghetti Bolognese, get a packet of spaghetti, a jar of tomato sauce. No, make it two jars, all right? A bottle of oil and a packet of Parmesan cheese.

J: Wait, wait, so it's spaghetti ... two jars of tomato sauce ... and oil ...

M: And Parmesan cheese. And I don't think we have any onions. Get a bag of onions too. Oh, and don't forget to take out the meat from the freezer, OK?

J: OK, Mum. Anything else?

M: Well, actually I need to stay late at work today so make a snack for Lena and yourself after school and get a takeaway from the Chinese restaurant next to the supermarket.

J: Why me, Mum?

M: Because when you ask for something, I always help.

J: True ...

M: You can have some of that vanilla ice cream for dessert after dinner.

J: All right, Mum. See you in the evening. And thanks.

M: No problem. See you later!

2.3 Listening

1.45 Exercise 2, page 27

P = Presenter KG = Kate Grant
Part 1

P: Welcome to Food Today. You don't often hear the words 'healthy' and 'fast food' together, but, today, top chef Kate Grant tells us all about healthy fast food. Kate, welcome to the programme.

KG: Thanks. The important thing about fast food is that it's fast and easy to make. Today, I want to give you some fast food recipes that are easy to make and healthy.

P: Fantastic! But I suppose you need special healthy ingredients ...

KG: No, you don't. Everything is simple here, the ingredients too.

1.46 Exercise 3, page 27

Part 2

KG: For the first recipe you just need eggs, potatoes and olive oil. It's called a Spanish omelette.

P: How do you make it?

KG: There are many different ways. But this is how you make a healthy Spanish omelette. First, slice four potatoes. Then boil the potatoes in some water. After that, put the potatoes in a bowl, add some eggs and mix together.

P: OK, so you mix all the ingredients. How many eggs do you need?

KG: You need six eggs for four people. So, mix the eggs with the potatoes. Then put some olive oil into a pan. Fry the omelette on both sides. And that's it – your Spanish omelette is ready! Eat it with some salad for a really healthy meal.

1.48 Exercise 6, page 27

Part 3

P: And what about dessert, Kate? My favourite dessert is pancakes. Have you got a healthy recipe for pancakes?

KG: Yes. I've got a very easy recipe for fruit pancakes.

P: Cool. What do you need?

KG: Some fruit, for example some bananas and strawberries. Then you need one cup of flour, one cup of milk and one egg. Plus some oil.

P: OK, so bananas, strawberries, flour, milk, an egg and oil. What do you do?

KG: First, you chop the fruit and then you make the pancakes.

P: OK, so how do you make the pancakes?

KG: You mix the flour, milk and the egg together. Then you put some oil into a pan. When it is hot, you put some of the mixture into the pan and make a pancake. You fry it on both sides. Take it out of the pan and put the fruit on top.

P: And that's it?

KG: Yes, it's really quick to make and it's healthy. You can have it for breakfast, lunch or dessert! Try it with some ice cream! It's yummy!

P: That's great, Kate! Thanks a lot.

2.6 Speaking

1.57 Exercise 2, page 31

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A: How much is it?

B: It's two pounds fifteen.

Videoscript

Unit 1 Family and friends

1 BBC: Little folk, page 108

N = Narrator Z = Zev

- Z:** My name is Zev Hoover, I take pictures of miniature people and they've sort of exploded online recently.
- N:** This is the story of Zev's project. He wants to learn Photoshop. To practise this computer programme he starts his 'Little Folk' project. He puts his photos on the Internet, and now they're very popular.
- Z:** Nature is very important in my work and definitely inspires a lot of it and I think a lot of that comes from living where we do. Aliza, my sister, is very often the character in the pictures.
Yeah, that's fine.
- N:** Zev looks at the scenes he photographs and thinks, 'What can the world look like when you are four or five centimetres tall? It is a completely different place.'
- Z:** I certainly put a lot of myself into the characters.
- N:** The little people in the photos often do something that Zev is interested in: a hobby.
- Z:** One of my most popular photographs is of me piloting a paper airplane. I think it's a popular picture because people like imagining why I make them for my own pleasure ... because I love making them.
- N:** The online comments are great. Beautiful work! Very cool. This is so amazing.
It's nice to know that other people like your work. Thanks to the Internet, anyone anywhere in the world can now go online, find Zev's pictures and spend some time in the amazing world of 'Little Folk'.

4 Focus Vlog, page 109

J = Jason Ma = Maeve Mt = Matthew Mo = Molly S = Sabin N = Naomi

- J:** Hello and welcome to my vlog! My name's Jason and I go to art school. My friends say I talk too much sometimes. But it's not true! In my vlog I want to ask you guys lots of questions and listen to you. In today's video I want to ask you about music. There's so much good stuff on the Internet. I love pop music and listen to it all the time: in my bed when I wake up, in the bathroom when I have a shower, on the Tube on the way to school, in my room when I study. Now tell me about you! Do you listen to music?
- Mt:** Yes, I do.
- Mo:** I do, yes. Top 40, Indie, pop, rock sometimes. Yeah.
- Ma:** Yes, I listen to music.
- S:** Yes, I do. Um, I like R&B, hip hop. Um, just any kind of music to be honest but I particularly like R&B and hip hop.
- J:** Really?
- N:** I do. Anything except metal or heavy metal. So I like easy pop, I like rock music, country music, Bollywood music, anything except metal.
- J:** Where and when do you listen to music?

- Mt:** I like listening to music when I'm around the house. I listen to music most of the day.
- Mo:** When I am in a car or walking.
- Ma:** I probably listen to music every day. I listen to music in the morning when I wake up on the radio.
- J:** Me too!
- Ma:** And then I probably listen to music on my phone on the train to work.
- S:** Mainly in my car.
- N:** I enjoy live music more than anything so I listen to music in bars or if there's a concert.
- J:** And what about you, guys? Let me know in the comments.

Unit 2 Food

7 BBC: What's for lunch?, page 110

H = Headmistress N = Narrator S = Stefan

- N:** This is Stefan Gates from the BBC. He's in Thailand. He would like to learn what local people have for lunch.
Do you think they eat traditional Asian dishes? Spicy food? Meat and vegetables? Let's see.
Today Stefan wants to visit a primary school in the north-east of Thailand and cook lunch for the children together with the school headmistress, Mrs Noi. Can you guess what's on the menu? It's not pizza or hamburgers.
- S:** So it's lunch time, what are you going to be cooking for the children today?
- H:** Fried insects for the children's lunch.
- S:** And and what are they?
- H:** They're crickets.
- S:** You would never in a million years serve this to, to the kids at my kids' school. And did you or the children collect these?
- H:** The students catch them.
- S:** The students pick these?
- H:** They catch them at night and bring them in the morning.
- N:** So every day after school students do their homework and every evening, before they go to bed, they catch insects for their school lunch the next day. It's time for cooking. Stefan is ready to help the headmistress prepare a meal for all eighty students. The recipe is very simple. There aren't many ingredients. First, you heat some oil in a big pan and put the crickets into it. You fry them and mix them. You can add some local vegetables too. The smell is very strong. Then you take out the mixture and put some soy sauce into it. But not too much!
- H:** You've put in too much soy sauce. So it's salty.
- S:** Oh, that is really nice.
- N:** Lunch is ready. Children in this school love insects – they think they are delicious. They are one of their favourite dishes. About two billion people in the world eat insects every day. They are healthy for us because they are full of protein. Farmers can catch insects and sell them to make money.
- S:** Enjoy your meal everyone!