

LESSON	GRAMMAR/FUNCTION	VOCABULARY	PRONUNCIATION	READING
UNIT 1 LIFE page 7 Interviews What do you look for in a friend?				
1.1 Feeling good? page 8	question forms	free time	stressed words	understand an article about the secrets of happiness
1.2 True Love page 10	past simple	relationships	past simple verbs: -ed endings	
1.3 Nice day, isn't it? page 12	making conversation	conversation topics	linking	
1.4 Someone Special page 14				
UNIT 2 WORK page 17 Interviews What do you do?				
2.1 The company 4U? page 18	present simple and continuous	work	word stress	
2.2 A Risky Business page 20	adverbs of frequency	jobs	stressed syllables	read a newspaper article about dangerous jobs
2.3 I Like Working Outside page 22	expressing likes/dislikes	types of work	intonation: sound interested	
2.4 Dream Commuters page 24				read the results of a survey about work/life balance
UNIT 3 TIMEOUT page 27 Interviews What do you like doing in your free time?				
3.1 Free in NYC page 28	present continuous/ <i>be going to</i> for future	time out	fast speech: <i>going to</i>	
3.2 Relax! page 30	questions without auxiliaries	places to visit	stress in compound nouns	read about how people spend their free time around the world
3.3 Can I take a message? page 32	making a phone call	collocations	linking: <i>can</i>	
3.4 Rio de Janeiro page 34				
UNIT 4 GREAT MINDS page 37 Interviews Are you learning anything at the moment?				
4.1 Hidden Talent page 38	present perfect + <i>ever/never</i>	<i>make</i> and <i>do</i>	weak forms: <i>have</i>	
4.2 Schools of Thought page 40	<i>can, have to, must</i>	education	weak forms: <i>have to</i>	read an article about different schools
4.3 What should I do? page 42	giving advice	language learning	silent letters	read replies to a website message
4.4 Inventions page 44				
UNIT 5 TRAVEL page 47 Interviews Do you enjoy traveling to different countries?				
5.1 Fantastic Film Trips page 48	past simple and past continuous	transportation	weak forms: <i>was/were</i>	read about amazing journeys in movies
5.2 Travel Tips page 50	verb patterns	travel items	stressed syllables	
5.3 You Can't Miss It page 52	asking for/giving directions	tourism	intonation: questions	read a text about a man who works in three countries every day
5.4 Full Circle page 54				
UNIT 6 FITNESS page 57 Interviews What do you do to stay in shape?				
6.1 Staying in Shape page 58	present perfect + <i>for/since</i>	health	sentence stress	identify specific information in an article about types of exercise
6.2 The Future of Food page 60	<i>may, might, will</i>	food	intonation: certainty/uncertainty	
6.3 How are you feeling? page 62	seeing the doctor	illness	difficult words: spelling v. pronunciation	
6.4 Monitor Me page 64				

LISTENING/DVD		SPEAKING	WRITING
		ask and answer questions about vacations and weekends	
	listen to stories about offers of marriage	ask and answer personal questions	write about an important year in your life; improve your use of linking words
	understand routine exchanges	making conversation	
	Miranda: watch an extract from a sitcom about a woman called Miranda	talk about important people in your life	write about your best friend
	listen to interviews about jobs	talk about what motivates you at work	write an email about work experience
		talk about dangerous jobs	
	listen to a man talking about his job	talk about your perfect job	
	The Money Programme: Dream Commuters: watch an extract from a documentary about commuting	describe your work/life balance	write a web comment about work/life balance
	listen to a radio program about going out in New York	talk about your future plans	write an email invitation
		discuss how you spend your free time	
	understand some problem phone calls	make and receive phone calls	
	Going Local: Rio: watch an extract from a travel program about visiting Rio de Janeiro	plan a perfect day out	write an invitation for a day out
	listen to someone describing how he used his hidden talent	talk about hidden talents	check your work and correct mistakes
		talk about rules in schools	
		give advice and make suggestions for language learners	
	Supersized Earth: The Way We Move: watch an extract from a documentary about developments that have changed the world	talk about inventions	write a forum post about inventions
		tell an anecdote	
	understand travel advice	discuss travel	write an email describing a trip or weekend away
		ask for and give directions	
	Full Circle: watch an extract from a travel program	present ideas for an award	write an application for an award
		talk about your lifestyle	
	listen to a radio interview with a food expert	discuss food preferences	write about food
	listen to conversations between a doctor and her patients	explain health problems	
	Horizon: Monitor Me: watch an extract from a documentary about health	talk about healthy habits	write a blog post about health advice

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UNIT 7 CHANGES page 67 🎧 Interviews How has your life changed in the last ten years?				
7.1 Living the Dream page 68	<i>used to</i>	verbs + prepositions	weak forms: <i>used to</i>	read about living the dream
7.2 The Great Impostor page 70	purpose, cause and result	collocations	rhythm in complex sentences	read and predict information in a story
7.3 Can you tell me? page 72	finding out information	facilities	intonation: checking information	read about studying abroad
7.4 A Greek Adventure page 74				
UNIT 8 MONEY page 77 🎧 Interviews How do you feel about shopping?				
8.1 Treasure Hunt page 78	relative clauses	money	pronouncing the letter "s"	read a story about a treasure hunt
8.2 Pay me more! page 80	<i>too much/many, enough, very</i>	multi-word verbs	multi-word verb stress	
8.3 I'm Just Looking page 82	buying things	shopping	weak forms: <i>do you/can I</i>	read a questionnaire about shopping
8.4 soleRebels page 84				
UNIT 9 NATURE page 87 🎧 Interviews How do you feel about being in the countryside?				
9.1 Green Living page 88	comparatives/superlatives	nature	stressed syllables	read about great green ideas
9.2 Into the Wild page 90	articles	the outdoors	word stress, weak forms: <i>a</i> and <i>the</i>	understand an article about an experience in the wild
9.3 It could be because ... page 92	making guesses	silent letters	animals	
9.4 The Northern Lights page 94				
UNIT 10 SOCIETY page 97 🎧 Interviews How do you feel about city life?				
10.1 Top Cities page 98	uses of <i>like</i>	describing a city	sentence stress	read about the best cities for young people
10.2 Crime and Punishment page 100	present/past passive	crime and punishment	weak forms: <i>was/were</i>	read an article about crime and punishment
10.3 There's a Problem page 102	complaining	problems	sentence stress	
10.4 Mary's Meals page 104				
UNIT 11 TECHNOLOGY page 107 🎧 Interviews How do you feel about technology?				
11.1 Keeping in Touch page 108	present perfect	communication	sentence stress	
11.2 Make a Difference page 110	real conditionals + <i>when</i>	feelings	weak forms: <i>will</i>	read an article about social media
11.3 I Totally Disagree page 112	giving opinions	Internet terms	polite intonation	read about wasting time
11.4 Is TV bad for kids? page 114				
UNIT 12 FAME page 117 🎧 Interviews Would you like to be famous?				
12.1 Caught on Film page 118	reported speech	film/movies	contrastive stress	read a magazine article about writing a blockbuster
12.2 A Lucky Break page 120	hypothetical conditionals present/future	suffixes	word stress	read a magazine article about Internet fame
12.3 What can I do for you? page 122	requests and offers	collocations	polite intonation: requests	read a text about personal assistants
12.4 Billion Dollar Man page 124				
IRREGULAR VERBS page 127 LANGUAGE BANK page 128 PHOTO BANK page 152				

LISTENING/DVD		SPEAKING	WRITING
	listen to a radio program about a woman who changed her life	talk about how your life has changed	use paragraphs to write about a decision that changed your life
		talk about why people tell lies	
	understand short, predictable conversations	learn to check and confirm information	
	My Family and Other Animals: watch an extract from the beginning of a movie about a family that moves to Greece	talk about new experiences	write a blog/diary
		talk about a project that people should invest in	
	listen to a discussion about salaries	talk about why you should earn more	write an opinion piece
	listen to conversations in stores	describe items; go shopping	
	soleRebels: watch an extract from the news about an Ethiopian business	present a money-making idea	write a competition entry for a business investment
	listen to a radio program about green ideas	talk about green issues	write about your views on the environment
		give your views on life in the city or the country	
	listen to people discussing quiz questions	talk about different animals	
	Joanna Lumney in the Land of the Northern Lights: watch an extract from a documentary about the northern lights	talk about amazing places	write a travel blog
	listen to conversations about different cities	discuss qualities of different places	use formal expressions to write an email
		discuss alternative punishments to fit the crimes	
	listen to people complaining	talk about problems in a school	
	Mary's Meals: watch an extract from a documentary about an Internet sensation	talk about an important issue	write about an issue
	listen to people talking about how they keep in touch	talk about things you've done/ would like to do	improve your use of pronouns
		talk about future consequences	
	listen to a discussion about the Internet	give your opinion	
	Panorama: Is TV bad for kids?: watch an extract from a documentary about giving up television	talk about technology you couldn't live without	write a web comment about technology
		talk about your favorite movie	
	listen to people talking about fame	talk about being famous	write about a famous person
	listen to people making requests	make requests and offers	
	Lewis Hamilton: Billion Dollar Man: watch an extract from a documentary about Lewis Hamilton	talk about your ambitions	write about your childhood ambitions