

1. Rock climbing is an interesting sport. You should practice in a gym, then go climbing outside. You need climbing shoes, a harness and a helmet. Use your fingers and toes to climb up. In Korea, rock climbing is popular. On weekends, you sometimes have to stand in line at the most popular mountains.



2. Have you ever been sea kayaking? You need a small boat called a kayak, a paddle and a life jacket. In South Africa, you can go sightseeing in a kayak. You can see fur seals and dolphins. It's really exciting. But be careful. The water is really fast. You don't want to tip over.

Words **A**  **B 83** Listen. Point. Say.

B Find the words.



climbing shoes



harness



helmet



kayak



fur seal

Talk about it!



3. Snowboarding is a popular winter sport in Japan. Snowboarding is like surfing, but it's on snow. You can go really fast down the mountain. You can also race your friends, but practice before you race. You can do jumps, too. Do you want to try it? You need a snowboard, bindings and boots.



4. Do you want to fly? Try parasailing in the Bahamas. You need a harness, a parasail canopy and a boat. The boat goes really fast and pulls you up like a kite. You can fly 100 meters above the water. You can see the beach, too. It's scary, but it's fun!

Readings **C** Read.

Questions **D**  B 84 Listen. Answer.



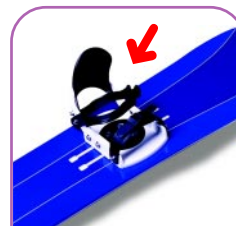
tip over



do jumps



snowboard



binding



parasail canopy