


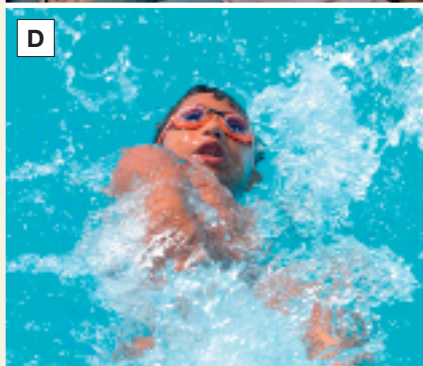
Can you run five miles?

Grammar Can (present ability)

Adverb: (not) very well

Vocabulary Verbs of ability**Function** Talk about things you can and can't do.**Get started****1** Can you name any charities? Do you ever raise money for charity?**Read****2**  Listen and read along. Which do you think is the best charity event?**Comprehension****3** Answer the questions.

- 1 Where is the charity weekend?
- 2 When is it?
- 3 Which charity is it for?



Charity weekend

Every year Parkside Youth Club has a charity weekend for Friends of the Earth. This year it's on April 25 and 26. How can you help?

SPORTS EVENT

Can you run five miles? Ask your family and friends for 50 cents for every mile that you run. Maybe you **can't** run, but **can** you swim? Ask people for 50 cents for every lap that you swim.

TALENT SHOW

Can you sing or dance? Maybe you **can** play a musical instrument or juggle. Join our talent show and help to sell tickets.

ART SHOW

Some people **can't** sing or dance very well, but they **can** draw, paint, or take good photographs. Organize an art show at your school. Then sell the artwork.

FOOD STAND

Can you cook? Cook a dish for the food stand at the youth club and sell it to your friends.





Solve it!

4 David gets \$5 for the swimming event. How many laps does he swim?

Vocabulary: Verbs of ability

5a Listen and repeat. Then match the activities below to the photos in Exercise 2.

Physical

D swim
_____ run

Practical

_____ cook a meal

Creative

_____ sing
_____ play the guitar
_____ paint

b Write each activity in the correct column. Then listen, check, and repeat.

- bake a cake • dance • draw • juggle
- ride a horse • sew on a button
- take photographs • type
- use a computer • use a washing machine

Physical	Creative	Practical
ride a horse		



Grammar

Can (present ability)

Affirmative

I **can** sing.

Questions

Can you sing?

Negative

I **can't** sing (very well).

Short answers

Yes, I **can**.

Yes, I **can**, but not very well.

No, I **can't**.

Go to page 134, Master your grammar.

Practice

6a In your notebook, write questions about the friends' abilities.

A: *Can David cook a meal?* B: *No, he can't.*

	David	Laura	Carlos	Polly
cook a meal	X	✓	✓	X
bake a cake	✓	X	✓	✓
use a computer	✓	✓	✓	✓
sew on a button	X	X	✓	✓

b PAIRS Ask a partner the questions in Exercise 6a.

Speak

7 Ask and answer questions about the activities in Exercise 5a.

A: *Can you sing?* B: *Yes, I can. / No, I can't.*

Pronunciation: /æ/ can

8 Go to page 127.

Listen

9 Listen. Then say what Suzy and Carlos can do.

Write

10 Choose a charity you like. On a piece of paper, write about what you can do to help that charity.



Extra practice

- Student Book, page 118, Lesson 7A
- Language Builder: WB, page 50; GB, page 120
- Student CD-ROM, Unit 7

7B

Is there any salt?

Grammar Count and noncount nouns:
some and any

Vocabulary Food

Function Talk about food

Get started

1a Close your books. You have one minute. In your notebook, list all the food words you know.

b PAIRS Compare your list with a partner's. Whose list is longer?

Vocabulary: Food

2a  Listen and repeat.

___ apple ___ banana ___ bread ___ butter
___ carrot ___ cheese ___ chicken ___ cookie
___ egg ___ fish ___ grape ___ honey ___ meat
___ onion ___ orange ___ pasta ___ pepper
___ potato ___ rice ___ salt ___ sugar
___ tomato

b Match each item in the photo to a word in the box.


Speak

3 PAIRS Talk with a partner about foods you like and foods you don't like.

I like cookies and bananas, but I don't like eggs.




Presentation

4  Listen and read along. Circle the words for food items.

Zach: What are you making, Polly?
 Polly: I'm making a Spanish omelette.
 Zach: Great! We have **some** eggs and **some** onions.
 Polly: And I need **some** potatoes and **some** tomatoes, too.
 Zach: OK. Here you go.
 Polly: Thanks. Is there **any** salt?
 Zach: Yes. There's **some** salt right here.
 David: Oh, no!
 Zach: What's the matter, David?
 David: I have **some** apples and bananas for my fruit salad, but there aren't **any** oranges.
 Zach: I'm afraid we don't have any oranges.
 Polly: Wait! There are **some** oranges over there.
 Carlos: Here's my dish, Zach. It's a pack of cookies. I can sell each cookie for 25 cents, and I'll have a free afternoon!
 Zach: Not so fast, Carlos! What about cleaning up?

Phrases

2  Listen and repeat.

- I'm afraid. • Not so fast! • What's the matter?

Comprehension

5 Write the ingredients for each dish.

Spanish omelette	Fruit salad
Eggs	Apples



Solve it!

6 Carlos pays \$2.00 for a pack of cookies. There are 20 cookies in a pack. If Carlos sells all the cookies for 25 cents each, how much money does he make for charity?

Grammar

Count and noncount nouns

Count

apples, oranges

Noncount

salt, sugar

Affirmative

There are **some** apples.

There's **some** salt.

Negative

There aren't **any** oranges.

There isn't **any** sugar.

Questions

Are there **any** grapes?

Is there **any** salt?

 Go to page 134, Master your grammar.

Practice

7 Copy the chart in your notebook and add more rows. Write the words from Exercise 2a in the chart.

Count	Noncount
carrot	bread

8 Complete the conversation with the correct form of *there is/are* and *some* or *any*.

Polly: What's in your pasta salad, Laura?

Laura: ¹ There's some pasta, of course, and

² _____ onions and tomatoes, too.

Polly: ³ _____ cheese in it?

Laura: No, ⁴ _____ cheese, but

⁵ _____ eggs and apples.

Polly: ⁶ _____ nuts in it?

Laura: No. Don't worry. Oh look! ⁷ _____ chocolate cookies over there. Great!

Carlos: That's 25 cents, please. It's for charity!

Write

9 On a piece of paper, write a shopping list for a week's supply of food for yourself.

Shopping list

some eggs

some pasta



Extra practice

- Student Book, page 118, Lesson 7B
- Language Builder: WB, page 52; GB, page 120
- Student CD-ROM, Unit 7


It's across from the bank.

Grammar	Imperatives Prepositions of place
Vocabulary	Places in town
Function	Ask for help

Get started

1 What places in your town or city do you know? In your notebook, list as many as you can.

Presentation

2  Listen and read along. Does Polly have a map?

Laura: Don't move! I want a photo of you **in front of** the market. Say cheese. Great!

Polly: Let's go. I need some stamps for my postcards. Excuse me, is there a post office **near** here?

Boy: Yes, there's one on Burnside Street, **across from** the bank. It's **between** the bookstore and the drugstore.

Polly: Thanks.

Boy: No problem.

Laura: OK. Where's Burnside Street?

Polly: Don't ask me! I'm useless without a map!

Comprehension

3 Answer the questions.

- 1 What does Laura want to take a photo of?
- 2 What is Polly looking for? Why?
- 3 Do you think Polly and Laura find what they are looking for? Explain.

Grammar**Imperatives**

Affirmative	Negative
Say cheese.	Don't move!

Go to page 134, Master your grammar.

Practice

4 PAIRS Give some classroom instructions to a partner. Use these verbs.

- listen • open • close • look • read
- ask • answer • talk • write

Vocabulary: Places in town

5a  Listen and repeat.

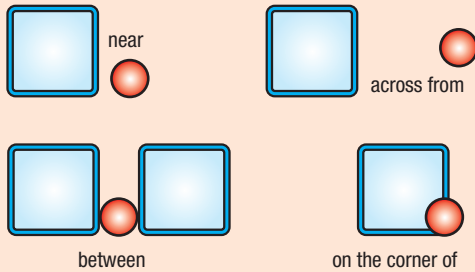
- bank • bookstore • coffee shop • drugstore
- health club • park • parking lot • post office
- restaurant • supermarket • train station

b Match the words with the places in town.

- | | |
|----------------------------|------------------------|
| 1 stamp <u>post office</u> | 7 medicine _____ |
| 2 book _____ | 8 swimming pool _____ |
| 3 pasta _____ | 9 trees _____ |
| 4 train _____ | 10 cup of coffee _____ |
| 5 money _____ | 11 milk _____ |
| 6 car _____ | |

Grammar

Prepositions of place



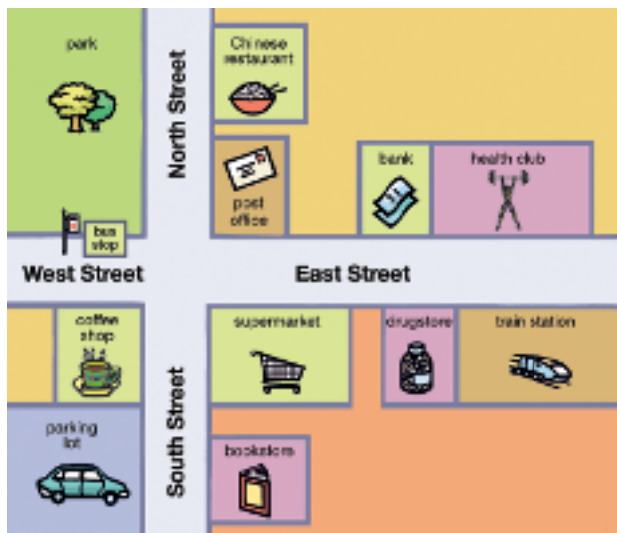
Note

Review *in*, *on*, *under*, *next to*, *behind*, and *in front of* in Unit 3.

Go to page 134, Master your grammar.

Practice

6 Look at the map. Say where the places are.



1 drugstore/train station

The drugstore is next to the train station.

2 drugstore/supermarket + train station

3 supermarket/coffee shop

4 post office/North Street + East Street

5 Chinese restaurant/post office

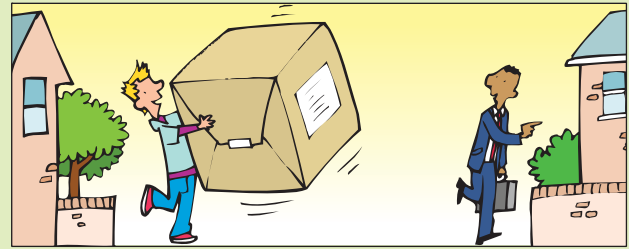
Listen

7 Look at the map in Exercise 6 and listen to four conversations. Write the missing place in each conversation. Then listen and check.

- 1 _____ 3 _____
2 _____ 4 _____

Use your English: Ask for help

8 PAIRS Listen and repeat. Then practice the conversation.



A: Excuse me, is there a post office near here?

B: Yes, there's one on the corner of East Street and North Street.

A: Thanks.

B: You're welcome.

Ask where places are

- Excuse me, where's the train station?
- Excuse me, is there a drugstore near here?

Give a positive answer

- It's on East Street across from the health club.
- Yes, it is next to the train station.

Give a negative answer

- I'm sorry. I don't know. I'm not from here.

Say thank you

- Thanks so much./Thank you./Thanks.

Respond

- You're welcome.
- No problem.

9 Look at the map in Exercise 6 and ask questions about these places.

- | | | |
|---------------|---------------|---------------|
| 1 parking lot | 3 bank | 5 coffee shop |
| 2 park | 4 health club | 6 bookstore |

Write

10 What's your favorite place in your town or city? On a piece of paper, describe the place, its location, and why you like it.



Extra practice

- Student Book, page 119, Lesson 7C
- Language Builder: WB, page 54; GB, page 122
- Student CD-ROM, Unit 7

Get started**1** Which of these meals do you prefer?**Read****2** Read the web article. Do Marcel, Linda, and Isabel have healthy diets?**Learning strategy: Focus your reading**

Before you read, look at the comprehension task. This will help you to focus on the information you need.

Comprehension**3** Read the web article again. Then complete the chart.

	Examples	Why they're important
Protein		
Carbohydrates		
Vitamins and minerals		

4 Use these food groups to label the pyramid on page 65. Write your answers in the colored boxes.

- dairy • fats and oils • fruit • grains
- protein • vegetables



File Edit View Favorites

Healthy lifestyle - Healthy diet



Dan, the food man, answers your questions.

Q: I'm a vegetarian. My friends say my diet is bad because there's no protein in it. Is this true?

Marcel, 14, New York, U.S.



Dan: That's a good question, Marcel. Protein is very important in your diet. It gives you strength. There's protein in meat and fish, but if you're vegetarian and you don't eat meat or fish, don't worry. There's also protein in nuts, beans, eggs, and dairy (milk/cheese).

Q: I love cookies, chocolate, and ice cream. Is this a problem?

Linda, 16, Manchester, U.K.



Dan: I like those things too, Linda, but there are a lot of carbohydrates, sugar, and fat in sweet foods, so I only eat them once or twice a week. Carbohydrates aren't always bad for you. You need them for energy. But a lot of sugar and fat is bad for you. A healthy diet consists of protein, carbohydrates from grains and fruit, vitamins, minerals, and some fats.



Q: I know that fruit is important, but it's so boring! What can I do?

Isabel, 15, Mexico City, Mexico

Dan: It's true that fruit contains a lot of vitamins and minerals, but they are also in foods like vegetables, fish, and meat. Vitamins and minerals are important because they help your body to work properly. Try a smoothie. Put some bananas, apples, strawberries, and yogurt with some orange juice in a blender. It's great!



New words

- healthy • lifestyle • diet • vegetarian • strength
- nuts • carbohydrates • sweet • energy • contain
- properly • smoothie • yogurt • blender

5 PAIRS Complete the chart with foods you know.

A Healthy Lifestyle

Good for you	Not good for you

Listen

6 ²/₃₉ Mario is doing a project on sports diets for school. Listen to the interview and complete his notes.

	Food	Drink
•During training	Carbohydrates.	
•The night before the race		
•The morning of the race		
•During the race		

Speak

7a GROUPS Do a group survey. Ask what your group members usually have for breakfast.

b GROUPS Discuss: Does your group eat a healthy breakfast? What do you think is a healthy breakfast?

Write

8 On a piece of paper, write to Dan about your diet. Ask Dan what he thinks about it.

Hi, Dan,
I always have bread and butter for breakfast. I never drink milk. For lunch, I . . . For dinner, I . . . What do you think of my diet?

Comment by misha on July 29, 2011 @ 9:05 O-L .