

Teacher's notes

Emotional intelligence is such an important part of life.

Understanding how someone is feeling through body language such as facial expressions, gestures and body movements can be useful when someone is sad, angry or upset. It can help us decide what they need and can help them feel listened to, loved and valued.

In this activity the students practice this through analyzing the characters' emotions. It will help students build confidence when dealing with difficult/sensitive topics with family and friends.

Learning objective

- ★ **GSE Writing:** : Can write simple sentences about familiar things, given prompts or a model.

Needs covered

- ★ **Love/belonging**
- ★ **Esteem**

Reading feelings

Read a book. Look at the pictures. How are the characters feeling?
Draw the pictures and write.

Name: _____

_____ feels _____

Name: _____

_____ feels _____

Name: _____

_____ feels _____