

# Teaching: Generosity

*Be a Star,  
be a Friend!*

## 3-5-year-olds

### Have a snack party.

For this activity you will need paper plates and cups – one for each child – and some small snacks, such as an apple cut up into slices, raisins, cubes of cheese or small cookies. You will also need some drinking water.

Have the children sit at tables.

Give one child the paper plates and have them give a plate to each child, serving themselves last.

Have them say *'For you'* or *'This is for you'* as they hand out the plates.

Give another child the paper cups and do the same; the child hands out all the cups and serving themselves last.

Now give a child a plate with the apple slices on. Show them how to offer the apple and to let that student take once slice for themselves. Then repeat with the other small snacks. Each time, the student who is offering the food should wait until last to take a snack.

Have each student say *'Thank you'* when they are offered a snack. Show them that it is good to look at the person offering the snack and to smile.

If you do not wish the students to eat in the class, you could do a similar activity, handing out small craft supplies, such as stickers or crayons.

This activity helps the students to see that we can share what we have and enjoy it together.

## 6-9-year-olds

### Give, Share or Make.

With the students, discuss ways in which we can be generous to others.

For example:

*We can share, lend, give, do or make something.*

*Now discuss ideas for what we could give, share or make.*

*Finally think which people we would like to be generous to.*

*Make a chart which reflects your class discussion.*

For example:

Action	Thing	Person
<i>share</i>	<i>stickers</i>	<i>my sister</i>
<i>make</i>	<i>a card</i>	<i>my friend</i>
<i>lend</i>	<i>a book</i>	<i>a neighbour</i>

Have the students decide what they would like to do and who they would like to do it for.

## 10-12-year-olds

### Say something kind.

Ask the students what compliments they have received from friends or family or teachers. What kind things have been said to them? Write them on the board as they tell you.

For example:

*You are funny.*

*You make me laugh.*

*You are good at basketball.*

*You are a great friend.*

*I want to be like you.*

*You inspire me.*

When they have recalled compliments, talk about other kind things you could say and add to the list. Now have them say kind things to each other. Encourage them to say something nice about everyone.

If someone finds it difficult to say something kind, let them write it in a signed note.

After the activity ask them if it felt good to be generous with their thoughts and words.

Remind them that the best way to receive a compliment is simply to say *'Thank you. You are very kind.'*