

Teaching: Self-awareness

*Be a Star,
be a Friend!*

3-5-year-olds

Make a book.

Make a This is Me book.

Fold a sheet of A4 paper in half so that it becomes a mini book and give one 'book' to each child.

On the front cover have the students draw a self-portrait.

In the middle pages have the students draw their family on one side and on the other let them stick 3, 4 or 5 pieces of paper cut in the shape of candles, according to how old they are. Help them count as they paste the candles in place.

On the back of the book have them draw their favorite toy.

Say 'Tell me about this picture' and write brief notes about what the students say. In this way, their parents will be able to interpret the drawings easily.

For example:

I'm Marcos.

This is my mom, my dad, my sister.

I'm 4.

This is my teddy bear.

Ideas for imaginary items: umbrella, pencil, book, cake, crocodile.

This game encourages imaginative play and revises nouns they have learnt.

6-9-year-olds

Make ID cards.

Give each child a piece of paper with space for them to draw a self-portrait.

Include 8 rows with 2 columns, write this on the board (see below) and have the students copy the text onto their own ID cards. Make sure each child understands what information is required and then have them complete their own details.

<i>First name</i>	
<i>Family name</i>	
<i>Age</i>	
<i>Nationality</i>	
<i>Date of birth</i>	
<i>Color of eyes</i>	
<i>Color of hair</i>	
<i>Home town</i>	

When they have completed their own ID cards, have them talk about themselves in short sentences.

For example:

My name is Carlos Martin. I'm eight. I'm Spanish. My birthday is on March 10th.

My eyes are brown. My hair is black. I live in Madrid.



Pearson

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10-12-year-olds

Have a Chat Show.

Have the students work in pairs or small groups. Let them decide who will be the Chat Show host and who will be the guests on the show. Work with the students to decide what questions they can ask guests.

For example:

What's your favorite movie/ song/ book/ food/ sport?

Tell me something funny that happened last week.

What do you like/ dislike about your school/ home town?

What is your dream job?

Place chairs at the front of the class for the host and the guests. The rest of the class are the audience.

Have the host introduce the first guest:

Ladies and Gentlemen, my first guest today is Nikki Simon!

[audience clap]

Hi, Nikki...let's talk about you!

Continue until everyone has had a chance to speak.