

Ourselves

This week we will be learning about ourselves.

We will learn:

- How to say the names of different body parts.
- How to hold a pencil.
- How to look at a book.

Challenge!

Can you point to different parts of your body and name them?



Key vocabulary

body

part

head

eye

nose

mouth

ear

arm

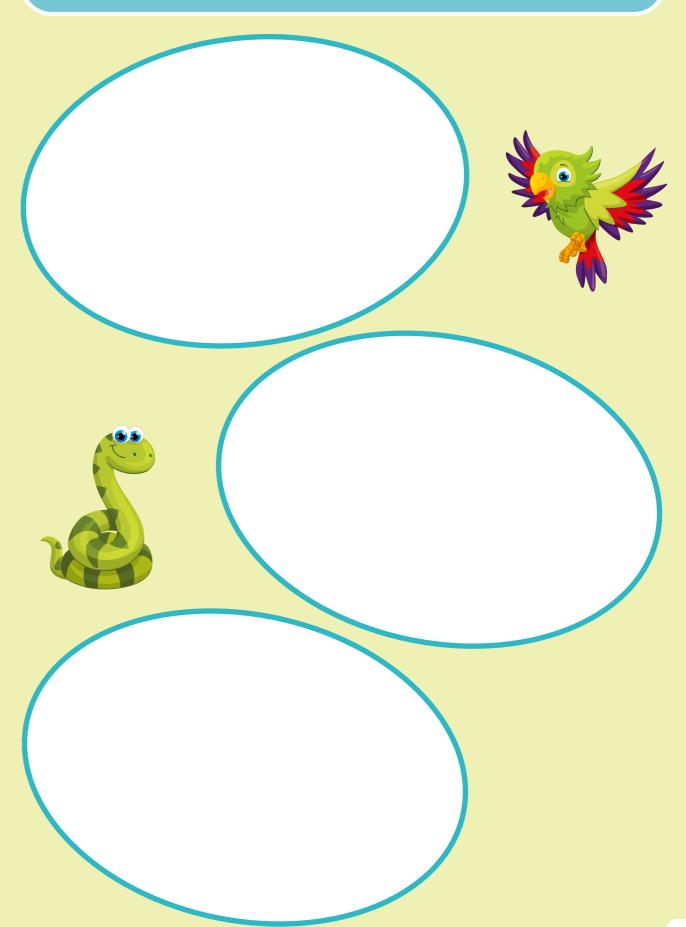
leg

The **body** is the whole of a person.

A **part** is one bit of something.

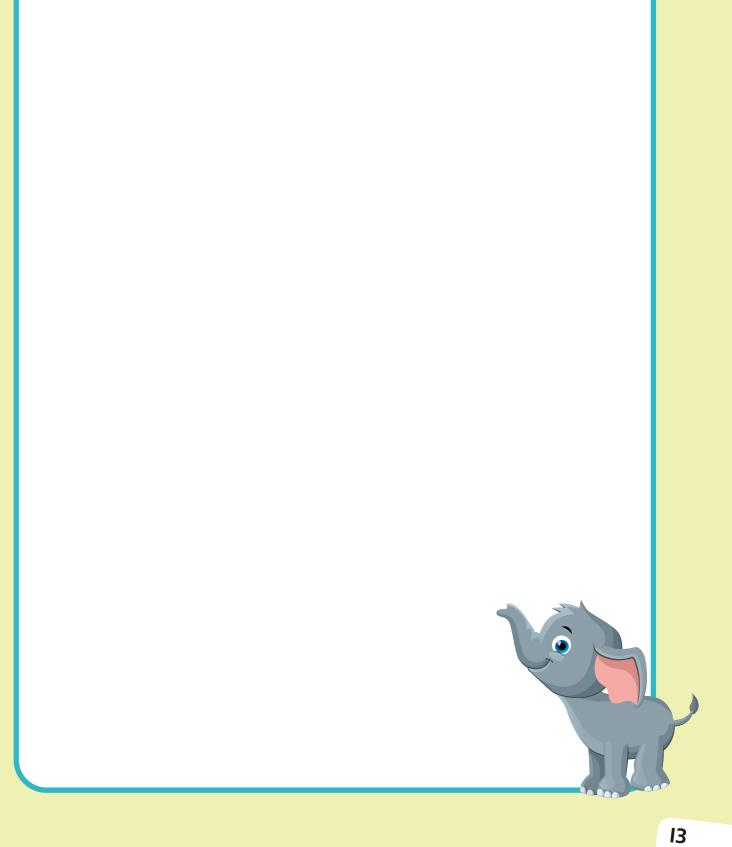


Draw some body parts that you can name.



Draw some things that were in the book you looked at today.

How many different marks can you make with a pencil?



Circle these body parts on the picture.

eye leg mouth nose hand ear



Unit I Week 2 0

Ourselves

This week we will be learning about ourselves.

We will learn:

- How to name parts of the body
- and other things.
- How to say names in English.
- How to hold a pencil.
- How to look at books.

Challenge!

Can you remember all the names of the body parts you learned last week?

Key vocabulary

head

eye

nose

mouth

ear

arm

leg

book

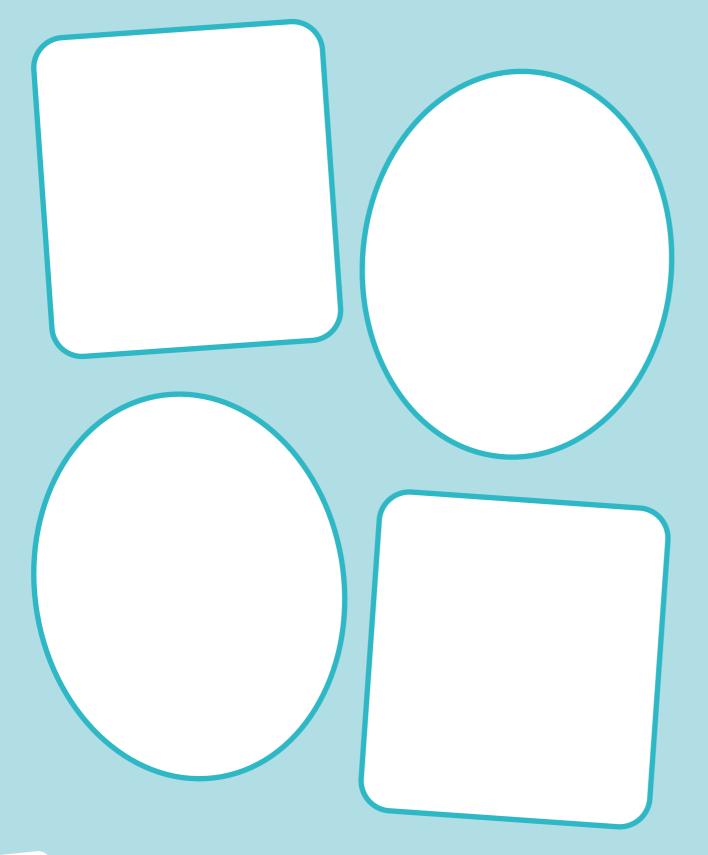
chair

table

A chair is something we sit on.

A **table** is something we eat at or do work on. It has a flat top.

Draw some objects that you can see around you.



Unit 2 Week 4

What can we see?

This week we will be exploring things we can see.

We will learn:

- How to name more items around us.
- To notice all the things we can see around us.

Challenge!

How many of the things you can see in your classroom can you name?

A **coat** is a piece of outdoor clothing that you wear over other clothes for warmth.

A **shoe** is something you wear on your foot to keep it safe, often when you are outside.



Key vocabulary

this

is

a

my

coat

shoe

girl

boy

pencil

peg

I can...

This is a...

This is my...

What can we see?

This week we will be learning more about things we can see.



We will learn:

- How to say the names of more items.
- How words can rhyme.



Challenge!

Point at your face and practise saying "This is my...".

A **peg** is a clip or a pin for fixing things in place or hanging things up. You may hang your coat on a peg at school.

A pencil is something you write or draw with.

Key vocabulary

this

is

a

my

coat

shoe

girl

boy

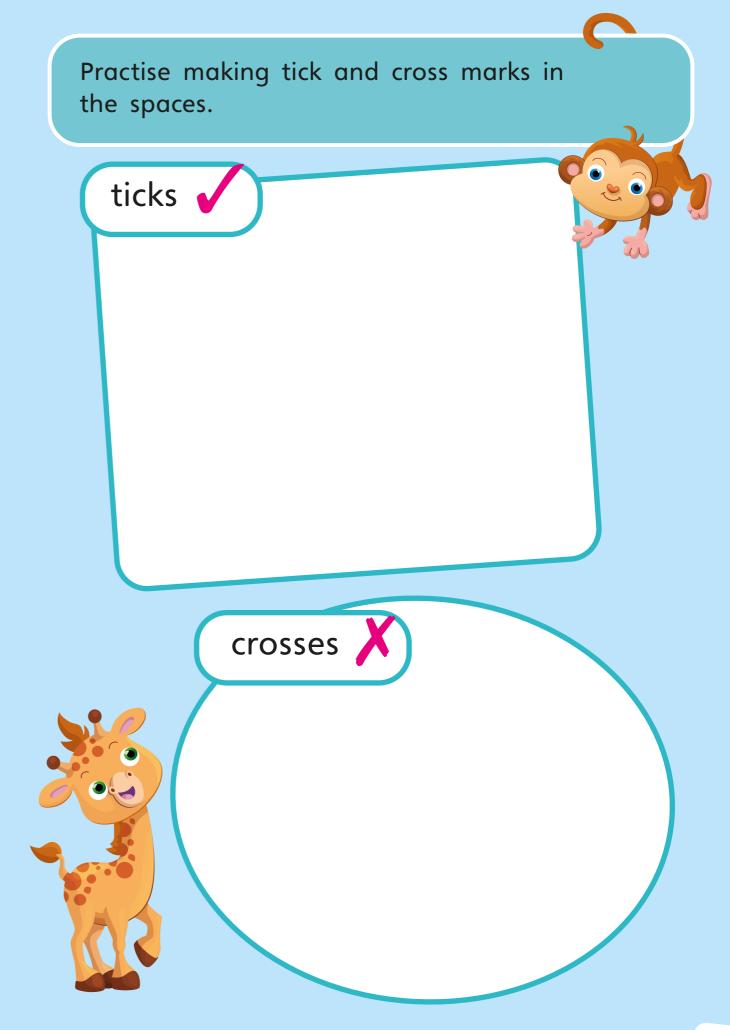
pencil

peg

I can...

This is a...

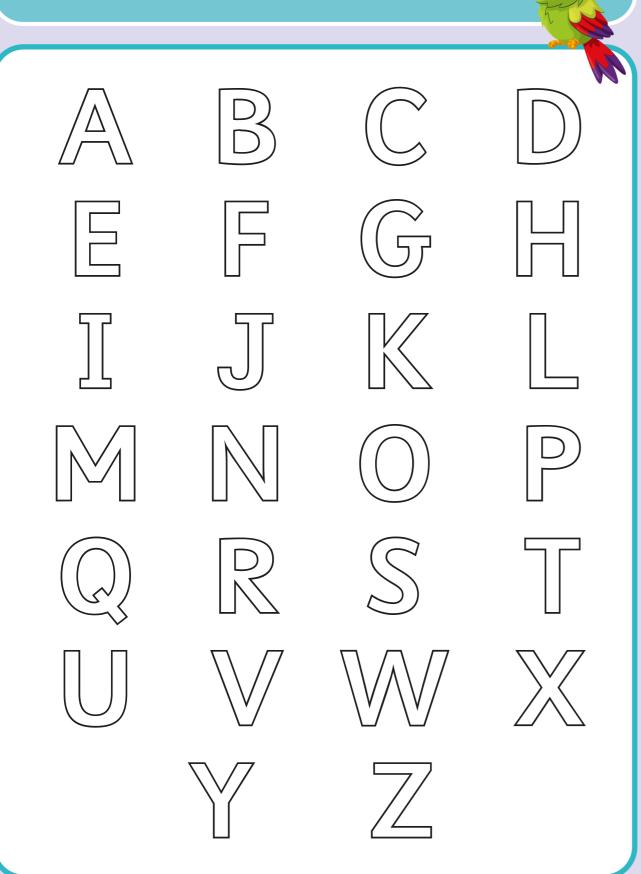
This is my...



Draw two things that rhyme with each other. rhyming words

Draw a picture of your favourite character from the rhyming story.

Colour in the letter that is at the start of your name.



Think about a food book that you have read this week.

Draw a picture of something you liked in the book.

I like to eat ...

Week 7

What do you like to eat?

This week we will be learning more about foods we like to eat.

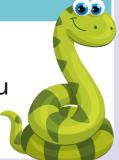


We will learn:

- How to say the names of different foods.
- About the sounds in our names.

Challenge!

Can you remember the names of any foods you learned last week?



Key vocabulary

Ι

like

to

eat

potatoes

peas

rice

meat

bread

beans

Potatoes are a vegetable that grow underground. We eat potatoes in different ways, for example: boiled or roasted.

Meat is a food we get from eating animals. Chicken is a type of meat.

Draw some things that rhyme from the book you read together.



Draw a picture of some people eating in a cafe.

Unit 3 Week 8

What do you like to eat?

This week we will be finding out more about foods we like to eat.

We will learn:

- How to say the names of different foods.
- About the sounds in our names.

Challenge!

Can you clap out the syllables in your name?

Key vocabulary

like

to

eat

potatoes

peas

rice

meat

bread

beans

Bread is a food made by baking flour and water.

Peas are small round green vegetables. Peas grow inside pods.

Complete the activities about the book you read together.

Draw a picture to show what the book was about.

Draw a picture of your favourite thing in the book.

Use a pencil to write some letters in the boxes. I can use a pencil

Draw a picture of your favourite drink and snack.

Draw your favourite meals.

I like to eat...

I like to eat...

Unit 4 Week 9 Action rhymes

This week we will be learning some action rhymes.

We will learn:

- Some new action words.
- A new action rhyme.
- Some action games.
- To practise our handwriting.

Challenge!

Can you remember any words that rhyme with each other?

Key vocabulary

can

you

jump

run

walk

hop

skip

dance

smile

sleep

When you walk, you move your legs and feet slowly.

When you **run**, you move your legs and feet fast.

We walk or run to get from one place to another or sometimes when we play a game or sport.

Draw a picture of Miss Polly's dolly.

Draw a picture of the doctor.

Draw a picture of your favourite activity this week.



Unit 4 Week 10 Action rhymes

This week we will be learning more about action rhymes.

We will learn:

- How to use new action words.
- How to write with a pencil.

Challenge!

Can you remember the action rhyme you learned last week?

Key vocabulary

can

you

jump

run

walk

hop

skip

dance

smile

sleep

When you hop, you move on one leg.

When you jump, you move quickly up into the air using both your legs.

With your pencil, follow the dotted line around these letters.

••••

Draw each activity.

I can smile ...

I can sleep ...

I can jump ...



Draw a happy face for yes or sad face for no to answer the questions.

Draw a picture of your favourite thing in the book you looked at together this week.

Can you dance?



Can you skip?

Can you smile?

