



What plants do you eat?

Every time you eat a food from a plant this week, mark it on the graph. If you have a seed, colour in a space above 'seeds'. Start from the bottom! Choose other colours, one for each plant part.

Number of times I ate food from a plant this week	20					
	19					
	18					
	17					
	16					
	15					
	14					
	13					
	12					
	11					
	10					
	9					
	8					
	7					
	6					
	5					
	4					
3						
2						
1						
		seeds	stems	fruits	roots	leaves
Types of food I ate						