#### **ABOUT THE TASK**

- In Reading Part 1, you read five short texts on different topics. These texts are taken from real-world situations, including signs, notices, messages, emails and so on.
- You identify the meaning of the text.

- Each question has three multiple-choice options (A, B and C) for you to choose from.
- You choose the option that is most similar in meaning to the text.

# **Practice task**

1 For each question, choose the correct answer.

1

No noise between 11 p.m. and 7 a.m. Please come and go quietly during this time so you don't annoy other people.

- A Be quiet if you are moving about late at night.
- B You can't come in after 11 p.m.
- C Don't make a noise after 7 in the morning.

2

Bicycle for sale. One owner, hardly used, only £200. Also two helmets, prices to be discussed.

- A The bicycle and helmets cost £200.
- B The bicycle can be bought without the helmets.
- C The bicycle has been used a lot so is cheap.

3

Al, I've ordered a new computer game from the shop in town. I've already paid for it, so could you pick it up when you're there tomorrow?

Jan

- A Jan wants Al to go to town the next day to order a computer game.
- **B** Jan wants to give some money to Al to buy a computer game.
- C Jan wants Al to collect a computer game the next day.

4

A scarf was left in the lecture hall and is now at reception.

If you've lost one, please come to collect it.

- A Go to reception if you've found a scarf anywhere.
- B There's a scarf missing from the lecture hall.
- **C** Anyone looking for a scarf should go to reception.

# How did you do?

- 2 Check your answers.
- 3 Look at Ex 1 question 1. Answer the questions below.

1 What is it?

A an advertisement B a notice C an email

2 Where might you see it?

A a library B a block of flats C a swimming pool

- 3 Look at option A.
  - A Does it mention 11 p.m.?
  - B Does it mention being able to come in or go out at night?
- 4 Look at option B.
  - A Does it mention people who live there?
  - B Does it mention residents making a noise themselves?
- 5 Look at option C.
  - A Does it ask you to be quiet?
  - **B** Does it mention night time?
- 4 Look at Ex 1 question 2. Answer the questions below.

1 What is it?

A a text B an advertisement C an email

2 Where might you see it?

A a newspaper B a computer C a mobile phone

- 3 Look at option A.
  - A Does it mention how much the bicycle cost originally?
  - B Does it mention how to buy the bicycle?
- 4 Look at option B.
  - A Does it mention the cost of the bicycle itself?
  - B Does it mention that you can buy the bicycle and helmets separately?
- 5 Look at option C.
  - A Does it say that the bicycle was ridden a lot?
  - **B** Does it say the bicycle is cheap?
- 5 Look at Ex 1 question 3. Answer the questions below.
- 1 A Who wrote the text message?
  - **B** Who received the text message?
- 2 A Who ordered the computer game?
  - **B** Who is going into town?
- 6 Look at Ex 1 question 4. Are the statements below true or false?
- 1 The scarf has been lost.
- 2 The scarf is now in the lecture hall.
- 3 The scarf is now at reception.
- 4 We know who the scarf belongs to.
- 5 The owner of the scarf needs to go to reception.

# Strategies and skills

#### Time expressions

**TIP:** Signs and short messages often mention specific times or periods of time. It's important to understand time expressions in order to understand the meaning correctly.

- 1 Which option (A or B) has the same meaning as the original sentence?
- 1 The lesson will continue until 3 p.m.
  - A The lesson will finish at 3 p.m.
  - **B** The lesson will finish before 3 p.m.
- 2 Don't enter the room until you see a green light.
  - A You can enter the room after you see a green light.
  - B You can enter the room before there is a green light.
- 3 You should arrive by 5 p.m. at the latest.
  - A You can arrive after 5 p.m.
  - **B** You can arrive any time up to 5 p.m.
- 4 The shop is open between 9 a.m. and 5 p.m. every day.
  - A The shop closes at 5 p.m.
  - B The shop opens before 9 a.m.
- 5 The bus is due to arrive in ten minutes.
  - A The bus won't arrive after ten minutes.
  - B The bus will not arrive until ten minutes have passed.
- 6 You must not use phones during the performance.
  - A You can use phones when the performance is happening.
  - **B** You can use phones before and after the performance.
- 2 Complete the sentences with the time expressions in the box.

	at the latest before between by due during earliest in advance until while
1	The surgery is open 8 a.m. and 5 p.m.
2	Tickets will go on sale on 1st March at the
3	Your final payment for the holiday isto be paid on 20th May.
4	Wait your name is called before approaching the reception area.
5	Taking photographs the performance is strictly forbidden.
6	Switch off all mobile phones the concert is in progress.
7	Please return all application forms by Friday to enter the competition.
8	You can buy tickets online.
9	The cinema will open 30 minutes the film starts.
10	The show will be finished 10 p.m.

# **SPEAKING BOOST**

#### Discuss or answer.

- 1 Think about a typical weekday or weekend for you. What things do you do at certain times of the day?
- 2 Imagine your ideal holiday. Say what you do in the mornings, afternoons and evenings.

# Understanding the main message

**TIP:** Think about what the purpose and main message of each text is and where you might see it. This helps you to use the context when you think about the meaning.

- 3 For each statement, choose the correct ending.
- 1 A sign
  - A gives personal information to a friend.
  - **B** gives information to the public in a public place.
- 2 An advertisement
  - A tells people about a product they can buy.
  - B tells people what they can and can't do.
- 3 An instruction
  - A tells people what to do or how to do it.
  - **B** describes something that is happening.
- 4 A notice
  - A explains a product and says how much it costs.
  - **B** is often temporary and gives specific information about a situation.
- 5 A personal message
  - A is usually written in informal language from one person to another.
  - **B** is the same as a formal letter to a company.
- 4 Choose the correct context for each sentence.
- 1 Please keep off the grass. sign / advertisement
- 2 Complete the form using black ink. instruction / email
- 3 Please close the door quietly after leaving the building. notice / text message
- 4 Take one tablet a day with food. text message / instruction from doctor
- 5 I'll be late tonight so go ahead and have dinner without me. notice / personal message
- 6 Ball games are not allowed in the park. advertisement / sign
- 7 All bread is on special offer this week - only £1 from Jones the Baker!
  - instruction / advertisement
- 8 Everyone must report to the reception desk on the ground floor on arrival. email / sign



# **READING** - Part 1 Multiple choice (short texts)

Match the personal messages with the functions in the box.

> complaining about something describing something explaining something giving an instruction giving an invitation making an offer making a request recommending something reminding someone of something suggesting something

- 1 Hi! Could you put the milk in the fridge when you get home, please? I forgot to do it.
- 2 You must arrive before 6 p.m., as the doors close at 6.15 p.m.
- 3 I'm sorry but I'll be late tonight because the train was cancelled.
- 4 I can collect the book from the library if you like -I'm going past there this afternoon.
- 5 Don't forget to buy the bread on your way home.
- Why don't you come round on Sunday? We can have lunch together.
- 7 The shirt I bought Peter for his birthday was blue with small yellow stripes.
- 8 I went shopping yesterday but the traffic was terrible!
- We haven't decided what to do tomorrow why don't we play tennis?
- 10 That was such a great film I think you should definitely see it. You'll love it!

# 6 What is the function of each sign? Choose A or B.

- 1 Please enter using the right-hand door.
  - A explaining how to use the right-hand door
  - **B** asking you to use the right-hand door
- 2 Do not ride bikes on the pavement.
  - A telling you where you are not allowed to ride bikes
  - B suggesting where you can ride bikes
- 3 The 35 bus has been cancelled.
  - A complaining about the bus service
  - B giving information about the bus service
- 4 Please pay for your food when you order it.
  - A describing how you pay for your food
  - B giving an instruction about paying for your food
- 5 Don't go to the departure gate until your flight is announced.
  - A asking you to go to the departure gate now
  - B reminding you not to go to the departure gate too early
- 6 Turn off all mobile phones during the performance.
  - A instructing you to turn off your phone
  - B suggesting when you can use your phone

# The language of signs

TIP: When you read signs, they may have some words missing but you can still work out their meaning.

Signs are often expressed in the shortest way possible, so they leave out words such as articles or verbs.

Replace the words left out from the signs below using the words and phrases in the box. There may be more than one possible answer.



	a are has been is is to be used the there are will
1	Please don't block entrance.
2	Cars parked here without permit will be removed.
3	This recycling bin for paper only.
4	The 4.30 train delayed by 30 minutes by a signal failure.
5	Orders received by next Friday get a 10 percent discount.
6	The library now closed until Wednesday morning.
7	Temporary speed limits in place for 3 kilometres.
8	All cakes now on sale at reduced prices.

# Giving permission and giving orders

Complete the sentences with the words in the box.

allowed available can have must not provided unless

1	Yout a discount.	o show an ID cai	rd if you want to get	
2	Tickets are	online or a	at the box office.	
3	You o	only use cameras	s in selected parts of	
4	Cycling is only	on the	marked paths.	
5	Please put all litter in th	ie bins	near the exit.	
6	Cameras	not be used	I in the theatre.	
7	Ball games are	allowe	ed anywhere in the par	k.
8	You can't use the sport a member.	s centre	you are	

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#### **EXAM TASK**

For each question, choose the correct answer.

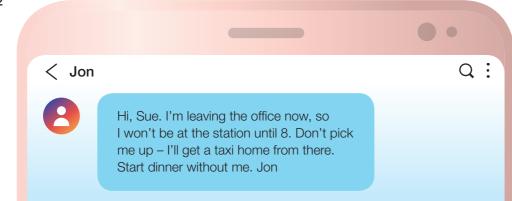
1



Free parking from 6 p.m. to 8 a.m., and on Sundays. At all other times, buy a ticket at the machine or text 00885.

- A You can only park when you buy a ticket.
- **B** It's not necessary to buy a ticket every day.
- C There is only one way to buy a ticket.

2



Jon wants Sue to

- A begin eating before he gets home.
- B meet him at the office after 8.
- **C** come to collect him from the station.

3

Meeting tonight has been cancelled due to snow and ice. Next meeting is not until Monday 15th. All members welcome then.

- A The next meeting will take place sometime before Monday 15th.
- **B** All members have to attend the next meeting unless it snows.
- C The weather is too bad for tonight's meeting to take place.

4

Pay for James Wilson's latest book in-store or online to get it as soon as it's published.

Other books half price.

- A You can buy all new books at a discount.
- **B** You can order the new book now.
- **C** You can only buy the new book online.

5

# **Prom:** Jack

Subject: Concert tickets

Hi Andy,

I've checked the ticket prices on the concert website and they're expensive. I'd rather see if there's a special offer on another site. I don't want to pay too much.

Jack

- A Jack is hoping that the tickets will be cheaper elsewhere.
- **B** Jack is suggesting that he will have to pay a lot for the tickets.
- **C** Jack is asking Andy to buy tickets for him for the concert.

#### **ABOUT THE TASK**

- In Reading Part 2, there are eight short texts. These texts are all on the same topic and have similar information and ideas.
- Some examples of the topics for the short texts might be holidays, courses, reviews of films and so on.
- You are given information about five different people who are all interested in the topics of the eight short texts.
- You match the information given in the texts with the appropriate person. There are three texts that don't match any of the people.
- There is one mark for each correct answer.

#### **Practice task**

1 For each question, choose the correct answer.

The people below want to visit a place near the sea.

There are descriptions of five places near the sea.

Decide which place would be most suitable for the people below.

1 Crista is keen on photography and would like to take photographs of wildlife. She loves walking by the sea, and hopes to find cheap accommodation with sea views.



2 Francesco is planning to swim in the sea and stay in a hotel on cliffs overlooking the ocean. He's also interested in finding out about how the town developed in the past.



# A Freshwater

If you're looking for water sports, this is the perfect place, and it's perfectly safe for all ages. There are other sports available, too, including tennis and badminton. There's live entertainment in the local theatre every night and an excellent museum for anyone interested in history. Our good-quality hotels provide luxury and the opportunity to relax.

# **B** Marineville

The water here is perfect for swimmers, so why not improve your diving skills with our experienced instructors? Our hotels have high standards, but are not expensive, and they're situated on the cliffs with fantastic sea views. There's a fireworks display on the beach once a month, too. For historians, information on the area can be found in the museum.

# **C** Stevton

This is the place to come if you're a keen photographer of landscapes as the views of the mountains behind the town are amazing. Why not stay in a hostel up there for a change? You can walk or cycle and enjoy the fresh air. For a special meal, try one of the mountain restaurants with amazing beef dishes.

# **D** Oldquay

Visitors love the views of birds from the cliffs, and if you're lucky, you can see dolphins, too. Make sure you have your camera so you can take that special picture of them. There are marked paths for walking or cycling. Anyone wanting to save money can stay on the campsite overlooking the sea and enjoy a barbecue. Why not have a swim, too?

# How did you do?

- Check your answers.
- 3 Look at the highlighted parts in the text about Oldquay in Ex 1. Match these with one of the two people. Check the answer.
- 4 Look at the description of Francesco in Ex 1. Tick the three things he wants.
  - swimming
  - a hotel with a sea view
  - fish restaurants
  - local history
  - evening concerts
- 5 Underline the relevant parts of the text about Marineville that match the things Francesco wants.

# Strategies and skills

# Understanding what someone wants, likes or needs

**TIP:** Underline the important information about each person. This helps you remember what you're looking for in the texts.

It's important to identify what each person likes, prefers, needs or doesn't want so you can match them with the right text.

- 1 Read the information about five people who are going to spend a weekend in the countryside. Underline the words that tell you what each person likes, dislikes, prefers or needs.
- 1 Jo loves spending time by lakes and mountains and is fascinated by plants and flowers. She can't afford to stay in a hotel so she is looking for a cheap hostel.
- 2 Ali is keen on seeing local wildlife, especially wildlife that lives in forests. He only likes exploring on his own, and taking photographs.
- 3 Clara loves being in the countryside but is afraid of high places. She prefers to stay in good-quality large hotels but hates being in crowds.
- 4 Leo would like to go camping because he loves being in the fresh air. He dislikes hotels and loves barbecues. He doesn't want to use a car and tries to cycle everywhere.
- 5 Ella is interested in joining a trip to a large national park. She wants to learn about wildlife so she needs a guide. She's happy to travel by bus but would like to spend time on foot in the forest.
- 2 Are the following statements true or false? Correct those that are false.
- 1 Jo is interested in animals.
- 2 Ali would enjoy being part of a group.
- 3 Clara doesn't mind paying extra for better accommodation.
- 4 Leo enjoys cooking outside.
- 5 Ella only wants to get around by bus.
- 3 Look at all the descriptions again. Which person
- 1 doesn't like being in the mountains?
- 2 hopes to do some walking?
- 3 likes to spend as much time as possible outside?
- 4 needs to take a camera?
- 5 hasn't got much money?
- **6** wants to avoid driving?
- 7 is keen to go with an expert?
- 8 doesn't want to be in a tour group?
- 9 is unhappy in a large group?
- 10 likes to be near water?



#### **SPEAKING BOOST**

#### Discuss or answer.

- 1 Describe your favourite place and why it is special to you.
- **2** What's the best way to travel around a city when you visit? Give reasons.

# Matching words and ideas

**TIP:** You may not see the same words in the profiles of the people and in the descriptions. Think about the exact meaning of each one.

The profiles of the people are often written in quite a general way. The information in the descriptions is more specific and includes details that help you match the description with the right person.

- 4 Match the general profile information (1-10) with the details (A-J).
- 1 Andi wants to do different sports.
- 2 Helen likes to get away from her busy city life.
- 3 Gina enjoys films.
- 4 Ali wants to buy a new book.
- 5 Sue wants to get fit.
- 6 Angel enjoys cycling.
- 7 Max would like to eat different types of food.
- 8 Maria wants to learn more about art.
- 9 Izner is disappointed with his photographs.
- 10 Isabel wants to stay in nice accommodation.
- A You'll have the choice of five large screens as well as a café.
- B Our cosy rooms are clean and comfortable.
- **C** Here you can choose from the latest best-sellers.
- D There are tennis courts and hockey pitches in the town.
- **E** There's a gym with various classes you can join for a fee.
- F Why not take a relaxing walk in the countryside?
- **G** We will study the work of people like Picasso.
- H The local restaurants serve dishes from all over the world.
- I There are bikes for hire near the museum.
- J After our course you'll take better pictures.

# **READING** - Part 2 Multiple matching

- 5 Read the profiles of two people who both want to have a winter holiday. What general information do you know about each person? Underline it.
- 1 Peter loves speed! His favourite sport is skiing but he's also good at skating. He has just started rock climbing and wants to learn more about it with experts. He can only afford to stay in a cheap hotel.
- 2 Jane isn't keen on exercise although she enjoys swimming. She likes the mountains because there, she can forget any stress in her life. She wants places to go in the evenings and likes buying things for friends.
- 6 Here are some details about things that are important for people who want a winter holiday. Match the details with Peter or Jane. There are two ideas you don't need to use.
- 1 There's a bus between different mountain resorts every day.
- 2 There are lessons with experienced climbing instructors.
- 3 Relax and enjoy the clean air of the mountains!
- 4 There are many places for meeting friends at the end of the day.
- 5 An indoor skating rink is open every day.
- 6 You can borrow equipment from the hotel reception.
- 7 Take part in races down the mountain slopes!
- 8 Enjoy the big indoor pool, which is open to everyone.
- 9 There are plenty of places to buy clothes and gifts.
- 10 The hotels are not expensive.
- 7 Complete the full descriptions of the best holidays for Jane and Peter using the words in the box.
  Which one is for Jane and which one is for Peter?

cheaper experienced pool races restaurants school shopping centre skating souvenirs theatre

Hotels here are (1) \_\_\_\_\_\_ than in other resorts. Skiers can take part in (2) \_\_\_\_\_ every Friday. There's no entry fee and everyone's welcome - as long as you're good! Alternatively, you can go (3) \_\_\_\_\_\_ . We've just opened a climbing (4) \_\_\_\_\_\_ so if you've never tried it before, why not come along? Our instructors are all very (5) \_\_\_\_\_\_ .

You don't have to ski to enjoy this beautiful mountain town in the winter. There are cafés and (6) where you can relax with friends at the end of the day and there's even a (7) with regular shows. If you're keen on swimming, there's a large indoor (8) and a (9) where you can find lovely gifts and (10)

# Identifying information that is not relevant

You should always choose the correct description for each person by deciding what that person wants or likes. However, if you are not sure, it can also be useful to identify information that is not relevant.

- 3 The people below all want to join a dance class. Read their profiles and choose the correct answer in each option.
  - 1 Ayesha wants to join a class that includes ballet and hip hop, although she's not interested in jazz. She would like to see some dance performances and take some dance exams.
  - 2 Hari can only attend classes in the evenings and is interested in modern dance and jazz. He wants to learn more about famous dancers.
  - 3 Maria wants to learn about music as well as dance. She is hoping that the classes will help her to keep fit and she's hoping to take part in some performances on stage.
- 1 What does Ayesha want to do?

A ballet B some modern dance C both

A watch dance shows B take part in them C both

A take exams B not take exams C have fun

2 What does Hari want to do?

A have classes in the B have classes in the C both

evenings mornings

A learn ballet B learn modern dance C learn both

A find out about B meet other dancers C both

famous dancers

3 What does Maria want to do?

A learn about music B learn about dance C both

A keep fit B get stronger C both

A perform in a show B watch a show C both

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# **READING** - Part 2 Multiple matching

- Answer the questions below about Text A in Ex 10.
- 1 Look the information about Ayesha. Does Text A mention any of the things she wants? If so, underline them.
- 2 Look at the information about Hari. Does Text A mention any of the things he wants? If so, underline them.
- 3 Look at the information about Maria. Does Text A mention any of the things she wants? If so, underline them.
- 4 Does Text A match any person completely?

**TIP:** If Text A does not give you all the information you need about one person or there is information in Text A that you have not underlined, then that information is not relevant so you can move on. The text you choose must match all the information in the profile of the person.

10 Text A does not match any of the three people. Now read texts B-E and decide which dance class would be most suitable for each person.

# **A All About Dance**

Have you ever wanted to learn modern dance? If so, these are the classes for you! Spend your Wednesday mornings in our school in the town centre and you'll feel healthier and happier for it. Although we don't enter students for any tests or put on any shows, the standard is very high and everyone has a good time.

# **B** Top Dance Studio

We are proud that some well-known dancers started their careers in our studio and they have become role models for our younger students. Some return and give talks about themselves and their careers and even teach some classes. We are only able to offer ballet classes during the day but classes in all other types of dance begin at 6 p.m.

# **C Point College**

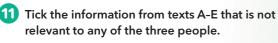
Although our teachers have some experience in all dance forms, our most popular classes are ballet. These classes take place during the day and at weekends and cost  $\mathfrak{L}25$  for two hours. We often organise trips to watch ballet, usually on Saturday evenings, and all students are welcome because we feel this helps them improve their own dancing technique.

# D Ann's Dance Academy

Our classes cover a range of dance types, including modern and more traditional. We want our students to reach the highest standards they can and get some qualifications that will give them confidence and also encourage them to improve. Every month we take students to the theatre to watch a show and we talk about the moves with them in our classes.

# **E Swan Dance School**

Of course dance classes are an excellent way to exercise and keep fit but we believe they are more than that. We teach students how to dance, help them understand what they are dancing to and how that makes them feel. Dance should be enjoyed by people doing it and also by those watching it, so we perform shows regularly. Everyone has the chance to take part.



- cost of classes
- music
- morning classes
- location of school
- exams



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#### **EXAM TASK**

#### For each question, choose the correct answer.

The young people below all want to join a club for people who enjoy films.

On the opposite page there are descriptions of eight film clubs.

Decide which club would be most suitable for the people below.

1



Jack wants a club where members get together regularly to discuss films face-to-face. He enjoys films with songs in them and likes to go on organised trips to watch a film.

2



Beth prefers serious films and doesn't like comedies or musicals. She wants to find out more about the background to films she watches and to get recommendations for other films.

3



Andy prefers independent films to famous blockbusters and wants to attend organised talks by directors and actors online. He enjoys posting his own reviews of films he's seen.

4



Carrie loves films about animals. She's very interested in the technical side of making films and wants to find out more about this. She wants to take part in an online discussion forum.

5



Josh wants to start his own blog about films he's seen. He loves science fiction and wants ideas from other fans for books to read with similar stories to the films.

#### Film clubs

#### **A Film Fans**

Our club meetings on Thursday evenings are social occasions as well as opportunities for serious discussion. The range of films we like is wide, from science fiction to musicals, and we publish the list of those we will watch every six months. Members are free to recommend films we can include in the following months.

#### **B Cinema Group**

We meet every Tuesday evening in the café of the local cinema. Members discuss films they've seen in the past online or in the cinema and talk about what they liked or didn't like about them. Once a month there's a trip to see a special film chosen by the group, which is often a musical and is always a fun event.

#### C Film Club

We arrange online question and answer sessions with directors and actors who introduce us to unusual and fascinating films, such as strange films about life in the future. They really make you think! There's a link on our website for members to write their opinions of films they've seen. On the whole, we prefer films from small companies to big blockbusters.

#### **D Film World**

Many of our members are fascinated by nature and will watch anything with wildlife in it. We explore the difficulties of making films like this and how these problems are solved by film-makers. There's a part of our site where users can chat about films they've seen and many members write their opinions on the general website so that we can all share them.

#### **E Screen Fans**

We welcome film fans who want to share their ideas and experiences. We meet weekly in the local cinema and after watching a film we write down our thoughts. These appear in the club's monthly newsletter for other members to discuss. We also have a monthly competition to win free cinema tickets.

#### **F Crazy About Films**

We're into any film showing life in the future or on other planets. We meet every month to talk about them and because they're often based on novels we talk about those, too, and suggest ones like them to read. It's great when members write up their own opinions of films and some have their own blogs, which we all enjoy reading.

#### **G** Watch It

Many members belong to the local wildlife association and there's a particular interest in watching films about the natural world. This includes scientific documentaries about the stars and life on other planets. We run competitions every month and occasional trips to local wildlife parks. Some people even show their own films of animal life or the stars!

#### **H Love Films**

We want to have fun but that doesn't mean watching funny films! We prefer dramas and we often meet and read the scripts together. Members research facts behind these, which helps us understand them, and we invite young directors to post online about their work. The site has an excellent recommendations section where members can add their ideas.

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#### **ABOUT THE TASK**

- In Reading Part 3, you read one long text. This could be about a person, an event, an experience, etc.
- There are five multiple-choice questions about the text.
   You choose the correct answer to each question from four options (A, B, C and D).
- Four questions ask about details, feelings, attitudes or opinions expressed by the writer or by someone mentioned in the text.
- The fifth question asks a question about the text as a whole.
- There is one mark for each correct answer.

#### **Practice task**

- 1 Read three paragraphs from an article about children and their use of technology such as tablets and mobile phones. For each question, choose the correct answer.
- 1 What does the writer do in the first paragraph?
  - A describe how tablets are generally used
  - B complain about the current cost of tablets
  - **C** remind readers of who uses tablets most
  - D question the use of tablets by young children
- 2 How does the writer feel about controlling children's use of tablets?
  - A He is glad that it is not done all the time.
  - B He is pleased when people recommend it.
  - C He regrets the lack of evidence for it.
  - **D** He is worried about the way it is often done.
- 3 In the third paragraph, the writer thinks that for young children, technology can be
  - A a useful way to learn.
  - **B** as good as a teacher.
  - **C** an easy way to contact friends.
  - **D** an enjoyable form of entertainment.
- **4** What would the writer say about the way tablets are used by young children?
  - A I wish people discussed the problem more so that it could be solved.
  - B I disagree with the idea that they should be used in schools.
  - C I realise there are advantages and disadvantages to children using technology in general.
  - D I don't like the way people often criticise young children who use them.

# How did you do?

- 2 Check your answers.
- 3 Look at the options in question 1 and paragraph 1 in Ex 1. Answer the questions below.
- 1 The writer mentions tablets but does he describe how they are used?
- 2 The writer mentions that tablets used to be expensive but is he complaining about this?
- 3 The writer says that tablets have advantages but does he remind readers about who uses them most?
- 4 The writer says that young children use tablets but does he say this is a good thing or does he question it?
- 4 Look at the highlighted parts of paragraph 2 and the options in question 2 in Ex 1 that each one refers to. Why is B right? Why are the other options wrong?
- 5 Look at the options in question 3 and paragraph 3 in Ex 1. Highlight the part of the text that refers to option A. Why is A the right answer?
- 6 Look at the whole text again. Ex 1 question 4 is asking about the writer's opinion in the whole text, not one particular paragraph. Think about his opinion throughout the article. Is he generally positive about tablets or negative?

# TECHNOLOGY AND YOUNG CHILDREN

Inventions tend to become cheaper as they become more widely used, and touch devices like tablets are much less expensive than they used to be. They're everywhere and offer enormous advantages in daily life for work and leisure. But now it seems that the age children are using them has become much younger. I've seen tiny toddlers swiping through apps as if it's the most natural thing in the world, and this may not be a good thing.

Some parents stop children under two from using technology and others limit how much they are allowed to use it. This may be because they know a child's brain is growing quickly under the age of three and are afraid that technology could damage it. Although there's no definite proof that technology has any negative effects like this, a young child might find using

technology more enjoyable than playing with other children and this could stop them making relationships and learning social skills. So even if children don't like it, it's not a bad thing when people suggest reducing screen time, and technical skills can be learnt when the child is older.

Some people say that far from limiting social development, technology gets children working, talking and problem-solving together. Clearly, if teachers use technology correctly, especially in the classroom, it can only improve a child's ability to learn. Using tablets must be fun for young children and even if they're only playing games with friends, becoming familiar with technology will prepare them to do well later on. Nevertheless, people who think that tablets are unsuitable for young children are still not convinced.

# Strategies and skills

# Identifying attitude and opinion

**TIP:** In the text, you won't read words such as 'worried' or 'happy' if they are in the options. You will read other words or phrases that tell you how the writer feels.

Questions ask about the attitude, feelings or opinion of the writer or of a person in the text. You need to think about the words people use to express their feelings and their opinions about something.

- 1 Look at the short blog below. Are statements 1-6 true or false? Underline the words that give you the answer.
- 1 Jose was disappointed by his trip to Australia.
- 2 Jose felt worried about travelling around.
- 3 Jose was annoyed by some other travellers.
- 4 Jose didn't like the traffic in the city.
- 5 Jose liked the beaches he visited.
- 6 Jose was surprised by the variety of wildlife he saw.

# **MY AUSTRALIAN TRIP**

I'd spent such a long time looking forward to my visit to Australia that when I finally got there it wasn't quite as good as I expected.

Obviously, Australia's a very big country and it took a long time to get from one place to another. Although that was boring sometimes it wasn't really a problem and it didn't make me feel anxious at all. One long journey I remember was on a bus and some of the passengers were playing really loud music the whole time. I hate it when people do that, especially when I'm trying to get some sleep! The traffic in the cities was pretty bad, too, which was a shame — it sometimes took ages to get out of the centre.

There were many great things about the trip, though. There were beautiful sandy beaches where I spent a lot of time, and the surfing there was amazing. I got quite good at it! I had several trips out into the countryside and I couldn't believe how many kangaroos there were in the wild – they looked really cute! I took loads of photographs of them.

- Read the sentences. Which word (A, B or C) describes how the writer felt?
- 1 I love travelling and I couldn't wait to get to the airport.
  - **A** disappointed
- **B** excited
- **C** nervous
- 2 I went to the cinema with my friend but I couldn't understand what was going on at all the story was so complicated.
  - A annoyed
- **B** worried
- **C** confused
- 3 I expected the course to be difficult and on the first day I wasn't sure I could do it.
  - A nervous
- **B** surprised
- **C** excited
- 4 The lecture seemed to go on for ages I just wanted it to end.
  - **A** sad
- **B** bored
- **C** keen
- 5 I was so pleased to get home after the long journey I was so tired.
  - **∆** hored
- **B** annoyed
- **C** relieved
- **6** The art gallery had so many beautiful pictures I've never seen such a wonderful collection.
  - A confused
- **B** impressed
- **c** frightened

3 Read the paragraphs and answer the questions about the writer's opinion.

I was convinced about doing the course because I love music and the chance to learn a new musical instrument was too good to miss. It was just a shame that the lessons took place on Saturday mornings so I couldn't go to hockey training then. I don't regret it, though.

- 1 What is the writer's opinion about the decision he made to do the course?
  - A It was a good one.
  - B It was difficult to make.

It's fun to eat in a new restaurant and when one opened in town I was keen to try it. The menu looked good and I decided to go with a group of friends. We booked a table and hoped to have a great evening. It didn't work out that way, though. The service was poor and the food was even worse. I shall do some research before trying anywhere new again!

- 2 What does the writer think about going to a new restaurant?
  - A It's always a good idea.
  - B It can be a mistake.

I had an accident at work and hurt my right wrist very badly. I'm right-handed, so suddenly doing even simple things became difficult. Getting dressed, using a pen, doing up buttons - these took ages, but the hardest thing was using a pair of scissors! I had a lot of help from my family and friends but they didn't realise how many problems I had.

- What does the writer think about having the injury?
  - A It was impossible for other people to understand the difficulties.
  - **B** It was necessary to ask for help in that situation.

#### **SPEAKING BOOST**

#### Discuss or answer.

- 1 What rules about the use of technology did you have when you were young?
- What are your favourite apps? What do they do and how often do you use them?

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# **READING** - Part 3 Multiple choice

# Understanding global meaning

**TIP:** In the exam, the last question refers to the whole text, not to one particular paragraph. You need to look for information in different parts of the text to find the answer and it will not be stated clearly.

Sometimes a writer doesn't state something clearly and you have to understand what they mean in general.

- 4 Look at the short paragraphs. They don't give an exact opinion. What would the writer say about each one? Choose A or B.
- 1 It rained all day so I couldn't do what I had planned. I stayed in the house and watched television. The day seemed to go on forever. I don't want to waste time like that again, even though some people might think it was nice not to feel any pressure.
  - A I felt so bored the whole day.
  - **B** It was a relaxing day when I did nothing.
- The match started well and all the players were trying really hard. At that point it was exciting to watch and I even thought we had a chance of winning. Then the other team scored a goal and from that moment everything went wrong. We were never going to win!
  - A I was disappointed about the way my team played.
  - **B** I enjoyed parts of the game.
- 3 The traffic was so bad on Saturday that it was difficult to find a parking space in the town. When I got to the shopping centre all the shops were really crowded and it was impossible to walk around without bumping into people. I didn't manage to buy anything I wanted and then it took ages to drive home!
  - A I wish I hadn't gone shopping.
  - **B** I like shopping in town on a Saturday.
- The holiday started badly, with the journey to the airport taking twice as long as normal because of the heavy traffic. Everyone was feeling annoyed by the time we actually got onto the plane. Then the flight was more uncomfortable than any other one I can remember and when we arrived at the resort it was raining they said it had never rained in July before!
  - A Going on holiday is usually an enjoyable experience.
  - **B** Long-distance travelling is never much fun.

# Reading for detailed comprehension

When you do the task, you should read each part of the text carefully. You then match the exact meaning of what you read with the meaning of one of the options.

- 5 Read the paragraphs carefully. Only one option (A-C) is true. Choose the correct option. Why are the others not true?
  - Roberto loves his job as a television presenter.
    When people ask him why, he has an immediate and definite answer it's never boring! There are disadvantages, of course, as there are with any job he works very long hours and there's always the pressure of having to look good on television but he loves all that. He just wishes the salary were higher!
    - A Roberto is glad that television presenters work at regular times.
    - **B** Roberto is satisfied that television presenters are paid well.
    - **C** Roberto is certain that a television presenter's job is always interesting.
- When Agnes was at school, she had lots of ideas about what she could do as a career but few of them seemed realistic. She was good at maths but not much else and her teachers thought she should become an accountant. That didn't seem like a good plan to her because her hobby was playing computer games and designing those seemed like more fun. Her parents weren't keen on that career for her, though.
  - A Agnes wanted to do what her teachers said.
  - B Agnes did well in different subjects at school.
  - **C** Agnes liked the idea of designing computer games.
- Max was really worried about getting everything ready for the party before all the guests arrived in two hours' time. He was starting to think it had been a mistake to invite a large number of friends all at the same time! The food was ready to be cooked on the barbecue but he still needed to decorate the garden, which was where everyone would sit. Luckily, it wasn't going to rain so he didn't need to think about putting up umbrellas!
  - A Max was excited about so many people coming to his party.
  - **B** Max was looking forward to having a party in his garden.
  - C Max was relieved about the weather conditions.
- I had never thought of trying to run a marathon but when one of my friends decided to give it a go, I thought 'Why not? How difficult can it be?' How wrong I was! I did six months' hard training and completely changed my diet so that I would become stronger. It wasn't easy at all! I was sure that I would be nervous on the day of the marathon itself but I knew that I had prepared well. And in the end I enjoyed it, even though I took more than four hours to finish!
  - A The writer was happy with the preparation she did for the marathon.
  - **B** The writer expected running the marathon to be difficult.
  - **C** The writer's friend convinced her to run a marathon.

# **READING** - Part 3 Multiple choice

# Identifying the writer's purpose

**TIP:** A writer usually has a purpose for writing an article or a letter.

# 6 Match the sentences 1-10 with the writer's purpose A-J.

- 1 I think we should meet at the cinema on Saturday.
- 2 The best thing is for you to take the job.
- 3 You should go and see the film it's great!
- **4** Why don't you come here for lunch tomorrow?
- 5 It was fun as it was hot and the beach was wonderful!
- 6 The ticket was expensive and the view was terrible!
- 7 Don't forget to buy some milk on your way home.
- 8 The house is red with a yellow roof.
- 9 Would you like me to cook the meal for you?
- 10 I'm sorry I was late yesterday.
- A to explain why they enjoyed a day out
- B to recommend a film
- c to complain about the cost of something
- D to suggest an arrangement
- E to remind someone to do something
- F to offer to help someone
- **G** to describe something
- H to give someone advice about work
- I to apologise for something
- J to invite someone for a meal

# 7 Look at the paragraphs below. What is the writer doing in each one? Choose A or B.

- I was really looking forward to the trip to the Arctic because I had always wanted to go there. You can imagine my disappointment when it was cancelled because of bad weather! I can understand the reasons but no one from the tour company got in touch to explain what was going to happen about rearranging the trip or a refund. I didn't like that at all.
  - A describing a disappointing holiday
  - B complaining about bad service
- The art gallery was really interesting, with interactive exhibits as well as the more usual paintings on the walls. My personal favourite was the lady with her horse, which you could move through computer graphics. It's a fun gallery to visit, especially for children, and well worth an afternoon's visit for the whole family.
  - A recommending a gallery
  - B reminding people about an exhibition

- 3 You came to my house last week and you were coming again tomorrow, but how about meeting in town instead? I've got to buy a present for my sister so you could help me with that. Then we could have lunch at that new restaurant. What do you think?
  - A inviting someone to lunch
  - B suggesting a different arrangement
- It was fun meeting yesterday and it was a shame that the traffic was so bad that I missed the first part of the film. I hope it didn't spoil the afternoon for you I'll set off earlier next time!
  - A explaining why the writer made a mistake
  - **B** expressing regret about the afternoon
- Hi, Janie! I'm really looking forward to seeing you next week. I've made lots of plans for us and we'll have a great time! Shall I meet you at the station when you arrive? That'll be better than you taking a taxi. Let me know!
  - A making Janie an offer
  - B giving Janie advice
- 6 Hi, Mo! I hope you had fun on your birthday and I'm sorry that I couldn't make it to the party in the evening. It was impossible for me to change the meeting at work, so I'm sure that you understand. I'll see you on Saturday as planned, anyway, and we can have our own small celebration then.
  - A apologising for missing Mo's party
  - B changing an arrangement with Mo



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#### **EXAM TASK**

For each question, choose the correct answer.

# My snowboarding experiences

Young snowboarder Maya Gonzales writes about her experiences.

I've always loved excitement and my parents encouraged me to try to be the best at everything I did. I started gymnastics when I was three and was winning competitions when I was six. By the time I was fourteen, I was finding it too easy. Doing the same routines was becoming boring and I needed a change. My family used to go skiing every year, so I could ski almost as soon as I could walk! So I convinced my parents to let me try snowboarding, which I thought looked harder than skiing. How right I was!

The first step was managing the board – it's not as easy as you might think. I felt I had lost control over my body and every time I fell over it was difficult to stand up again. In fact, I was sure that everyone was laughing at me, which wasn't a good feeling! But I had a good instructor and, once I learnt how to balance, I improved quickly. He said that my previous gymnastics classes helped me with that. Then I discovered there were tricks I could do on my snowboard. I decided I wanted to spend the winter learning to do these properly.

The first competition I entered was a real surprise. I was used to being a winner but this was a completely different experience. The standard was really high, which was a shock, and I was very nervous. Then one of the other competitors told me I had the talent to get to the top, although he didn't tell me how to do it. What he said made me feel more positive and although I only came tenth, it felt more like a small success. He also said he wasn't as good as me, which was kind of him!

Now I'm more confident, my aim is to win a national competition. I've got a new coach and I'm working on new tricks that really challenge me – they're often dangerous, but I love trying them. I know I have to take chances if I want to be the best. I really hope I can inspire other people to try it. It's a great sport and you'll have lots of fun, even if you don't ever do it in competitions!



# **READING** - Part 3 Multiple choice

- 1 Why did Maya decide to learn how to snowboard?
  - A to try something dangerous
  - B to overcome a fear
  - **C** to face a new challenge
  - **D** to please her parents
- 2 How did Maya feel when she started snowboarding?
  - A keen to learn more about it
  - B embarrassed about her lack of ability
  - **C** grateful for her gymnastics knowledge
  - D worried about getting injured
- 3 Maya says that a snowboarder who talked to her at her first competition
  - A gave her some good advice.
  - **B** made her feel better about the result.
  - **C** encouraged her to change her sport.
  - **D** showed her new moves to work on.
- 4 What is Maya doing in the final paragraph?
  - A recommending the sport to other people
  - **B** describing how she does her training
  - **C** explaining why she wants to be successful
  - D outlining ways of making the sport more popular
- 5 What might Maya say about learning to snowboard?
  - A I'm starting to lose that feeling of excitement when I snowboard and I worry if there are other competitors who are really good.
  - I knew exactly what would happen when I took part in my first competition, and I enjoyed it.
  - C I'm amazed I've been chosen to take part in the National Championships, especially as I've been dreaming of it since I was young.
  - D I don't get as anxious before competitions as I used to and I'm hoping to perform the tricks I'm learning at an important competition soon.

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#### **ABOUT THE TASK**

- In Reading Part 4, you read one long text. This may be about a person or an event.
- There are five sentences missing from the text.
- There are eight sentences (A-H) opposite the text.
   You choose which sentence fits each of the five gaps.
- You can only use a sentence once and there are three sentences you don't need to use.
- You need to think about how the text is organised and how ideas in it are linked together.
- There is one mark for each correct answer.

# **Practice task**

1 Four sentences have been removed from the text below. For each question, choose the correct answer. There are three extra sentences which you do not need to use.

# A So for that reason it's difficult to explain how cold it is there

- **B** It's not like anything you'll hear anywhere else.
- C There's a vast range of wildlife there, including whales, penguins and birds.
- **D** The best way to travel there is by boat.
- **E** People can only get there in spring when temperatures rise a little.
- **F** This is why it's expensive for tourists to visit the area.
- **G** More research is needed to discover whether any of these are active, though.

# **Antarctica:** The final frontier?

While nomads have always travelled from one place to another as a way of life, explorers have challenged themselves to reach isolated parts of the planet, and even beyond into space. But there's one place that remains largely untouched and that's Antarctica. There's one obvious explanation for this. (1) \_\_\_\_\_\_ That's when the sea ice melts. There aren't any towns or even small villages – just a few empty houses left over from old expeditions and some more modern buildings where scientists do research into things like climate change.

Although it's hard to find people in Antarctica, it's certainly not difficult to find other living creatures.

(2) \_\_\_\_\_ It may be difficult to see them, though, as the snowy landscape seems to go on forever.

Apart from the cold, what you'll notice first is the silence.

(3) \_\_\_\_\_\_ Some people find it too quiet! Travelling is pretty difficult even for those in search of adventure. There aren't any roads or marked routes. Instead, huge mountains reach high into the sky and enormous icebergs the size of skyscrapers float on the icy water.

Strangely, for such a cold place, scientists have discovered many volcanoes in Antarctica. In fact, there may be 91 of them under the ice. (4)

With so much to find out about the continent, it remains a fascinating place. More and more tourists are keen to see it for themselves, which could be a problem in this beautiful area of the planet.

# How did you do?

- 2 Check your answers.
- 3 Look again at extracts from the text in Ex 1 with the missing sentences in place. Look at the words in bold. What do they refer to?
- 1 But there's one place that remains largely untouched and that's Antarctica. There's one obvious explanation for this. People can only get **there** in spring when temperatures rise a little. **That's when** the sea ice melts.
- 2 Although it's hard to find people in Antarctica, it's certainly not difficult to find other living creatures. There's a vast range of wildlife there, including whales, penguins and birds. It may be difficult to see them, though, as the snowy landscape seems to go on forever.
- 3 Apart from the cold, what you'll notice first is the silence. It's not like anything you'll hear anywhere else. Some people find it too quiet!
- 4 Strangely, for such a cold place, scientists have discovered many volcanoes in Antarctica. In fact, there may be 91 of **them** under the ice. More research is needed to discover whether any of **these** are active, though.

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# Strategies and skills

#### **Pronoun references**

**TIP:** Think carefully about pronouns and what they can refer to.

Pronouns can refer back to words or ideas already mentioned or can refer forwards to ideas that are mentioned later.



- 1 What do the pronouns in bold refer to? For each question, choose A or B.
- Some of my friends are doing part-time jobs in cafés. None of them are having much fun, though.

A my friends

- **B** cafés
- 2 My mother advised me to work in another country for a short time. That's what she did **herself** when she was young.
  - A my mother
- **B** me
- 3 I had a holiday in France last year. It was wonderful because the resort was such a beautiful place.
  - A the resort
- **B** the holiday
- 4 I'd love to visit Australia but it's a problem getting **there** because the flight is so long.
  - A the flight
- **B** Australia
- 5 Although **this** may change in the future, it's surprising how cheap international travel is at the moment!
  - A how cheap international travel is
- **B** the future
- **6** Although I can't afford to rent any of **them**, I'd still love to live in one of the apartments with views of the river.
  - A views of the river
- **B** the apartments
- 7 My teacher advised me to study music but I wasn't sure I wanted to do **that**. I didn't think I was good enough.
  - A I wasn't good enough
- B study music
- 8 A friend I hadn't seen for years phoned me last night. **This** was a lovely surprise!
  - A my friend's phone call
- B an old school friend

2 Complete the sentences with the pronouns in the	n the	in th	the	the	he	ıe	ا ڊ	b
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1 I hadn't been \_\_\_\_\_\_ before so it took me ages to find the restaurant.

it them there these they

this

- 2 I always post blogs whenever I travel and my friends like reading
- 3 My sister was good at maths and so I asked \_\_\_\_\_ for help.

here

her

- 4 Our week at the beach was great fun and all the family loved
- 5 Although \_\_\_\_\_ were expensive, we decided to get tickets for the concert anyway.
- 6 You can see foxes in cities, although wild animals like \_\_\_\_\_ can be quite shy.
- 7 Many students learn new vocabulary by heart and \_\_\_\_\_ is something they find useful.
- **8** We've been standing \_\_\_\_\_\_ for ages and there's no sign of the bus!
- 3 Read the extracts. For each question, choose the correct answer, A, B or C.
- 1 I felt very worried about moving to a new city because I thought I might not make friends, I might be lonely and I would probably keep getting lost. It was completely unnecessary! I made many friends, wasn't lonely and never got lost!

'It' refers to

- A feeling very worried.
- **B** moving to the new city.
- c making friends.
- 2 Nowadays, everyone has a mobile phone, which they use absolutely everywhere. For example, people often text as they walk along the road, even though **this** can be a dangerous thing to do!

'this' refers to

- A using a phone everywhere.
- B texting while walking.
- **C** walking along the road.
- **3** 'Can you tell me how to get to the station, please?' I asked a man at the bus stop.

'Go to the corner and turn left at the bank. You can't miss it!' he answered.

'it' refers to

- A the bank.
- B the corner.
- **C** the station.
- 4 I love going to watch my local football team play, although the fans can sometimes be rather loud.

**That**'s not a problem for me when my team scores a goal, though!

'That' refers to

- A scoring a goal.
- B the noise fans make.
- **C** watching the local team.

# **READING** - Part 4 Gapped text

- One of the sentences (A or B) can follow each short extract. Use the pronouns and reference words to help you choose the correct one.
- 1 Dancing is an activity that lots of people enjoy. The combination of music and movement brings happiness not only to the dancers but also to anyone watching their performance.
  - A Their hobby is popular with people of all ages.
  - **B** It's a very special thing for everyone to experience.
- 2 People understand two things about keeping fit that you have to do regular exercise and that it's also important to eat healthy food.
  - A Both of these things are good and have equal benefits.
  - B Their ideas have positive benefits, including staying fit and healthy.
- 3 It's said that Christopher Columbus first brought cocoa beans back to Europe between 1502 and 1504, but it was Joseph Fry in 1847 who discovered that he could mix cacao butter with Dutch cocoa and make bars of chocolate.
  - A This was the start of the chocolate bar as we know it today.
  - B This one became popular in England very quickly.
- Although not everyone realises this, in some places cross-country skiing is more popular than other more extreme winter sports, for a variety of reasons.
  - A It's something you can't do without a teacher.
  - B It's cheaper, safer and you don't need a mountain to do it.
- 5 My sister heard nothing from the company until three weeks after her job interview. Then she received a letter.
  - A It said she had got the job and could start the following week.
  - She thought about calling the company to ask whether she had got the job.
- 6 The resort had lots of things to do, such as swimming, canoeing and rock climbing.
  - A We tried all these during our stay there and had a great time.
  - B It was a very big place, which we rather liked.

### **SPEAKING BOOST**

#### Discuss or answer.

- 1 Describe a travel experience that you would like to have.
- 2 What films or television programmes have you seen about a journey or an expedition?

# General points and supporting information

TIP: Writers sometimes give an example to show what they mean or to explain something like an opinion more clearly.

- 5 For each extract, choose the correct linking phrase. Is the text after the linking phrase giving an example or explaining an opinion?
- 1 I worked in the leisure centre for three months but I knew after the first week that it wasn't the right job for me because there were some things I didn't like. Obviously, / For example, I hated working at the weekends even though I had nothing else to do then.

#### example / opinion

2 Different things can change how we feel, like / in other words, music can make us feel happy or sad. Jazz always makes me happy!

#### example / opinion

3 We're encouraged to think about the environment more and not drive our cars on short journeys. Fortunately, / Clearly, there's a great bus service where I live so it's not a problem.

#### example / opinion

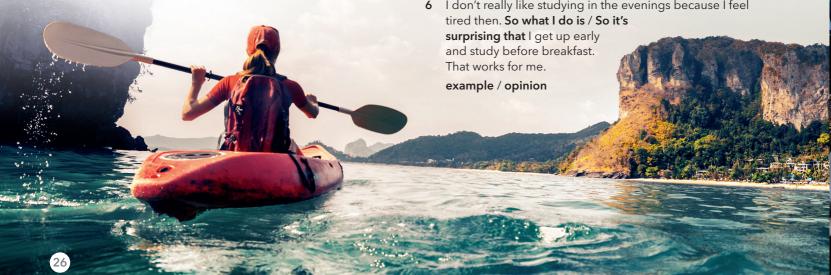
4 Ice cream can be good for us! Although it does contain cream and sugar, which aren't healthy. Luckily, / Unfortunately, it does still give us calcium and vitamins, so if that's true, it means I can eat lots of it!

#### example / opinion

5 The weather changes my mood - if it's raining, I feel sad. I'm lucky / I'm unhappy to live in a place where it doesn't rain very often!

#### example / opinion

6 I don't really like studying in the evenings because I feel tired then. So what I do is / So it's



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# **READING** - Part 4 Gapped text

Some sentences add more information to what has gone before and others introduce a new idea which is connected to the previous sentence.

- 6 Decide which sentence (A-F) follows each of the sentences 1-6. Does each one add more information or introduce a new idea?
- 1 He's a very talented singer who became famous after winning a competition on television.
- 2 Most of the hotel was very modern, with a new swimming pool and restaurant.
- 3 Some people feel depressed in the winter when it's cold.
- 4 People can lead unhealthy working lives.
- 5 I feel very optimistic about the future.
- **6** When I travel by plane I always feel nervous.
- A They might work very long hours and not see their family very much.
- B I don't mind travelling by boat though. In fact, I find it guite relaxing.
- C It's interesting that many people who come second in such competitions go on to be more successful than the actual winner.
- **D** Unfortunately, the bedrooms were still rather old.
- E That's because I'm sure we'll solve the climate problems, because scientists are working hard on it.
- F Most people when asked would probably say that spring or summer is their favourite time of year, when temperatures are warmer and the days are longer.

# Checking text coherence

**TIP:** When you have chosen the sentences for the exam task, read the whole text again to check that it makes sense.

A student has done this short task but has chosen the wrong answers from the options A-F. What has the student done wrong? What are the correct answers?

# Working as a **stage manager**

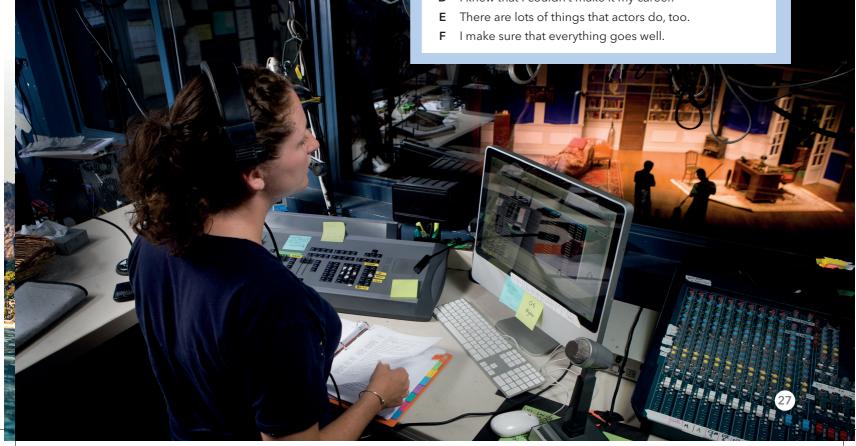
I love the theatre. I've wanted to be an actor since I was a child but sadly I just wasn't good enough. I did try and went to drama school for several years, but my teachers were honest with me.

(1) B I was upset about this at first and thought I would have to give up my dreams. Then someone suggested becoming a stage manager. (2) D I investigated and it looked perfect for me.

So what does a stage manager do? Everything! Obviously, I'm not on the stage, though – I'm the most important person behind the scenes. (3) \_C To do this, I need to know about everything that happens in your theatre. I have to be good at communication, organisation and solving problems. I also have to do practical things in the theatre. (4) \_A If anything goes wrong, then it's my job to fix it. I always have to be ready for surprises!

A stage manager must be good with people and enjoy working with others, which I do. But for me, the best part of the job is the excitement I've always felt about being in a theatre – I love it.

- A It's a job that pays well.
- B I didn't know what this was.
- C For example, I've cleaned the stage, made costumes and put up scenery.
- **D** I knew that I couldn't make it my career.



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### **EXAM TASK**

Five sentences have been removed from the text below. For each question, choose the correct answer. There are three extra sentences which you do not need to use.

# A pilot's life

The state of the s
I always knew I wanted to be a pilot so as soon as I finished school I started applying to different airlines to join their training courses. I was offered an interview with two different companies.  (1) Luckily, I did much better the next time and the company accepted me.  There was a lot to learn on the course and it was more stressful than I expected, but I enjoyed it.
After years of training and studying, I'm now qualified as a professional pilot and the job has lots of advantages. (2) I've been to hundreds of interesting places and I often stay in som of them for a couple of days between flights. In spite of that, though, there are some negatives. If I'm in an amazing place, there's no one to share it with. Also, if I go to the same place regularly, it gets boring.
My job affects my social life, too. My working days aren't fixed, which means I'm often free during the week when my friends or family are busy at college or work. (3) It's not all bad, though, because it does mean that I have the opportunity to develop new interests.
Surprisingly, the lack of routine can have unexpected consequences. It means I have to make a special effort to take care of myself. (4) Organising that can be difficult when I'm travelling so I always make sure any hotel I stay in has a pool or gym.
Do I regret anything? I wish I had more qualifications that are not connected with flying.  (5) Because of that I'm now taking an online business course in my free time but it's hard to fit everything in. I do know I'm lucky, though, and I have a dream job!



# **READING** - Part 4 Gapped text

- A There will certainly be other destinations to explore after that.
- E That's why I eat healthy food and do exercise like running.
- **B** That's no fun because I have to do stuff on my own!
- **F** The most obvious of these is travelling all over the world.
- C Unfortunately, I was nervous and did badly in the first one!
- **G** They would give me opportunities for a new career when I stop flying.
- **D** It generally surprises people when they discover how long it takes.
- H That's a difficult journey to describe to other people.

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#### **ABOUT THE TASK**

- In Reading Part 5, you read one short text. Six words are missing from the text.
- There are four possible options (A, B, C and D) for you to choose from to fill each gap.
- The gaps test your understanding of vocabulary and collocation.
- There is one mark for each correct answer.

# **Practice task**

Read the first paragraph of a text about a visit to some waterfalls in South America. For each question, choose the correct answer.

# My visit to Iguazu waterfalls

When I went on a trip to South America I was looking to seeing the Iguazu waterfalls because I had heard how amazing they were. When we got there, the noise of the water was incredible! My friends wanted to ride the small boat which took visitors up to the biggest fall. The captain gave us special waterproof clothes \_ on because he said we would get very wet. I'm (3) \_\_\_ \_ on having exciting experiences but as we got closer to the falls the noise of the water was frightening. We had to shout to each other! Some people were trying to take photos but I could only hold on tight to the boat. The trip only (4) a short time but I was happy when it was over!

**A** forward **B** ahead C through **D** advance

A get **C** put **B** work **D** carry A fond **B** keen **C** interested **D** fascinated

A went **B** made **C** kept **D** lasted

# How did you do?

Check your answers.

3 Look at the four answers again. Which one is

A a verb?

an adjective followed by a preposition?

c part of a phrasal verb?

part of a fixed phrase?

Look again at the options that were wrong in Ex 1 questions 1-4. Choose the correct option to complete each of the sentences below.

1 A Ilooked \_\_ \_ the kitchen window and saw the postman standing outside.

B The small boat went \_\_\_\_\_ of all the other larger boats.

C I booked my train tickets well in \_\_\_\_\_ my trip.

\_\_\_\_\_ on in life and make money 2 A I want to \_\_ so I work hard now.

B I need to \_\_\_\_\_ on my English grammar to improve it - it's not very good.

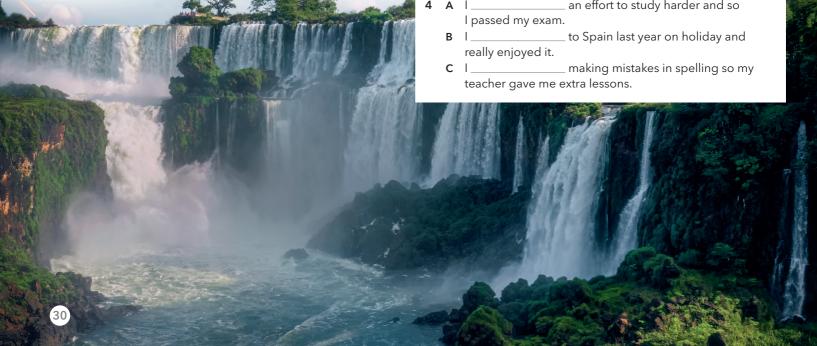
C I'm going to \_\_\_ on playing for the football team even though my friends have given it up.

by science fiction and 3 A My brother is \_\_\_\_ would love to go into space.

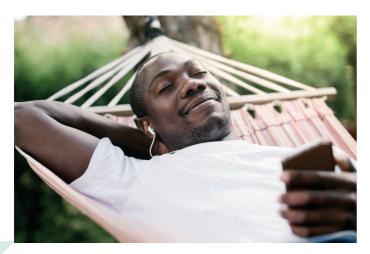
**B** I'm very \_\_\_\_\_ of travelling - I do it whenever I can.

C My sister is \_\_\_\_\_ \_\_\_\_\_ in history and often goes to museums.

an effort to study harder and so I passed my exam.



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# Strategies and skills

# Verb phrases

**TIP:** When you learn a new verb, learn the words it can be used with.

The same verb can be used in many different phrases but it may have a different meaning.

1 Complete the sentences with the verbs in the box.
Use each verb twice.

come do hold make take

- 1 It's good to \_\_\_\_\_\_ a favour for a friend and help them when they need it.
- 2 It took me ages to \_\_\_\_\_\_ a decision about which car to buy.
- 3 I'm going to try to \_\_\_\_\_ my best in the interview because I really want the job!
- 4 It's good to \_\_\_\_\_\_ a chance sometimes and not worry too much about it.
- 5 I hope your dreams will \_\_\_\_\_\_ true and you'll be successful in your new career.
- 6 People often \_\_\_\_\_ mistakes with grammar when they start to learn a new language.
- 7 The tennis club is going to \_\_\_\_\_ a competition for new players.
- 8 The concert will \_\_\_\_\_ place on Saturday in the football stadium.
- 9 I was so pleased that I didn't \_\_\_\_\_ last in the race!
- **10** Everyone should \_\_\_\_\_ on tightly if they have to stand up on a moving train.

# **SPEAKING BOOST**

#### Discuss or answer.

- 1 In what situations do you listen to music on your own? In what situations do you listen with friends?
- 2 Are there any sounds that you dislike? Give examples.

#### **Prepositional phrases**

**TIP:** Always read the words after the gap carefully. There may be a preposition that helps you choose the right option.

- 2 Read the sentences and look at the highlighted prepositions. Choose the word that goes in front of each preposition.
- 1 I'm very pleased / satisfied / proud of my new flat.
- 2 I sometimes feel **nervous** / **frightened** / **worried** of a thunderstorm, which is silly!
- 3 I often make nice pasta but I'm not very good / curious / fond at cooking other things.
- 4 I'm fascinated / interested / keen in science fiction.
- 5 I'd never seen / noticed / heard of this book before but it's really exciting to read.
- 6 I don't mind what we do this evening it depends / goes / decides on what you want to do.
- 7 He's always **talking** / **saying** / **informing** about his new house.
- 8 My home town is **beautiful** / **famous** / **different** for the big castle on the hill.
- 9 I'm satisfied / excited / interested with the way I played in the match last week!
- 10 I was disappointed / sad / miserable with the film I wish I hadn't gone to see it.

**TIP:** The preposition may sometimes come in front of a gap.

3 Complete the sentences with the prepositions in the box.

	at by for in (x2) of on to
1	be honest, I actually enjoyed the film.
2	I love going holiday in the summer.
3	I often get up late so I'm usually a hurry to catch the bus.
4	My sister once left the oven on for hours mistake. It could have been dangerous!
5	I enjoy spending time home because I can relax there.
6	I often choose to eat fish and chips lunch - it gives me energy.
7	It's a good idea to take some warm clothes when you go on holiday, but course you may not need them!
8	I don't know him very well fact, I didn't

meet him until recently.

# **READING** - Part 5 Multiple-choice cloze

# 4 Match the sentence beginnings (1-6) with the endings (A-F).

- 1 It was really exciting to meet the actor in
- 2 My brother was so tired
- 3 When I met my new colleague, we had a lot in
- 4 I was impressed he could learn vocabulary by
- 5 My sister was worried
- 6 It's so typical
- A common and got on really well.
- B of my cousin to arrive late!
- c person, but sadly she wasn't very friendly.
- **D** about taking her driving test, but she passed it first time.
- **E** of studying that he decided to leave college and get a job.
- **F** heart so easily because I find it difficult.

# 5 Correct the mistakes with the prepositions in bold.

- 1 The view from my room in the hotel is similar **from** my friend's.
- 2 My friends always complain at the food there I don't know why they don't go to a different restaurant!
- 3 I lent my book **for** a friend but he forgot to give it back.
- 4 The manager apologised in the long delay with our order.
- 5 Have you ever argued with your friends for politics?
- 6 Whenever I go to a sports event there's always a tall person standing **on** front of me!

# Verbs related to clothes and other verb collocations

TIP: It's helpful to learn words in topic areas.

6 Complete the sentences with the words in the boxes. You may need to change the form of some of the words and there is one extra word in each box that you do not need.

#### Clothes

fit hang iron match suit try

1 I want my clothes to \_\_\_\_\_\_ well because if they're too big or too small they look terrible.

2 I hate \_\_\_\_\_\_ clothes - I have better things to do with my time!

3 I never wear black - the colour doesn't \_\_\_\_\_ me at all.

4 I always \_\_\_\_\_ my clothes in the wardrobe when I take them off at night.

5 People look smart when their clothes \_\_\_\_\_

if all the colours are different they don't look nice.

Work attend do leave put take work **6** When you're at work, it's important to regular breaks. 7 Many students \_\_\_\_ \_\_\_ part-time when they're at college. I'm sure I can \_\_\_ \_ my new job well - I feel very confident about it. I have to \_\_\_\_\_ a meeting with my manager first thing on Monday morning. **10** I try to \_\_\_ \_\_\_\_\_the office early on a Friday afternoon if I can. Sport compete do enjoy go join keep fit by running three times a week. **11** I try to \_ 12 It's hard to find enough time to \_\_\_\_ \_\_ exercise regularly. **13** I'd love to \_\_\_ \_ a hockey club but I don't think I'm good enough. **14** My friend wants me to \_ swimming with her but I hate cold water! 15 It's good for children to \_ against each other in sports competitions at school. Entertainment and free time browse download have play record stream

browse download have play record stream

16 I'd love to be able to \_\_\_\_\_\_ a musical instrument, but I can't.

17 There are apps you can \_\_\_\_\_ connected with any hobby.

18 Most people I know have stopped buying CDs because they \_\_\_\_\_ music instead.

19 Everyone should \_\_\_\_\_ a hobby that they can do to relax. Mine's playing computer games!

20 Most people waste a lot of time \_\_\_\_\_ the internet - I know I do.

#### Education

do follow get make pass study

21 I wish I had \_\_\_\_\_\_ another language at school but I only did English.

22 It's important to me to \_\_\_\_\_\_ this exam otherwise I can't go to college.

23 The worst thing about my course is how much extra research I need to \_\_\_\_\_\_ . I'm always in the library.

24 I'm hoping to \_\_\_\_\_ a good qualification at

the end of my course.I always \_\_\_\_\_ notes in lectures so that I can remember the main points.

# **READING** - Part 5 Multiple-choice cloze

#### Daily activities

	brush catch follow have make put
26	It's easier to manage the working week if you have a routine to
27	I get up early to a bus to college at seven o'clock.
28	I always my bed before I leave home in the morning,
29	I can't imagine leaving home without my teeth!
30	One of the most relaxing things is

### **SPEAKING BOOST**

#### Discuss or answer.

- 1 What's your favourite item of clothing and your favourite pair of shoes? Why are they your favourite?
- 2 Describe a recent shopping experience.

a shower before going to bed.

# Easily confused words

**TIP:** Some words have similar meanings and are easy to confuse. Think about the exact meaning of each word, how it is used and any prepositions or collocations it has.

# 7 Choose the correct word to complete the sentences.

- 1 You can see beautiful **scenery** / **nature** in the mountains but it can be dangerous when the weather changes.
- 2 Please **remind** / **remember** your scarf when you go out it's cold today.
- 3 In my **opinion** / **idea**, people don't think about the environment enough.
- 4 Why don't you **come** / **go** round to my house tonight and have a meal with me?
- 5 Can I **borrow** / **lend** your umbrella, please? It's raining.
- 6 I never know where my car keys are I'm always losing / missing them!
- 7 It'd be great to **work** / **job** for an international company I'd like to work abroad one day.
- 8 The train **travel** / **journey** from Cambridge to London doesn't take long.



/ (		Choose the correct word	/A D\+.		and the second control of
V C	•	Choose the correct word	(A-D) to	o combiete	each sentence.

1	The good.	from	n my seat in the	stadium wasr	n't very
	A scene	B view	<b>C</b> sight	<b>D</b> look	
2	If you	fru	iit in the fridge,	it usually lasts	s longer.
	<b>A</b> keep	<b>B</b> hold	<b>C</b> carry	<b>D</b> get	
3	-	re always takin them on	ng photos of thir line.	ngs they're do	oing and
	<b>A</b> sending	<b>B</b> posting	<b>C</b> giving	<b>D</b> delivering	g
4	The singer _ was only 15.		her first albui	m in 2016 wh	en she
	<b>A</b> brought	<b>B</b> displayed	<b>C</b> recorded	<b>D</b> presente	d
5	The teacher she wanted		the student	s about the h	omework
	A told	<b>B</b> said	<b>C</b> explained	<b>D</b> describe	d
6	London is a the world.	popular	for	tourists from	all over
	<b>A</b> travel	<b>B</b> trip	<b>C</b> excursion	<b>D</b> destination	on
7	The first relia	able	records	of the castle	
		the tenth cent	•		
	<b>A</b> old	<b>B</b> historical	<b>C</b> antique	<b>D</b> past	
8		travel by plane board with you	e if you only u.		_ hand
	A fetch	B lift	<b>C</b> take	<b>D</b> bring	

#### **Phrasal verbs**

A in

**B** on

The missing word may be part of a phrasal verb. You may be given verbs or prepositions to choose from.

# ? Choose the correct word (A-D) to complete the phrasal verb in each sentence.

1 The last thing I do before I go to sleep is the light.				off
	-	<b>B</b> get	<b>C</b> go	<b>D</b> make
2		clothes online bore I buy them.	ecause I can't _	
	A do	B get	<b>C</b> try	<b>D</b> keep
3	I always try to deciding wha		a probl	em carefully before
	A on	<b>B</b> at	<b>C</b> about	<b>D</b> for
4	Whenever ou	ve look		
		<b>B</b> after	C out	<b>D</b> about
5	I want to try a hockey.	new sport, so I a	am going to tak	re
	A down	<b>B</b> on	<b>C</b> about	<b>D</b> up
6		to me to that the flat is ti		rything away in the
	A get	<b>B</b> put	<b>C</b> take	<b>D</b> carry
7	The meeting very tiring!		on until the e	vening - I found it
	A went	<b>B</b> moved	<b>C</b> got	<b>D</b> took
8		n't have time to p		nis competitions

C up

33

**D** through

# **EXAM TASK**

For each question, choose the correct answer.

Indoor skydiving
Have you ever wanted to try skydiving but felt too scared to do it? If you can't bring yourself to jump out of a plane but still (1) about trying it, then indoor skydiving may be the answer.
Although it (2) the name of the extreme sport, indoor skydiving isn't really the same. You go into a wind tunnel which creates conditions you might experience if you jump out of a plane but because this activity is done under carefully controlled conditions, it's safe for anyone who wants to part. You wear special clothes including goggles and a helmet, and ear plugs because it's noisy inside the tunnel. One benefit of being indoors is that the weather can't (4) any problems!
An instructor (5) after you on your first flight but then you can start to fly with less help while still being safe. I felt very (6) of myself after I flew! It's a worldwide sport which is safe but exciting for people of all ages.

1	Α	imagine	В	create	С	hope	D	dream
2	Α	combines	В	shares	С	mixes	D	gives
3	Α	keep	В	bring	С	take	D	get
4	Α	cause	В	make	С	have	D	begin
5	Α	sees	В	looks	С	works	D	helps
6	Α	pleased	В	satisfied	С	happy	D	proud

#### **ABOUT THE TASK**

- In Reading Part 6, you read one short text. Six words are missing from the text.
- You have to decide on the correct word to fill each gap and you write this word in the gap.
- The gaps test your understanding of grammatical words such as prepositions, pronouns, articles, auxiliary verbs, question words and so on.
- You must spell the word you write correctly.
- There is one mark for each correct answer.

#### **Practice task**

Read the first paragraph of a text about daydreaming. For each question, write the correct answer. Write one word for each gap.

# Daydreaming – good or bad? People often think daydreaming is a bad thing. They say that those (1)\_ \_ do it are wasting time - that students daydreaming in class \_\_\_\_\_ not interested in their studies and people daydreaming at work are doing their jobs badly. But is this actually true? Sometimes people daydream in order to relax and give themselves (3) \_\_\_\_\_ break. Then, when they come back to their task, they can focus on it better. People usually know when they need to concentrate and how (4)\_ \_\_ do this. Some scientists say that if you have a difficult problem to think about carefully, daydreaming may be a positive thing. They suggest that our brains become (5) \_\_\_ not less, when we daydream and that we may find the answer to the problem by daydreaming.

# How did you do?

- 2 Check your answers.
- 3 Look at the answers you wrote in the gaps (1-5) in Ex 1 again. Which answer is
- A part of a verb?
- B a relative pronoun?
- **c** part of a comparative?
- D an indefinite article?
- E part of an infinitive?

# Strategies and skills

#### Relative clauses

1 Complete the sentences with the relative pronouns in the box.

that	what	where	when	which	who
whos	se wh	y			

- I live in a small village \_\_\_\_\_\_ everyone knows each other.
- 2 My sister is a person \_\_\_\_\_ loves to play tennis.
- 3 I have no idea \_\_\_\_\_\_ to do on Saturday now that my friend isn't coming to stay.
- 4 We were late so the show had already started \_\_\_\_\_ we arrived.
- 5 During the course I studied with Joe, a teacher \_\_\_\_\_ special interest is ancient history.
- 6 I wasn't sure \_\_\_\_\_\_ the tour was cancelled and no one could tell me the reason.
- 7 The hotel, \_\_\_\_\_ was located in the town centre, was fantastic.
- 8 The show \_\_\_\_\_ I had originally intended to see was sold out so I couldn't get tickets.

#### **SPEAKING BOOST**

#### Discuss or answer.

- 1 What time do you usually go to bed? Is it the same in the week as at weekends?
- 2 In what situations do you find it difficult to get to sleep? What can you do to help?

# **Articles and quantifiers**

2 Complete the paragraph with a, an or the.

# My country life

When I woke up it was very early in (1) \_ morning. I got out of bed, went to (2) \_ kitchen and made myself (3) cup of coffee. It was going to be (4) very hot day and I could hear birds singing in (5) \_ trees outside my window. I love living in countryside, even though I have fewer opportunities for entertainment. I used to enjoy evening out with friends, though now I think it's more of (8) advantage to be able to do things like walking and cycling! I think I'm healthiest I've ever been and don't regret (10)\_ thing about moving here.

- 3 Choose the correct word to complete each sentence.
- 1 We had to run because we didn't have **many / much** time before the bus came.
- 2 I only have a **little** / **few** work to do this weekend so we can go to the beach.
- 3 I don't think that **many** / **few** people are coming to the party.
- 4 I need to get **some** / **any** bread next time I go to the supermarket we don't have **any** / **many** in the cupboard.
- 5 Only a few / little students get the top grade.
- 6 The jewellery she buys can cost as **much / many** as £2,000, which is a **lot / lots** of money!
- 7 I've lost my purse so I haven't got any / some cash on me. Can you lend me some / lots?
- 8 I find grammar a **little / much** difficult so I try to do a **few / many** exercises every night.

# **Comparing**

- 4 Rewrite each sentence with the word in brackets in the correct place.
- 1 Jodie wears smart clothes that she always looks elegant. (such)
- 2 Most sports cars are expensive for people like me to buy. (too)
- 3 I'm not hungry to eat a big meal at the moment. (enough)
- 4 The tram was crowded that I had to walk home. (so)
- 5 The second film was as good as the first one, in my opinion. (not)
- 6 The important thing for me is to do well at college. (most)
- 7 Some people think that dogs are friendly than cats. (more)
- 8 I haven't finished my project yet it's harder I thought. (than)
- 5 Match the sentence beginnings (1-8) with the endings (A-H).
- 1 I was so busy reading
- 2 I didn't realise that there would be so
- **3** The hotter the day,
- 4 Jose is now one of the world's
- 5 I love the film I've seen it
- 6 I didn't know how difficult
- 7 I was cold walking home because it was
- 8 The job would be perfect for someone

- A like my friend Elena.
- **B** that I missed my station.
- **c** most popular actors.
- D such a snowy day.
- E the course would be.
- F the more difficult it is to stay cool.
- **G** more than ten times.
- H many people at the concert.

## **READING** - Part 6 Open cloze

6 Complete the paragraph with the words in the box.

as less like most same such than the

# Computers?

Many studies have been done on whether computers can think in the (1) \_\_\_\_\_ way as people. But do people ever think like computers? Computers are obviously (2) best at some things, (3) maths or remembering information, but they are (4) \_\_\_\_\_ skilful at identifying objects. The \_\_\_\_ difficult thing for them is that they can only recognise what they have been programmed to see. So for example, if little changes are made to a picture of a car so that it looks something else, the computer can no longer recognise it. It's easy to think that people would not make the same mistake and would do better (7) \_\_\_\_\_ the computer but strangely,

# Linking words and expressions

**TIP:** Read the whole sentence before you choose the linking word.

8	Choose the correct word (A, B or C) to complete each
	sentence.

1	travelling by bus can be slow, it s				
	for the environm	ent.			
	A Although	<b>B</b> But	<b>C</b> However		
2	I wasn't keen to g	go to the festival	the	е	
	tickets were so e	xpensive.			
	A unless	<b>B</b> because	<b>C</b> whereas		
3	We took my frien	d to the castle _	she		
	could see the pa	intings there.			
	A so that	<b>B</b> since	C where		
4	The winter is real	ly cold here	the		
	summers are hot	•			
	A if	B when	<b>C</b> but		
5	There is a weekly	market where yo	ou can buy fruit and		
	vegetables,	·			
	A after	<b>B</b> and	C too		
6	We chatted to ea	ich other	we were		
	waiting in the qu	eue.			
	A while	<b>B</b> unless	<b>C</b> for		

### **SPEAKING BOOST**

#### Discuss or answer.

computer.

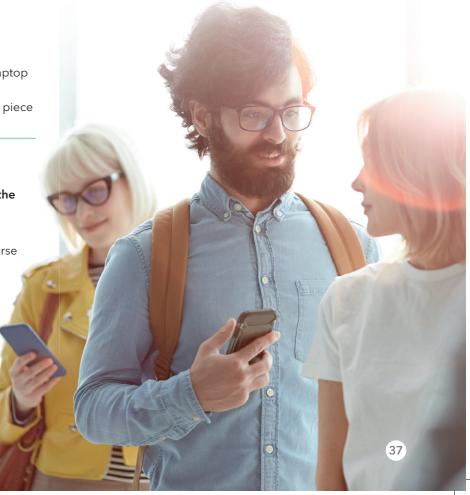
1 In a typical day, what do you use a mobile phone, laptop and/or tablet for?

when a group of people were shown the same picture they were as bad (8) \_\_\_\_\_ the

2 Have you ever lost a mobile phone, laptop or other piece of technology? What happened?

#### **Future forms**

- 7 Find and correct the mistakes with future forms in the sentences. Two sentences are correct.
- 1 Harry is going have his hair cut tomorrow.
- 2 Violet has decided she won't doing the college course next year.
- 3 I don't feel well so I think I'll go home now.
- 4 I was going to cook but I think I'll to get a takeaway instead.
- 5 I promise I'll being there on time tomorrow!
- **6** I going to study tonight so I can't come to the cinema after all.
- 7 The train leaves at ten o'clock so don't be late!
- 8 I'll helping you with your computer problem if you like.



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#### **EXAM TASK**

For each question, write the correct answer. Write one word for each gap.

# Why are extreme sports popular?

Extreme sports like free climbing or big wave surfing seem to be thrilling and, in comparison, more traditional sports (1) \_\_\_\_\_\_\_ as golf or tennis may seem rather boring. But why are they becoming so popular?

The reason seems obvious – people want excitement and some find this by doing extreme leisure activities like bungee jumping. But this explanation is not (2) \_\_\_\_\_\_ whole truth for people who take extreme sports very seriously. These people are real athletes (3) \_\_\_\_\_\_ train hard, prepare well and are experts in their chosen sport.

So (4) \_\_\_\_\_ is the explanation for the increasing interest in extreme sports? Solo rock climbers speak (5) \_\_\_\_ using all their senses as they climb – hearing every tiny sound and feeling every movement around them. They describe it as an unusual and positive experience. So it's \_\_\_\_ the excitement or the danger that makes them do it but the feeling of being alive.

