

5

Being kind

Play with a friend.
Say the sentence when you
land on a photo.

*I tidied up
the rubbish
yesterday.*



Stop the clock!

Can you complete the table in two minutes?

I can...

share	_____	_____	_____
tidy up	_____	_____	_____
paint	_____	_____	_____





Imagine with
Sam

Where are the... ?

Food 1: _____

Food 2: _____

Think. Write two foods you can bake.
Then choose four character names.

Now, put your chosen food
and names in the play.



Boy 1: _____

Boy 2: _____

Girl 1: _____

Girl 2: _____

In the living room.

[Girl 1] _____ : Hi, _____ [Boy 1]. When did you arrive?

[Boy 1] _____ : I arrived at five o'clock.

[Girl 1] _____ : What did you bake?

[Boy 1] _____ : I baked some _____ [Food 1] and
a lot of _____ [Food 2] to share.

In the kitchen.

[Girl 1] _____ : Where did you put them?

[Boy 1] _____ : They're on the table... Oh no – they're not there!

_____ [Boy 1] is trying not to cry. _____ [Girl 2] and
_____ [Boy 2] arrive. _____ [Girl 2] opens the cupboard.

[Girl 2] _____ : Your party food is safe. I'm looking after my little brother,
_____ [Boy 2]. He's very hungry!

_____ [Boy 2] points to the food, now on the table.

[Boy 2] _____ : Shall I help you to eat the _____ [Food 1] and the
_____ [Food 2] now?

_____ [Girl 1], _____ [Boy 1] and _____ [Girl 2]
laugh and smile.

[Boy 1] _____ : Yes, you can!

Act out
the play with
friends!



The big interview

I'm going to interview

- my friend
- my brother
- my sister
- _____



Smile, you're on television!

Hi, _____! What did you do today?

Did you smile today? Yes / No

Why did / didn't you smile?

Did you laugh today? Yes / No

Why did / didn't you laugh?

Did you _____ today? Yes / No

Why did / didn't you _____?



CODE CRACKER

a	● —	n	— ●
b	— ● ● ●	o	— — — —
c	— ● — ●	p	● — — — ●
d	— ● ●	q	— — — ● — —
e	●	r	● — — ●
f	● ● — ●	s	● ● ●
g	— — — ●	t	—
h	● ● ● ●	u	● ● —
i	● ●	v	● ● ● —
j	● — — — —	w	● — — —
k	— ● —	x	— ● ● —
l	● — — ● ●	y	— ● — — —
m	— —	z	— — — ● ●

My favourite band posted a new song on the internet and I liked it. What's it called?



● — — — ●	● — — — ●	● — — — ●	● ● — — ●	— ● — —	● — — ● ●
—	● ● ● ● ●	● ● ●	— ● — —	● — — ●	● ● ●



Explore with Alex

Our world

What did you do to help your family, school or neighbours this month?

- I walked a dog.
- I tidied up the rubbish.
- I donated my old toys or clothes.
- I carried shopping for _____.
- I looked after my _____.
- _____.
- _____.
- _____.



Let's volunteer!



cleaning

painting

visiting people

collecting money

What skills can you offer a community project?

I am good at _____.

Do it yourself!

Find out about a project in your community. What did they do this year?

The project is called _____.

This project is cool brilliant amazing.

This year, they _____ because _____.

_____.

My kindness journal

Read and think.
Then add your own ideas.

My 10-day Kindness plan

Day 1
Tidy up the rubbish.

Day 2

Day 3

Day 4

Day 5
Make food for my family.

Day 6

Day 7

Day 8

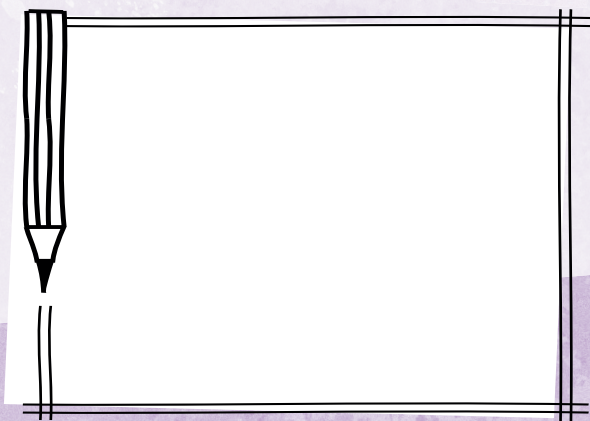
Day 9

Day 10

Choose your favourite kindness day.
Draw and write.




How did you feel?

When I helped,
I was _____
because _____.



My favourite activity in this unit:

My favourite fact in this unit:

This unit makes me feel   

because _____

