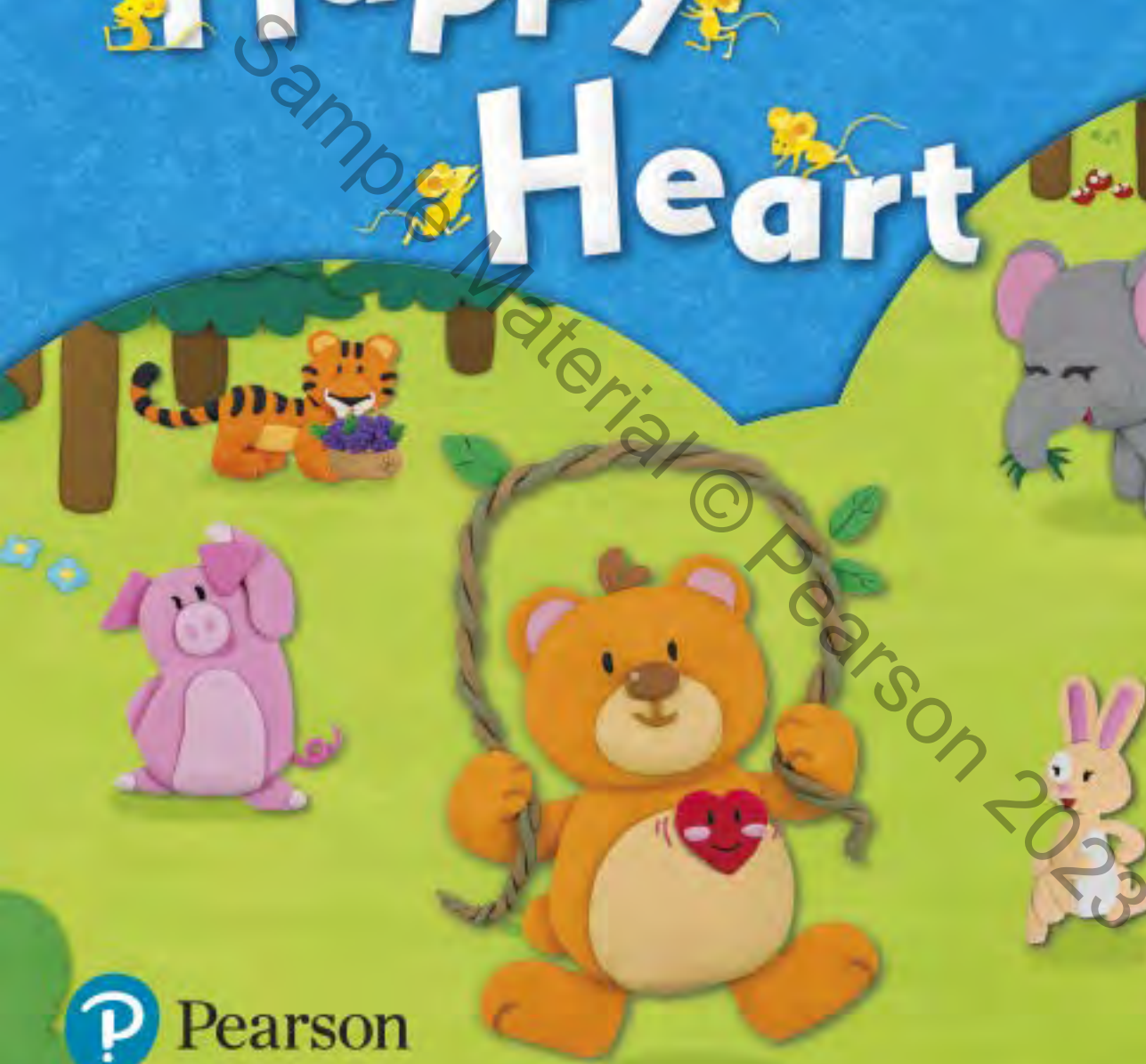




# Happy Heart



Pearson





2

‘I am hungry. I need food,’ says Ben.



'I am full. I need to sleep,' says Ben.





‘Wake up, Ben! You need to exercise,’  
says the heart.



‘Wake up, Ben! You need to exercise,’  
say the animals.



Sunday

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Let's jog together,' says Ann.