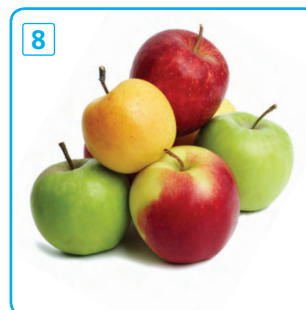
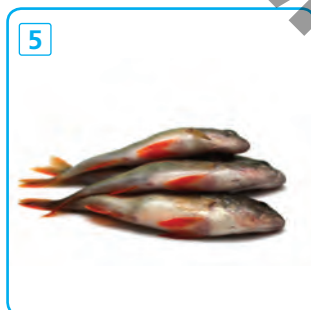
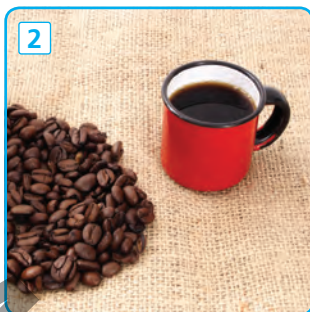
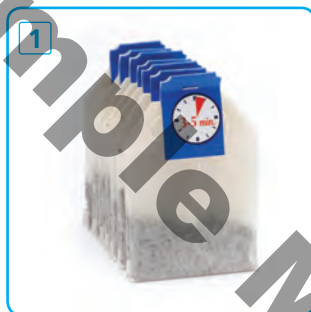


Food

Worksheet 21

Look at the pictures. Can you say the words?



Look at the words. Write the number.

- | | |
|------------------|------------------|
| a potatoes | e apples |
| b bread | f rice |
| c coffee | g tea |
| d fish | h tomatoes |

Write the words again. Look, say, cover, write, check.

- | | |
|----------------|------------------|
| 1 tea | 5 fish |
| 2 coffee | 6 potatoes |
| 3 bread | 7 tomatoes |
| 4 rice | 8 apples |

Write about you.

Look!

I like tea.

I don't like apples.

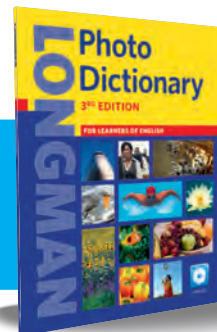
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Food

Worksheet 22

Look at the pictures.
How many words do you know? Tell your partner.



Now check in the *Longman Photo Dictionary*. Write the words.

- | | | |
|---------|---------|----------|
| 1 | 5 | 9 |
| 2 | 6 | 10 |
| 3 | 7 | 11 |
| 4 | 8 | 12 |

What fruit and vegetables
do you like? Tell your partner.

I like carrots.

I don't like apples.

Look!

one potato – two potatoes
one tomato – two tomatoes
one peach – two peaches
one strawberry – two strawberries

I like apples.

I don't like bananas.

I like apples **and** oranges.

I like apples, oranges **and** pears.

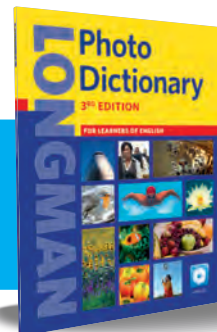
Write some sentences about what you like
and don't like. Choose other words from the
Longman Photo Dictionary if you want.

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Food

Worksheet 23

At the supermarket

Ask your partner: How often do you go to the supermarket?
What do you buy every week?

Look at the pictures. What do you buy? Tell your partner.



bread
wine
milk
chicken
beer
pasta
eggs
tea
butter
fish
fruit juice
coffee
cheese
rice
meat

Check in the Longman Photo Dictionary. Write the words.

- | | | |
|---------|---------|----------|
| 1 | 5 | 9 |
| 2 | 6 | 10 |
| 3 | 7 | 11 |
| 4 | 8 | 12 |

Look!

I buy milk **every** week.
I **usually** buy tea.
I **sometimes** buy coffee.
I **never** buy beer.

Now write some sentences about what you buy and don't buy.

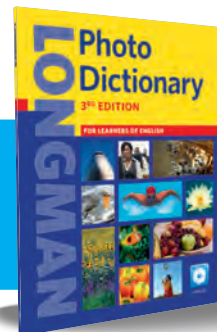
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Food

Worksheet 24

Healthy eating

Which foods do you like? Tell your partner.

Which foods are healthy? Write the words in two lists.

Healthy

Not healthy

carrots
tomatoes
hamburgers
sausages
oranges
chips
chocolate
apples
orange juice
cakes

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Look!

Oranges are healthy.
Chips are not healthy.
Oranges are good for you.
Chips are bad for you.

Read the sentences. Tick (✓) or cross (X) for you.

Then ask your partner. Tick (✓) or cross (X) for your partner.

Is it healthy? Tick (✓) or cross (X).

- 1 I eat fruit and vegetables five times a day.
- 2 I drink coffee five times a day.
- 3 I eat a lot of potatoes, rice and pasta.
- 4 I eat cakes and chocolate every day.
- 5 I eat chips every day.
- 6 I drink one litre of water or fruit juice every day.
- 7 I eat a lot of bread.
- 8 I put a lot of butter on my bread.
- 9 I eat sausages and hamburgers every day.
- 10 I drink a lot of cola.
- 11 I drink a lot of alcohol.

| You | Your partner | Is it healthy? |
|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
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| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Now read the text. Check your answers. Were you right?

HEALTHY EATING

- Eat a lot of fruit and vegetables. Eat five portions a day.
- Potatoes, rice and pasta are good for you. You can eat a lot of them.
- You can eat a lot of bread, but don't put a lot of butter on your bread.
- Drink a lot. You can drink water or fruit juice, but don't drink a lot of coffee.
- Don't drink cola. It has a lot of sugar.
- You can drink a little alcohol but not a lot.
- Don't eat chips, sausages and hamburgers. They make you fat.
- Don't eat a lot of cakes and chocolate. They have a lot of sugar and they make you fat.

