

**Where can a
BTEC in Health
and Social Care
take me?**

Discover the careers you can pursue with your BTEC qualification

A BTEC in Health and Social Care can give you the practical skills and knowledge to progress to your chosen career. With qualifications designed for working in the healthcare sector, your BTEC can prepare you for real-life working experiences.

Take a look at the varied health and social care sector roles a BTEC can lead to.

Nurse



As a nurse you'll be performing a range of healthcare tasks in a variety of potential settings - from nursing homes to hospitals. You'll be working with patients, families and other professionals to deliver the best care and support. Your role would include recording medical information and performing clinical tasks such as taking blood or dressing wounds.

Skills you'll need:

↗ Compassion

↗ Communication

↗ Problem-solving

↗ Courage

↗ Commitment

↗ Good with numbers

Relevant BTEC:

Both the Health and Social Care and the Health and Social Care (Health Studies) pathways at BTEC National level will help you to progress to a Nursing degree. In particular, Unit 3: Anatomy and Physiology will help you gain a basic understanding of how the human body works.

Midwife



The role of the midwife is very diverse. You might work in hospitals, clinics, health units, community settings and midwifery units alongside other healthcare professionals including GPs, health visitors and social workers. You'll support mothers and their families throughout the childbearing process - which includes during and after pregnancy. Midwives are normally the lead health professional for women giving birth.

Skills you'll need:

↗ Social skills

↗ Work independently

↗ Patience

↗ Communication

↗ Organisation

↗ Collaboration

Relevant BTEC:

Both the Health and Health and Social Care pathways at BTEC National level will help you to progress in this field. In particular, Unit 3: Anatomy and Physiology will help you gain a basic understanding of how the human body works.

Social Worker



As a social worker, you'll be supporting a variety of people with different needs, including older people, those with physical disabilities, learning disabilities, and mental health conditions such as depression, anxiety, schizophrenia and personality disorders. You may need to work closely with schools, probation services, police and health services. Your role could include assessments to ensure individuals are receiving the right care, intervention for support and safeguarding, writing records and keeping reports.

Skills you'll need:

↗ Communication

↗ Work under pressure

↗ Organisation

↗ Problem-solving

↗ Empathy

↗ Collaboration

Relevant BTEC:

All units for the BTEC National in Health and Social Care are relevant, but Unit 11: Psychological Perspectives, will give you a good understanding of the types of perspectives that may be used.

Youth Worker



The role of the youth worker is to organise and oversee community programmes for young people between the ages of 11 and 25. You will be working with children and young people from various backgrounds and putting young people's interests at the heart of what you do. Your role might include managing projects, organising events, fundraising, producing reports, budgeting, liaising with parents, schools and the community.

Skills you'll need:

↗ Reliability

↗ Communication

↗ Resilience

↗ Project
management

↗ Organisation

↗ Creativity

Relevant BTEC:

All units for the BTEC National in Health and Social Care will support you, but Unit 1: Human Lifespan and Development will give you a good understanding of how individuals develop.

Psychologist



Psychologists can work in a range of different specialisms such as: sports and exercise, clinical, educational, counselling, neuropsychology, occupational, forensic or criminal. Your day-to-day tasks will depend on which of these specialisms you work in, but it might include things such as helping people resolve problems or working with patients diagnosed with mental health conditions.

Skills you'll need:

↗ Patience

↗ Communication

↗ Empathy

↗ Organisation

↗ Work
independently

↗ Research

Relevant BTEC:

All units for the BTEC National in Health and Social Care are relevant, but completing Unit 11: Psychological Perspectives will give you a good understanding of the types of perspectives that may be used.

Healthcare Assistant



As a healthcare assistant, you'll be helping patients with a variety of day-to-day tasks such as showering, dressing, eating and using the bathroom. You may also perform basic clinical tasks like taking patients' temperature or pulse.

Skills you'll need:

↗ Patience

↗ Attention to detail

↗ Communication

↗ Collaboration

↗ Empathy

↗ Good listener

Relevant BTEC:

Both the Health and Health and Social Care pathways at BTEC National level will help you to progress in this field.

Support Worker



A support worker's role is essential to helping vulnerable people live happy and independent lives. You may provide physical care such as bathing, toileting, dressing and feeding. You'll be helping with the daily living skills like shopping and budgeting and support individuals to participate in leisure and creative activities.

Skills you'll need:

↗ Communication

↗ Collaboration

↗ Empathy

↗ Motivational

↗ Supportive

↗ Patience

Relevant BTEC:

All units for the BTEC National in Health and Social Care will be relevant, but completing Unit 12: Supporting Individuals with Additional Needs could be very useful.

Occupational Therapist



Occupational therapists work with people with physical, mental or social disabilities, to help them do everyday activities. Your role will involve spending time with individuals to help them with their day to day life, including facing any challenges that might come up. You may find yourself helping to adapt a person's home or vehicle to suit their needs, advising housing departments on mobility issues, or helping people cope with adjusting to their disability.

Skills you'll need:

↗ Communication

↗ Work
independently

↗ Collaboration

↗ Empathy

↗ Organisation

↗ Interpersonal

Relevant BTEC:

All units for the BTEC National in Health and Social Care will be relevant, but completing Unit 12: Supporting Individuals with Additional Needs could be very useful.

Physiotherapist



Your role as physiotherapist will require you to use a variety of techniques and therapies to treat patients who are affected by physical problems resulting from illness, injury, ageing or disability. You'll provide therapeutic physical exercise, collect statistics, write reports and liaise with health professionals. You might work in a hospital, sport clinic, gym or nursing home.

Skills you'll need:

↗ Communication

↗ Work independently

↗ Collaboration

↗ Time management

↗ Holistic thinking

↗ Patience

Relevant BTEC:

All units for the BTEC National in Health and Social Care would be relevant but a good knowledge of Unit 3: Anatomy and Physiology would give you a basic knowledge of the human body.

Speech and Language Therapist



As a speech and language therapist, you will work with both adults and children. You will support people with difficulties communicating. You might work with children whose speech is slow to develop or with older adults whose ability to speak has been affected by illness or injury.

Skills you'll need:

↗ Communication

↗ Empathy

↗ Problem-solving

↗ Patience

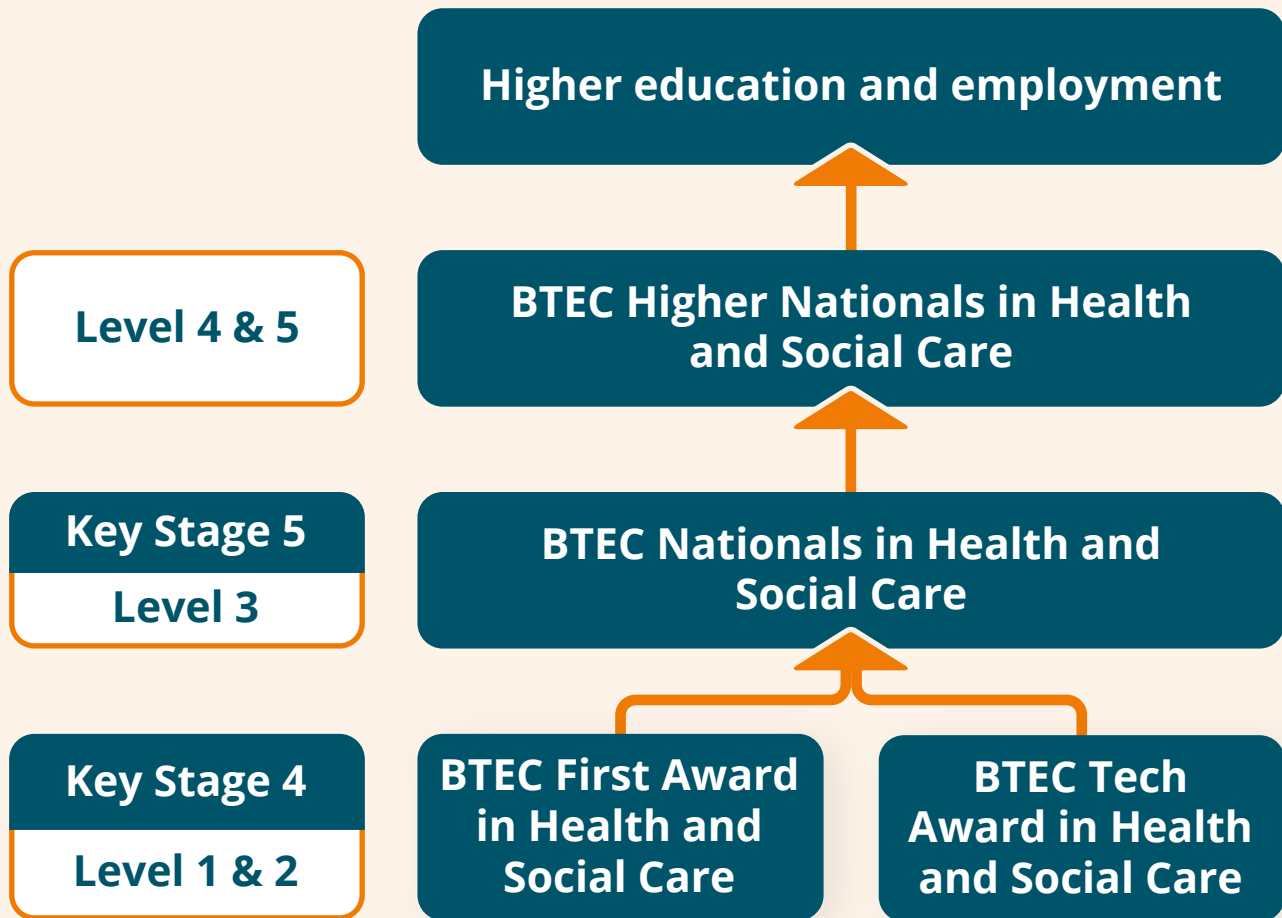
↗ Motivational

↗ Collaboration

Relevant BTEC:

All units for the BTEC National in Health and Social Care are relevant, but Unit 5: Meeting Individual Care and Support Needs includes useful communication theory.

Progression Routes



Get started with BTEC

If you'd like to find out more about how a BTEC in Health and Social Care can help you pursue your goals, visit our website to find out about:

- all qualifications available to you
- helpful resources
- how to get started