

Becoming a midwife with BTEC Health and Social Care



Martha Fofanah completed her BTEC Level 3 National Extended Diploma in Health and Social Care and is now a midwifery student at University of Nottingham.

What did you like most about your BTEC course?

Learning about the health needs of everyone from different backgrounds and ages. Biology was also covered in this course but specific to the body and health, and I have always loved understanding the science around different health needs.

What are your plans for after university? Could you tell us about a memorable experience you've had during your degree so far?

I qualify in the summer and I have already got a job at the Royal Berkshire Hospital. A memorable experience from third year as a nearly qualified midwifery student is looking after a woman with the same name as me who spoke Spanish. At the time I was learning to speak Spanish and she made it her duty to help teach me some Spanish whilst I took care of her during labour. We built an amazing bond and I had the opportunity to deliver her baby that same shift.

When did you know you wanted to become a midwife?

I was 11 and my dad was a paramedic at the time. Being the daddy's girl that I am, I looked up to him and also had the passion to help people in hospitals. Alongside my mild

obsession with babies, I figured midwifery covered both of those aspects and it's an amazing feeling to help facilitate childbirth.

What piece of advice would you give to anyone thinking about a career in midwifery?

Ensure it is something you are passionate about. Midwifery stands on the basis of providing compassionate, holistic care to women and their families which often means you put their needs before your own. If you truly have a passion, the hard days won't cause you to stumble because you gain the satisfaction of knowing you are creating a positive impact in the lives of the people you care for.



Martha Fofanah
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Former BTEC Health and Social Care student

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