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## Level 3 Award in Education and Training

South London & Maudsley  
NHS Foundation Trust

In early 2024, Störm and Kane spoke to us about their **Level 3 Award in Education and Training with Pearson TQ**. They both work for South London and Maudsley NHS Foundation Trust (SLaM) and completed their course in 2023 in the same cohort. They shared their experiences of how the programme was delivered, how it has helped them progress in their career, and how it has benefitted their employer and colleagues.

Pearson TQ also works closely in partnership with SLaM to deliver their management apprenticeship programmes, offering a seamless route for progression, from aspiring leaders to middle managers.

**Störm Janssen is a Lead Peer Recovery Trainer for SLaM Recovery College**

**Kane Coxon, is a Tobacco Dependence Advisor at SLaM**

### About the course

The Level 3 Award in Education and training is a nationally recognised foundation-level teaching qualification, and it is tailor-made to empower healthcare educators. Whether nurturing healthcare minds, driving educational initiatives, or shaping the future of learning, this course equips learners with essential skills and knowledge.

The course is delivered over four days face-to-face and one remote session; through theoretical instruction, discussion and practical interactive activities. Upon completion, learners have the proficiency to create engaging lessons, foster an inclusive learning environment, and contribute to the growth and development of their students. ▶

If you'd like to find out more about the training we offer, just let us know and we'll be in touch.

**Get in touch with our team**

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## Can you tell us why you decided to do the Level 3 Award in Education and Training?

**Störm:** "I was already a trainer, but I'd never had any kind of formalised training other than in-house with the team that I currently work with."

"It consolidated a lot of my existing knowledge, but also reminded me of things that I may have forgotten."

**Kane:** "It caught my eye as I had an interest in education and training."

"We had a lot of opportunity to discuss the nuances of how we would apply things in our practice. It was really useful, and it made for rich discussions throughout the training."

## How was the programme delivered? Did it meet your needs?

**Störm:** "It was delivered really well, I enjoyed the tutors. Their knowledge and experience just shone through every session, and they made everyone feel at ease and comfortable. I appreciated the online sessions too."

**Kane:** "Having that hybrid approach was useful as a lot of the main learning happened whilst we were in that group, and it made for more rich discussion. But then the parts of the course where we needed a bit of time to be able to work on the portfolio and have those discussions with our tutors were done on the days that were online."

## Do you feel that your welfare has been considered by Pearson TQ and your employer?

**Störm:** "No concerns there. I felt very supported by the tutors - if I expressed any concerns or worries, they would make reasonable adjustments. They felt very supportive."

**Kane:** "It felt like a really supportive environment."

"Not that I had any issues, but if I had, I would have felt quite comfortable to raise them with the tutor."

## Can you tell me about your current role and how the course has helped you?

**Kane:** "My role now is a Tobacco Dependence Advisor. It involves working with patients to support them with tobacco dependence, trying to help them to quit if they wish to, or just to make them feel more comfortable whilst they're in hospital if they don't want to make a quit attempt."

Part of that is health education, but also a more formal education aspect where I'd be teaching or training other health professionals about how to support their patients with their quit attempts.

The course has been really useful to help me structure some of the content, and to think about how to fit it in to a busy work environment. Also, thinking about the environment where the teaching is happening."

**Störm:** "The qualification has enabled me to apply for and gain a more senior position."

I'm now 2 bands higher, so I skipped a band and jumped right up, which I would not have been able to do without this qualification. My current role is the Lead Peer Recovery Trainer. We're getting a lot of students with a whole variety of learning needs and neurodiversity, and it will help me to support them."

## Did the practical side of your course help you in your role?

**Kane:** "Doing the micro-teach was really beneficial, though that was actually one of the challenges as well. You wanted to be able to present a good piece of work but keep to the structure, trying to use as many of the approaches as you can to make it robust. Being able to use that in practice has been really useful." ▶

**Störm:** "That was the most useful part of it for people who haven't done that sort of thing before. Looking at case studies or thinking about learning needs - that part was what really helped me to think about putting it into action."

## What have you most enjoyed about the course?

**Kane:** "Meeting different colleagues from different areas of the Trust was great. I thought that the tutors were really knowledgeable. It's been a long time since I've spent whole days doing lessons, and the time actually flew by - it was really interactive. It was hard work and challenging, but in a positive way. I enjoyed the whole experience, and I would do it again."

**Störm:** "It was nice to meet other people and get peer learning, as well as learning from the tutors. I enjoyed the tutors' relationship with each other as well, they bounced off each other well. Their interactions with each other helped the whole class feel at ease and able to relax and get to know one another. Meeting the cohort and the tutors were just brilliant."

## How do you feel your employer has benefitted from you doing this course?

**Kane:** "I certainly feel a lot more confident in being able to deliver educational packages and training, and being able to upskill other members of staff - which is important for the Trust. Essentially, they've gained a trainer, so that has a massive knock-on effect."

It's also good for general motivation of staff. If you've got a workforce that's that feels supported, you're more likely to stay in the Trust."

**Störm:** "I feel the same as Kane here. It has built my confidence in the other areas, not just the actual teaching, but preparation and thinking about student needs. It helps me support my students, which will then have a huge benefit for the Trust. It's also encouraged other members of my team to do the course."

One of the things I really enjoyed that the actual classroom sessions felt really informal, despite the fact that it was clearly formal learning.

This kind of course can really build and develop skills and knowledge in a team. It's always going to be beneficial for the Trust to have their staff more knowledgeable and skilled up to do their jobs, and potentially progress into to other roles as Kane and I have both done. ■

If you'd like to know more about this course or our other training programmes, including apprenticeships, just let us know and we'll be in touch to discuss your options.

**Get in touch with our team**

