Each Most Difficult Concept has an accompanying Adaptive Pathway in the Revel reading experience.

Chapter 1: Psychology as a Science
- Correlations
- Experiments

Chapter 2: Neuroscience and the Biology of Behavior
- The Action Potential
- Neuroanatomy and Brain Function

Chapter 3: Sensation and Perception
- Psychophysics
- Subliminal Perception and Persuasion
- Theories of Perception

Chapter 4: Consciousness
- Brain Waves and Sleep
- Drugs and Dependence

Chapter 5: Learning
- Classical Conditioning
- Operant Conditioning
- Schedules of Reinforcement

Chapter 6: Memory
- Components of Memory
- Neuroanatomy and Memory

Chapter 7: Cognition and Language
- Heuristics
- Language Structure
- Broca's Area and Wernicke's Area

Chapter 8: Intelligence
- IQ Scores
- Gene-Environment Interactions and Correlations

Chapter 9: Development
- Theories of Cognitive Development
- Moral Development

Chapter 10: Motivation & Emotion
- Maslow's Hierarchy of Needs
- Theories of Emotion

Chapter 11: Human Sexuality & Gender
- Gender Theories
- Sexual Orientation

Chapter 12: Stress & Health
- The Physiological Stress Response
- Psychoneuroimmunology

Chapter 13: Social Psychology
- Attribution Bias
- Cognitive Dissonance

Chapter 14: Personality
- Psychoanalytic Theory
- The Science of Personality

Chapter 15: Psychological Disorders
- Approaches to Understanding Psychological Disorders
- Understanding Schizophrenia

Chapter 16: Therapy
- Psychodynamic Therapy
- Drug Therapy
- Treatment Effectiveness