

>> What tools are you using to help you get through the rest of the semester? I'm going to be using quite a few tools to help me make it through the rest of the semester. In terms of academic tools specifically, I'm definitely going to be using my MyLab in my Macro Economics course. I really like the note taking feature within this. For any student who might be transitioning to an online textbook, being able to highlight is a really neat feature. And the MyLab actually puts all of that content for you into a separate folder that you can reference later when you want to review those concepts and vocab terms. And then I'll also be using the Dynamic Study Module feature and the Study Plan feature to really help me prepare for tests, and to be able to see some questions that will look similar to those that I'll have on an exam. Because that always makes me feel more comfortable going into an exam. ^M00:00:53 In terms of communicating with my professors, I plan to use email consistently. I formed relationships with professors prior to having to leave campus, and I really want to make sure to maintain these and use that email to keep talking to them. I actually heard that Spectrum is offering free Wi-Fi to students and this is an essential tool now more than ever. So, I would encourage anyone to, you know, use that for free Wi-Fi if you need it. ^M00:01:19 On top of that, I'm going to be using Zoom all the time. I already use Zoom for work, and most recently my sorority just started using Zoom to host virtual meetings now. We actually had one last night, and we had 75 girls hop on a Zoom call. And that was so neat to be able to see all of my friends and their faces rather than, you know, just having to text them. It felt like we were almost all together. So, definitely Zoom. ^M00:01:45 I have set some time limits on my phone for social media, I've set an hour. I know that now that I have all this time on my hands I could very easily wind up scrolling through Instagram and Twitter, and I don't want to be staring at the screen any more than I'm already going to be from work and school. So, I went ahead and set those. And then, lastly, I recently purchased a pair of Blue Light glasses. And the glasses are really affordable, but they are just a way that helps me and my eyes after staring at a screen for a really long time; they protect my eyes. So, even if you don't want to buy glasses, it's just a really good idea to take breaks from the screen, and to remind yourself of that as we, you know, spend most of our days on our computers starting now.