

MyDietAnalysis from Pearson

MyDietAnalysis, is a powerful tool that makes tracking and analyzing food intake and activity levels easy and accessible — anytime, anywhere.

MyDietAnalysis introduces a new look and feel for an intuitive user experience.

Designed with mobile, on-the-go use in mind, MyDietAnalysis allows students to track diet and activity anytime, anywhere.

Students create different profiles by answering a few questions and adding personal avatars — all on a single page.

The expanded database includes over 90,000 foods and nearly 1,000 activities, making it easy for students to find what they're looking for.

And the variety of search options make finding and tracking foods and activities easier and faster than ever before for students.

Diet and activity trackers provide students with new split screen views. Each tracker allows students to easily search and add items to one or multiple days, and view their daily and weekly tracking progress at the same time.

With a few clicks, instructors can now select reports that are required for class and add a red asterisk that shows students which reports they need to complete.

With MyDietAnalysis, students can submit, email, or print a variety of reports they generate using data they input.

To learn more about this robust update, visit go.pearson.com/MyDietAnalysis.